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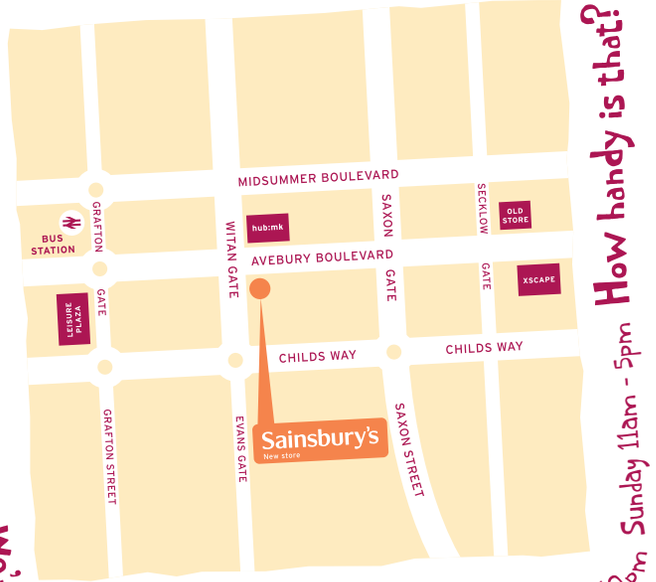

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MK NEWS

Bond is back at Bletchley Park
PAGE 5

MK NEWS Job Fair details on page 47

recycle for Milton Keynes
Plastic bottles for shampoo, bleach and washing up liquid can all be recycled in your pink sack.
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Talks start on city war memorial

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

PLANS to build a war memorial in the city centre are being discussed.

Milton Keynes Council has welcomed talks taking place about a site, funding and design for a memorial.

At a cabinet meeting last Tuesday councillors said they were aware that there was a lack of a central memorial.

Currently the only one in the centre is the Memorable Order of Tin Hats in North Row though the council say this is 'tucked away' and only represents one organisation, which holds a service there every year.

But where a new memorial will be built, what it will be - and who will fund it - are still under discussion.

Cllr Sam Crooks is one of the people campaigning for the memorial to be built.

"We have lots of memorials, but they are all in the historic parts of Milton Keynes," he said.

"We want something that honours people who fought after 1945, in Northern Ireland, the Falklands, Iraq and Afghanistan.

"It's just a case of what we have and where we put it. There has always been a very strong peace movement in the city. The place I think is most obvious is the back of the church, near the Guildhall, in the city gardens overlooking the city.

"We've been talking about a central memorial for more than 20 years. Other proposals include near The Point because it's very central, or less obvious where Campbell Park leads into Fishermead.

"Some others think the memorial shouldn't be too near a church to reflect the fact that we are a multi-faith society."

Former Mayor, Mike Barry, chairman of the Newport Pagnell Branch of the Royal British Legion, said: "The one thing that Milton Keynes is lacking is a memorial. The main problem is where to put it. The easy thing about village memorials is they can be near a church.

"There is the Order of the Tin Hats in the centre but it is very tucked away, as is the garden of remembrance in the church. We want to look at all the probabilities. It's not necessarily going to be a soldier statue or a plinth."

Cllr Phil Gerrella said: "We've got two regiments here, and the Rifles have the freedom of the city.

"The will is there and we want to do something. It won't detract from what other villages are doing."

Jane Backhouse, chairman of the Milton Keynes Western Front Association, said she had not heard about the plans but welcomed them anyway.

"Although we are concerned with the First World War, our work is about all wars and I would love for us to be involved."

■ Do you think the city centre should have a war memorial? If so where should it be?
E-mail
jessica.cunniffe@mk-news.co.uk

Tributes flood in for Gemma Sisley – see page 3

INTERNET

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NEWS

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Tower block residents get their bins
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Players see red with the man in black
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Prize tower
Gallery exhibit beats Wembley to award
PAGE 14

Free eats
Win a meal in our great competition
PAGE 30

MK LIFE

What's going on in the city
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Shoppers in Midsummer Place stop to admire the FringeMK installation

Three exhibitions mark launch of FringeMK

THREE new art exhibitions have opened in Milton Keynes to coincide with the official launch of FringeMK.

Guests including the Mayor of Milton Keynes visited the opening of the exhibitions on Friday night at Midsummer Place, Central Milton Keynes.

FringeMK is working with the Mark Jason Gallery and MK Gallery at permanent Project Spaces in Midsummer Place and two in units in the Theatre District.

The works selected showcase established European fine art practise, format and social observation.

The latest projects include the work of Italian artist, Michele del Campo, from his 'Urban Chic' series which give a contemporary view of European city life in the 'noughties'.

Pink bin welcomes high-rise recyclers

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

Cllr Liz Campbell and resident Peter Lindop with the bins at Mellish Court

RESIDENTS of the tallest apartment block in Milton Keynes can finally participate in the council's recycling scheme.

Milton Keynes Council has installed a recycling centre for flats at Mellish Court, six months after MK NEWS ran a story on the lack of such facilities at the site.

Residents were not allowed to use pink sacks because the council said their rubbish chutes, which go down into a big bin at the bottom, were inadequate for the job.

There was no facility for glass recycling either.

Now bins for bottles and pink sacks have been placed in a secure dock in the car park and the waste is collected three times a week.

Peter Lindop, who lives in the building, campaigned for recycling facilities for a number of years. He is pleased that the 136 households that live in the block, many of whom do not have cars, can now do their bit for the environment: "I did a quick bit of totting up and if everyone gets one paper a day plus the free newspapers, that's 70,000 papers a year," he said. "If everyone uses two plastic milk cartons a week then you are into nearly 10,000.

"It just seemed crazy that you had this many people screaming letting us recycle."

West Bletchley Cllr Liz Campbell said: "Residents wanted to recycle but they felt the council had a downer on them. We worked through the Denbigh Neighbourhood Action Group .

"They are being used and residents really appreciate it, as they have the same opportunities as anyone else."

The council originally said in March that a recycling centre would be placed at the site in four weeks.

A spokesman said: "We did move them in quite shortly after the article but put them into Mellish Court shops car park nearby while we consulted about the best location at Mellish Court.

"They are now much closer to Mellish Court itself."

Unemployment rollercoaster

UNEMPLOYMENT in the city has risen by up to 17 per cent in just one year.

In the north east of Milton Keynes, the number of claimants increased by 17.1 per cent between July 2007 and 2008.

In the south west of the city the number of people out of work increased by 15.6 per cent during that period.

The study also shows that unemployment is higher than in 1997.

Just three years ago Milton Keynes was the city with the fastest employment growth in the country. The new figures put Milton Keynes alongside towns and cities with the sharpest surges in unemployment.

Mark Lancaster, MP for Milton Keynes north east, raised the issue during Work and Pensions questions in the House of Commons on Monday.

Afterwards he said: "The rise in unemployment in Milton Keynes is deeply worrying and we must do everything we can to tackle it, but I simply do not see the sense of following Stalinist housing targets if there are currently clearly not the jobs in Milton Keynes to support the extra housing."

It comes at a time when Liberal Democrat councillors believe their plans to get people back into work has been thwarted by their Tory counterparts.

When the Government lump sum of more than £800,000 was given to Milton Keynes Council, the Lib Dem Cabinet spent the summer working on measures to get people into work, help businesses with skills and training, give additional language teaching for people who have not got English and funds for the university, plus a scheme for helping offenders.

However, this week the Conservative administration, has 'called in the decision', meaning it will have to be reviewed again.

Cabinet member for finance Cllr Sam Crooks said: "We are really concerned that unemployment is rising and these schemes would really help people. I accept that the opposition has the right to question things. But these are real people with real jobs."

Facebook tributes flood in from pals of dead woman

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

TRIBUTES have poured in for the murdered 22-year-old woman who wrote on her Facebook page 'I love life because of the people in it'.

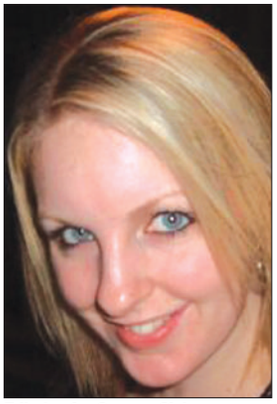
The body of Gemma Sisley from Newport Pagnell was found in a house in Milton Road, Broughton on Thursday.

Police charged Jason Burrows, 34, with her murder on Friday.

Post-mortem results revealed asphyxia as the cause of death.

Ms Sisley's parents Alison Chamberlain, from Newport Pagnell, and Andrew Sisley, who lives in Norfolk, said in a tribute: "Our darling daughter, Gemma, was tragically taken away from us. Gemma was a fun-loving, caring, bubbly daughter, sister, granddaughter, niece, and friend. Gemma will be greatly missed by everyone who was fortunate enough to know her."

Since the news of the former Ousedale School student's death, friends and family have flooded her site – where days earlier she had been conversing with friends - with tributes.



Tributes for Gemma Sisley

'What can I say, I'm devastated. You were a very special person, Gem, a real joy to be with. The world's going to be that bit less fun without you in it. RIP Gem, I miss you', wrote Anthony Ray.

James Loose added: 'You were the light of my life, every day that I saw you you would make me smile like no one else ever could. I miss you more and more each day, I don't think that's ever going to change.'

David Mclean said: 'I can't believe what has happened - you were such a lovely person, always happy and had such a great personality. You will be missed.'

Detective Chief Inspector Stan Gilmour, leading the investigation, said: "My thoughts are with Gemma's family and friends as they come to terms with their tragic loss.

"The investigation is at an early stage and we are still piecing together Gemma's movements prior to this incident. I would ask anyone who saw, spoke or otherwise communicated with Gemma on Wednesday (15/10), who has not yet spoken to the police, to contact the incident room on 0845 8 505 505 quoting URN 1262 of 17/10/2008.

"I am also keen to hear from anyone who has any other information that may be relevant to the investigation, particularly people who knew both Gemma and Mr Burrows. You can contact us at the above number or anonymously via Crimestoppers on 0800 555 111."

Human Rights boss calls for changes after visit to Oakhill

THE use of force to restrain young offenders has again been criticised at Oakhill.

The Council of Europe Commissioner for Human Rights has called for the UK to 'reshape its juvenile justice system' after visiting the young offenders' centre in Milton Keynes.

The commissioner, Thomas Hammarberg, has presented a series of reform proposals to the UK authorities this month.

His report follows visits to Oakhill Secure Training Centre (STC) and the Young Offender Institution Huntercombe in February and April 2008.

He said the system is 'too punitive and too little focused on rehabilitation' and criticised the conditions of children in custody and the use of restraints and distraction techniques.

'Although the overall conditions in the two premises I visited are good and the staff I met was very dedicated, I am worried about the methods of restraint that staff are allowed to use in child custody institutions,' he said.

He commended the government for suspending the use of some restraint techniques but urged discontinuation of all these methods.

He called for the authorities to ban corporal punishment in all custodial settings and reminded the Government of its obligations to protect children from all forms of harm and ill-treatment.

This call follows an independent report which MK NEWS revealed in March that highlighted a 'staggering use of force by staff' at the Oakhill centre, which is run by a private firm, Rebound Children's Services on behalf of the Youth Justice Board.

The annual inspection by Ofsted and the prisons inspectorate found that some teachers were visibly frightened of children.

Last year MK NEWS revealed a string of concerns from whistleblowers inside Oakhill. A hostage situation, children swallowing bleach and staff shortages were some of the allegations that led staff to refer to it as 'Jokehill'.

The Ofsted report showed there were 377 assaults on staff in the first nine months of last year.

Force was used 757 times in nine months to control children.

In response to the commissioner's calls Paul Cook, director of Rebound said the forms of control and restraint used at the centre are approved by the government and used nationally.

Due to the nature of the young people detained in the centres physical restraint is sometimes required, but is used as a last resort.

He added that since the centre, which caters for 80 boys and girls aged 12-17, was acquired by Rebound in Mayit has worked hard to improve the service and hopes this will be reflected in the next Ofsted inspection, due to take place in December.

Estate chosen to aim for 'zero' waste

A MILTON Keynes estate has been chosen as one of only six areas across the country for a pioneering new project aimed at drastically cutting rubbish.

Environment Minister Jane Kennedy announced yesterday that Shenley Church End is to become a Zero Waste Place, with funding to help the community work to do everything possible to reduce the environmental impact of waste at home, in the workplace and in the community.

The project hopes to see an increase of recycling among both residential and commercial properties to 50 per cent - residential recycling currently stands at 33 per cent , slightly above the Milton Keynes average of 32 per cent .

Two staff will be recruited for the six month scheme to promote waste reduction.

All commercial/non-household properties will receive a free waste audit with advice on waste reduction, provided by the local Green Business Network with the aim of reducing their non-recyclable waste by 50 per cent .

They will also be encouraged to look at ways of reducing waste outside their premises, such as not using plastic carrier bags, and to consider ways of using less energy.

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Pebbles not just for kids

SIR – In relation to your article about Fishermead we would like to draw your attention to the wide range of activities that we provide for families at The Pebbles Children's Centre in Newlyn Place, Fishermead.

Pebbles is a safe, welcoming and vibrant place where the local community can access services and support.

These include play activities, gym, story times and sensory sessions.

Other agencies can also be accessed via the centre including, Citizens Advice, Relate, Job Centre Plus and many more.

The health visitors are also based at the centre and run their own drop in clinics.

Family Support workers are also available to offer support and advice.

We welcome all members of the community to the centre.

If you require further information or details of our activities please contact us on 01908 240556.
sent by e-mail

Double jeopardy

SIR – Regarding Parking at The Hub.

These bays should be for loading only – why ? – because home shopping deliveries by such as Waitrose to the flats are impossible because of nowhere to park, apart from on the pavement or double yellow lines.

These firms have to send two people on these deliveries – one to drive around while the other takes the deliveries up to the flats.

This wastes resources, takes one person off another job and causes more fuel emissions.
Viv Reardon
sent by e-mail

Bucking a trend

SIR – I find it very sad that many prospective visitors cannot find Milton Keynes centre after over 40 years.

Maybe it is time to turn the clock back and give all the old towns and villages in the area their old Buckinghamshire addresses but, of course, keeping their postcodes.

"Bletchley, Bucks and Stony Stratford, Bucks as examples – removing the Milton Keynes from their addresses.

As each grid square is now the size of a small town they also would benefit from not being tied to the Milton Keynes Central area.

The existing new town centre and the area close to it could keep it's Milton Keynes title and then visitors would hopefullly head to that area without having to travel all over the north Bucks countryside trying to find it.†
Edward J Neal
Middleton

Take it to the limit

SIR – With reference to a recent letter from a Keith Powell.

I think it would be wise to point out that under the highway code none of MK's grid roads has a 70mph speed limit.

Although most of them have national speed limit signs indicating the maximum speed, in built-up areas this means that the maximum speed on dual or single carriageways is restricted to 60mph.

The only 70mph road passing through MK is the A5 dual carriageway because it is separated from any estate feeder roads.
Tom O'Brien
Towan Avenue, Fishermead

Failed housing policy behind estate's woes

Mary Garrett chats to Fishermead resident Ayodele Adekanmi

SIR – May I congratulate Mary Garrett on her 'mission' to get a grip on Fishermead's social problems, as featured in last week's MK NEWS.

For an estate with such low housing density and a large number of huge houses, it is a shame that Fishermead has acquired the problems your paper highlights.

Sadly, these problems are largely as a result of failed socialist policies from the now defunct MK Development Corporation, but the current council must share some blame.

Fishermead has far too many houses in multiple occupancy – fact, not fiction.

Every town or city has HiMOs, so what's different in MK?

The difference is the LibDems have run the council for years yet failed to develop and implement competent housing policies.

The entirely farcical aspect to this discussion is that Fishermead has three LibDem councillors, one of them being the leader of the council, and none of them are at all interested in solving local problems. Sure, they claim to on their leaflets, but the evidence speaks for itself.

The council has the power to develop a proper policy on the number of HiMOs in any given area, to impose massive fines on illegal HiMOs and to solve the problems in Fishermead.

By not doing so, the council is guilty of imposing poverty on people through complete incompetence.

Isn't it a shame a LibDem wasn't thrown out at the last election and Mary Garrett elected in her place?
John Baker, sent by e-mail

Bags of thanks

SIR – On October 11, I was going to work early morning to Abbey National and left my handbag containing my keys, purse, mobile phone and documents on the bus.

Some kind person gave my handbag to the bus driver intact.

I would like to say a big thankyou to that person and for the bus driver for looking after it for me.
Name and address supplied

Gurkha support

SIR – I was in Westminster on Monday , October 13 to support the House of Lords defeat of the Labour Government's attempt to make 42 days detention without charge possible in this country.

This was a terrible attack on civil liberty and it is great news that the Government has now caved in and admitted defeat.

While I was in Westminster I had the tremendous honour of meeting former Gurkha Tul Bahadur Pun who won the Victoria Cross while fighting with British Troops.

Tul Bahadur Pun was refused entry to Britain, because soldiers who retired from the army before 1997 have no automatic right to live in Britain.

Many people will have read of the recent court case in which the judge ruled that this refusal was 'discriminatory, illegal and in need of reform'.

However although the case was won, the rule has not yet been reversed by the Government.

Would your readers please help to put pressure on the Government to deal with this injustice?

All they need to do is log on to the website www.gurkhajustice.org.uk and add their name to the petition.

Tul Bahadur Pun is one of the bravest men I have ever met.

His quiet dignity in the face of the way he has been treated by this country made me feel ashamed.

Please help to give Tul and his fellow Gurkhas the return they so justly deserve for their loyal service to this country in the past.
Jill Hope
Lib Dem PPC, Milton Keynes North

Timing's everything

SIR – With reference to your article in MK NEWS about the closure of Little Brickhill shop and post office.

Mr Keith Morgan, the owner was issued with official leaflets from the post office naming October 16 as the date when they were closing the sub post office.

He therefore decided to close the shop at the same time.

Notices from both the post office and Keith were displayed in the shop and flyers sent round the village well in advance of this date.

We were not informed of the parish council meeting until late on the 13th. So to imply that Keith was closing the shop early was doing him a great injustice.

He has always had the best interest of the village at heart.

Those of us who have used the shop on a regular basis appreciate all his hard work and know that a shop without the income from the post office is not viable.
Margaret Skeet
sent by e-mail

Gets my goat!

SIR – What is wrong with people when it comes to them taking goats off of an island in the middle of Willen Lake? ('New stock boosts lonely goat herd' – MK NEWS, October 15).

The Parks Trust are doing their best to try and control the brambles and weeds on the island using the most natural methods they can find.

And how are they repayed? Somone pops along and steals the goats.

Let us hope that this next batch fair a little better and I would urge everyone walking past that island to keep their eyes and ears open to see if they spot any suspicious types.
Name and address supplied

Bad attitude

SIR – I was glad to read in last week's edition that a bus driver had been fined for flicking his fag butt out of a bus window.

Unfortunately I have to regularly use the bus service in this town and I am fed up with the attitude of the significant majority of drivers.

I have found many to be rude, unhelpful and in some cases intimidating.
Mrs J Evans
Bletchley

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

Write to: Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU. E-mail: letters@mk-news.co.uk

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Roger Moore at Bletchley park to launch the BlueRay DVDs of six classic James Bond films

Bond legend Sir Roger at Bletchley Park

JAMES Bond legend Sir Roger Moore proved a big hit at Bletchley Park.

The 007 star was in town on Friday to promote the launch of six classic Bond movies on Blu-Ray DVD. He posed for pics alongside vehicles from the famous films including four Aston Martins.

Arriving by helicopter the 81-year-old looked as dapper as ever and made the 300-yard trip from the chopper in one of the classic cars.

The historic codebreaking centre was known to Bond creator Ian Fleming during the war.

Biker died on ride to 'clear his head'

Wood worker was to be best man at brother's wedding later in the day

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

A MAN was killed in a motorcycle accident hours before he was to be best man at his brother's wedding.

Twenty-six-year-old Dean Paul Richardson was killed when the bike he was riding mounted a roundabout in the early hours of Saturday, July 5.

An inquest, held on Monday, heard that he had spent the night before on his brother's stag do in the Xscape, Central Milton Keynes.

His older brother, Craig, was due to be married at St Mary's Church in Woughton on the Green at 2pm the next day.

When he returned home to Studley Knapp, Walnut Tree, at 12.15am Mr Richardson had a dispute with his girlfriend.

He decided to go out on a yellow and blue Suzuki 600cc motorcycle at around 2.30am to clear his head.

Shortly after he spoke to his younger brother Callum on the telephone and said he had been in a collision.

Callum and Mr Richardson's girlfriend drove around Milton Keynes for an hour searching for him.

They continued to speak to him on his mobile phone but when he stopped talking they called the police.

They eventually found him lying on the central island of the Ashland roundabout, near Netherfield, the bike in a ditch 30 metres away.

Emergency services were called to the scene, where he was pronounced dead by a police doctor.

Dr K Y Lwin, consultant pathologist who carried out a post mortem, said he died of multiple injuries consistent with being in a motorcycle collision.

He had more than the legal driving limit of alcohol in his blood.

Police collision investigator, PC Stephen Jenkins, said Mr Richardson had been travelling from the direction of Simpson in the outside lane of the dual carriageway at around 45mph when the motorbike clipped the central reservation.

The bike travelled over the reservation before colliding with the island of the roundabout and going into the air.

Mr Richardson was thrown from the bike and struck a tree before landing.

PC Jenkins concluded that alcohol was likely to have contributed to the incident as it would have affected his control of the vehicle.

PC Paul Andrew Taylor, from the roads policing department, said the bike had been stolen a couple of months before in Milton Keynes and had false number plates.

Mr Richardson also did not have a valid licence to ride a motorcycle of that size.

His mother, Fay Richardson from Peartree Bridge, said she believed he had bought the bike recently and was an experienced motorcyclist.

"He also had several push bikes because he just loved riding, he loved being outside," she said.

Mr Richardson, who was born in Newport Pagnell, was employed as a flat pack wood worker.

Verdict: Died in a road traffic accident.

More toilets for women call

A CITY MP wants more toilets across the country.

Dr Phyllis Starkey MP, as chairman of the select committee for community and local government, is nationally head of scrutinising Britain's loo provision.

The member for Milton Keynes south west spent months looking into the lack of loos in the country and her committee's report, which tells all councils to rethink its public conveniences, is released today.

She said: "Our overriding recommendation is that the Government imposes a duty on local authorities to develop a public toilet strategy, which should involve consultation with the local community.

"This will go a long way towards achieving the right of people who live in and visit this country to have accessible and clean public toilets, wherever they live, work or visit."

The Public Health Act 1936 gives local authorities the power to provide public toilets, but imposes no duty to do so – as a consequence, their provision varies enormously from one authority to another.

The committee recommends that local authorities use their many existing powers to ensure that more public toilets are available, either by using planning, licensing and leasing powers, by running public toilets themselves, or by paying local businesses, such as shops, cafes and pubs, to provide public access to their toilets.

The committee also wants local authorities to aim to provide a ratio of two-to-one public toilet provision in favour of women.

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‘Pardon my French, Mr French’ – as the

At the start of the football season the Football Association launched a new RESPECT programme stating ‘no respect, no referee, no game’.
In the Premier League and Football League the programme is in full swing but MK NEWS sports reporter SIMONE CORGAN discovered the same cannot be said at grassroots level

Ref Andre Marriner with MK Dons players Peter Leven and Alan Navarro

ENGLAND’S failure to reach the Euro 2008 Finals left the suits at Soho Square with plenty of time on their hands over the summer.

The figureheads at the FA came up with another way to improve football at the highest level right through to grassroots – it’s called RESPECT (not to be mistaken for Aretha Franklin’s smash hit, although essentially both have the same message).

It’s not just the look of the game that is being affected by the lack of respect. Referees are no longer progressing through, in fact football is losing officials due to the stream of abuse they receive.

The FA also wants children to enjoy the game with little pressure, so pushy parents are being told to quieten down on the touchline.

Children should also be safeguarded, so abuse, racism and discrimination need to be stamped out.

The Premier League and Football League have taken RESPECT on board, and so far, it’s proving difficult to win people over.

Admittedly dodgy penalty decisions, a goal awarded when it actually went out for a goal kick, and cards galore have done little to encourage players and managers.

If the programme is going to work it needs to filter to grassroots and youth level so the stars of tomorrow are discipline today.

I went to see Yardley Athletic versus Fishermead Doyles Reserves because Sunday League football is notorious for swearing, abuse, banter and thunderous tackles.

The biggest problem I noted within the first ten minutes was players effing and blinding to one another, to an extent you can’t excuse as a competitive edge.

But then the referee, Mr Bill French (Berks and Bucks), came in for some criticism. Actually that’s a lie, he came in for a lot.

“It’s our ball ref.” Add in a few choice words and you have the argument of a Fishermead player who was then told by his team mate that the decision was ‘gone’.

The first to be cautioned was a Fishermead player for dissent, something a supporter on the sideline disagreed with so proceeded to scream blue murder in Mr French’s direction.

It didn’t appear to have much affect as Mr French said minutes later: “If you want to keep talking I’ll just get rid of you.”

The message started to drum home when a substitute described the ref with a five word expletive which had him immediately shown a yellow card, even though he had not entered the field off play.

For the record Fishermead won 7-3.

Mr French has been a referee for 24 years, he has twice been assaulted during his duties on a field which left one player banned from the game for seven years.

Even though he is happy to see this new plan by the FA, Mr French does not believe it has made an impact in the lower levels of the game.

“I don’t think it’s worked particularly well yet,” he said, “it must be drilled into them before the start that we have respect for referees.

“At this level of football there is still not the respect for referees that there should be.

“The only way you can deal with that is by issuing cards and cutting it out totally.”

Mr French, a level four referee, says the top names in football have to take responsibility for the problem.

“These players watch Premier League football week in, week out and they know what they can get away with.

“Some referees are stronger than others. It’s just unfortunate that we’re not as consistent as we could be as referees - how you rectify that I’m not

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player said to the ref

totally sure but we try to be consistent and we give what we see."

Recently MK Dons stepped up to their responsibilities by inviting Select Group, who officiate in the FA Premier League as well as other competitions, referee Mr Andre Marriner to take control of a training session.

Mr Marriner took up refereeing in 1992 and he thinks it is only a matter of time until the amateur leagues follow suit.

"I think when individuals see Match of the Day or live games and see players getting away with all sorts they think it gives them licence to do it on a Sunday as well. So if we're clamping down on it at the top level then it will filter down to the grassroots."

To cut out abuse aimed at officials the role of the captain now includes having regular chats with referees during the game and then reiterating the message to player to diffuse the situation.

It is something Dons skipper Dean Lewington believes can only improve the game.

He said: "I think in the last couple of season it's got a bit silly with players surrounding the refs, and the way they've been treated. I think it's about time we clean up the game and start to be a bit more positive.

"As a professional you have to set an example and I think it's good we're starting to do it."

At this moment in time Sunday league football is struggling to get to grips with RESPECT.

Professional and amateur football worlds apart perhaps the FA need to adapt their approach to the lower end of the beautiful game.

Premier League referee Andre Marriner

Thefts from cars a drain on cops time

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

SAT navs stuck on the windscreen, mobiles left on the passenger seat and laptops flung in the footwell make cars treasure troves for the thieves of Milton Keynes.

That is why police are patrolling the city's streets and car parks to warn people with valuables left in their cars that they risk a break in.

This fortnight, in a campaign to prevent car crime, they are educating people about the dangers, so in future the opportunists are not given the opportunity.

Last month, Thames Valley Police sent out 2,200 letters to motorists who had left valuables on view.

PCSO Tom Gott, based at Kingston Police Station, frequently patrols car parks in his patch and believes this is the right strategy.

"We write down the number plates of cars with valuables left and pass it on to the DVLA who send out letters each month.

"Unless people get a letter themselves they may just ignore the signs. We occasionally find quite a lot of cars with valuables.

> People may want police to be concentrating on more serious crime but it is these incidents which take up more time. If we can prevent a crime like this occurring it's going to save us a lot of hassle
>
> **– Sgt Tony Scott of Thames Valley Police**

"People are grateful to us because thieves do go round the streets or the car parks looking for anything that's been left."

The number of car crimes such as this fluctuate, but do remain a constant problem for Thames Valley Police. For example, last month there were 163 such crimes in the city, and 172 the month before.

Sgt Tony Scott said that although people may want police to be concentrating on more serious crime, it is these incidents which take up more time.

"If we can prevent a crime like this occurring it's going to save us a lot of hassle," he said.

One victim of car theft in Stony Stratford, whom we agreed not to name, had her handbag stolen from her car as she stood a few yards away.

A car pulled up, a man jumped out and smashed the side window taking the bag.

She said: "It all happened unbelievably quickly. I am normally so careful about not leaving things in the car but we were working so close by. I couldn't leave it in the boot as the back seats were down so I popped it on the dashboard, I thought it would be fine as the car was locked and within our sight.

"Although the bag didn't contain much money and I managed to cancel my cards immediately it was still a costly incident.

"The bag contained my house keys and my diary with my home address in it so all the locks had to be changed.

"My phone was also in the bag, plus three pairs of prescription glasses. All these had to be replaced."

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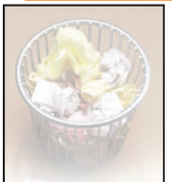
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Backing a Winning Team

Since opening 3 ½ years ago Milton Keynes Chiropractic Clinic in Fenny Stratford has gone from strength to strength offering a growing number of healthcare services to its diverse range of patients.

Doctor of Chiropractic and Principal Practitioner, Gary Jackson, was pleased to confirm that the objective to offer quality health care at favourable prices at times to suit patients has been a major reason for the clinics success. "We like to feel that we are the second option that a lot of back pain sufferers are looking for. An ever growing number of people now look at health care a different way – If I have a tooth problem I go to the dentist and when I have a back problem I go to my chiropractor. A growing number of people are deciding that just taking pain killers to mask the symptoms is not the answer, preferring to actually try to solve the problem instead."

Dr Gary D Jackson BSc, MSc, DC, MCC

Dr Rachel Thorogood BSc, MSc, DC

Dr Nageena Akhtar MChiro, DC, MCC, Pgc Registered with the British Medical Acupunture Society

Worldwide recognition

Although Chiropractic is the worlds' third largest primary healthcare profession after medicine and dentistry, amazingly many people in the UK still haven't heard about chiropractic when it comes to health care options. There is a considerable body of empirical evidence which demonstrates that chiropractic is a safe and effective form of healthcare delivery, particularly in the management of mechanical low back pain. Chiropractors are able to treat a huge range of conditions including: back, neck and limb pain, disc nerve and sciatic symptoms, Headaches, migraines and pins and needles as well as sports injuries and problems caused by peoples hectic lifestyles and postures. Dr Jackson confirmed "many patients come to us for their arthritis pain. We cannot 'cure' arthritis and wear and tear, but for a lot of patients we can at the very least improve movement and decrease a lot of their pain thus improving their quality of life".

Research

The Meade Trials in 1990 & 1999 confirms that 'chiropractic treatment was 30% more effective than hospital outpatient management, mainly for patients with chronic or severe back pain'.

In 2006 the Department of Health Musculoskeletal Services Framework (MSF) recognises that 'Chiropractors provide evidence-based, timely and effective assessment, diagnosis and management of certain musculoskeletal disorders".

High Quality professional training

Gary led on to say "I am very proud of the team of practitioners I have at the clinic, my two associates are, like me, graduates of the world renowned Anglo-European College of Chiropractic. It means we have undergone 5 years medical studies alongside our 5 years of chiropractic training. We are qualified to take and read x-rays (indeed we have an x-ray suite onsite which saves time on unnecessary onward referrals), and are trained in orthopaedic as well as neurological testing procedures. This enables us, as Doctors of chiropractic, to examine, diagnose, manage and treat our patients conditions.

We can be a very effective alternative to just popping pain killers and offer an excellent 'second opinion' option for people. We bridge the gap between mainstream and complementary care. Although we are medically trained we do not prescribe drugs we use specialised chiropractic techniques, that have taken years to perfect, to assist in improving joint, muscle and nerve function; and utilise many different types of chiropractic treatment techniques to fit individual patients individual problems."

MK Dons pride.

When questioned about his work with the MK Dons he stated "I am pleased as well as very proud to be the official chiropractor for the MK Dons football team, they are very dedicated to their profession, team and fans; it is an absolute pleasure to be working with them.

Communication between health care professionals

I also see the work I do with the football team as a glorious example of how co-operative health care can really benefit patients. We have an excellent working relationship whereby myself, the team physiotherapist and head of sports medicine Simon Crampton and Mat Hillier the team sports scientist and 1st team masseur have a professional appreciation of each others areas of speciality and work together as a team to achieve the best results for the players.

Finding the right clinic.

There are quite a few different clinics in Milton Keynes that unfortunately have names that are confusingly similar, in the past patients that we have been recommended to have phoned the wrong clinic before realising that it was not us. Fortunately for those people looking to find my clinic once they see the MK Dons logo they know they have found the right one."

Value for money with no hidden charges.

Another reason for the clinics success is the cost effectiveness that treatment can often yield.

At Dr Jackson's clinic normal treatment appointments last from 20 to 40 minutes, however, when a patient visits the clinic for the first time their initial consultation lasts anywhere from 40 minutes to 1hour 20 minutes. This enables the chiropractor to perform a detailed history taking as well as perform a thorough examination involving chiropractic, orthopaedic, neurological and postural assessment so as to establish a detailed diagnosis and establish a personalised treatment program for that patients condition, give the patient a full report of findings and begin to treat the problem.

When he was asked about what an initial consultation involves Gary explained "At our clinic the initial consultation is NOT just a consultation. At our clinic the initial consultation INCLUDES treatment. If we have any concerns then x-ray examination will be performed on the first appointment instead of treatment.

We like to emphasis to patients that their first appointment charge (with the discount voucher) of only £30 INCLUDES their first treatment (or x-rays if they are necessary). We genuinely feel that £30 for a consultation, thorough examination, report of findings and either treatment or x-ray examination, all included in the fee, is absolutely superb value for money.

Likewise normal treatment charges are a very favourable £30, again excellent value for money considering you are receiving private treatment from a 5 year fully qualified Doctor of Chiropractic. This is value of service with no compromise to professional quality of care that we are extremely proud of."

Cost Effective care & Ethical advice.

When asked about patients concerns regarding how many treatments they would need he led on to say "We only do the treatments that are necessary, and for the vast majority of people coming to visit us anywhere from 2 to 8 sessions can yield significant results for most mechanical joint problems that are causing secondary muscle problems. After that we distance appointments to ensure the improvements are long lasting and merely advise people to have an occasional preventative check-up just the same as they do with their dentist.

Of course there are some patients who's problems can take longer, there are indeed a small number of patients who don't respond to treatment. These are the exception and not the rule and if we find patients are not responding to treatment we can contact their GP (with the patients consent), offer onward referral for MRI etc. and discuss many other options including home exercise regimes and ergonomic & postural advise. In most cases this avoids the need for people to undergo prolonged amounts of treatment sessions. Likewise we DO NOT ask patients to pay for treatments in advance because if we can get speedy results there is no need to book up for lots of unnecessary sessions; treating each patient as an individual is crucial.

All the Chiropractors at my clinic are qualified to worldwide standards, are registered with the General Chiropractic Council (GCC) and abide by rules and ethics of the British Chiropractic Association. We take pride in getting results as soon as possible, in as few treatment sessions as possible, with improvements that last for as long as possible, for each individual patient."

So what are you waiting for?

Milton Keynes Chiropractic Clinic in Fenny Stratford is available for appointments till 9pm on Mondays, Wednesdays and Thursdays, till 6pm on Tuesdays and Fridays and till at least 1pm on Saturdays. There is no need for GP referral, simply call them today on (01908) 37 27 37 to book your consultation. Their website www.mkbackpain.com has a very clear and detailed layout full of information about what they can do to help.

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No Government cash for MK Credit Union as crunch bites

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE head of the city's credit union says deprived people are suffering in Milton Keynes.

Phillip Turnball, chairman of the board of Milton Keynes Credit Union, has called for the city to be included in Government funding to give affordable loans to people on low income or benefits.

Milton Keynes MP Phyllis Starkey says the Growth Fund is a pilot scheme that is only for the most deprived areas.

The Growth Fund, a national pot of £36 million, was launched in 2006 to increase the availability of affordable personal loans via not-for-profit lenders such as credit unions and community development finance institutions.

It aimed to stop financially excluded people from turning to high cost doorstep lenders and even illegal loan sharks which can result in spiralling debt problems.

Lenders were given the chance to bid to the Department for Work and Pensions (DWP) for the funding in 2006, but Milton Keynes was not chosen.

Phillip Turnball said city residents are increasingly in need of this support in the current financial crisis but has been overlooked as it is not seen as a deprived area.

"At the time of the last census in 2001 there were about 10 estates in Milton Keynes which came out among the worst in the South East region.

"On average Milton Keynes at that stage was doing very well and had low unemployment but that average just obscured the fact there was some very poor areas of Milton Keynes that need these kind of facilities the same as in London or Liverpool.

"And I understand the latest figures show the situation has worsened and unemployment in Milton Keynes is now higher than the national average."

He added that though the credit union provides affordable loans it cannot help those in an emergency, as members must save money in the union for three months before they can borrow.

Sarah Billingham, from Grasmere Way, Bletchley has tried to access growth funding but says it is a post-code lottery.

"I am on income support as my son is disabled, so I stay at home to look after him," she said.

"I need a loan to do home improvements to make my house more comfortable, just like anyone else."

"I have heard of lots of people in the same situation."

She added that though Milton Keynes may not be known as a deprived area there is still many people on income support and benefits in the city.

Phyllis Starkey said: "It [the Growth Fund] is not available to everyone in the country, it was started in areas of high deprivation," she said.

"It may be rolled out elsewhere in the future."

A spokesman for the DWP, which administers the fund on behalf of HM Treasury, said funding is very limited so it must evaluate where the demand is when they allocate the money and could not confirm whether a review of those who receive Growth Fund money would be held in the near future.

No growth cash: Sarah Billingham (centre) with Kim Davies and Philip Turnbull of MK Credit Union say poor areas of the city need funding like areas of London and cities like Liverpool

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Choosing the right frame for your pictures

by Phil from HobbyCraft

The huge choice in empty frames, backing boards, glass, pre cut mounts and accessories means that DIY framing has never been so popular, so quick or so easy!

For me, framing a picture or even a photograph is more about composition than craft. Choosing shape, size and colour so that the frame complements and enhances the picture inside.

I first started framing photographs and posters in my teens when a limited budget meant I had to think creatively, especially when it came to managing my finances!

So, if you've just finished your latest watercolour or cross stitch, splashed out on a favourite print or just received your wedding photographs and would like to have a go at framing yourself, my advice is go for it!

The choice in ready made empty frames is enormous, which is great because it dispenses with all that painstaking mitring of corners (which I never quite got the hang of).

It's worth taking a trip to a specialist store like HobbyCraft where you can take your pick from literally hundreds of frames - empty frames, frames complete with glass and backing board, photo frames, poster frames, clip frames and even 3D box frames.

The specialist will also have all the mounts and accessories you'll need, from replacement glass and backing boards to glazier points, gum strip, wire and cord, eye screws, double sided tape and even picture hooks.

One of the best tips I was ever given was to choose a frame and mount in colours and tones that complement the artwork inside. This will ensure the picture is the centre of attention and not the frame.

Buy standard sizes and if you fancy a change all you have to do is replace the outside rim. A change here can really alter the way a picture looks so don't think that frames are just for new pictures.

Just one final piece of advice – less is more! Whether individual or grouped in small clusters, pictures have far more impact if they are given a little space and not crammed together. So please, hang only your favourite pieces and don't be tempted to hang a picture on every square metre of wall – unless of course you have something to hide!

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The Charity Cricket Ball everyone can catch

The boys will be celebrating their outstanding season at the Autumn Charity Ball to be held on November 15th. All proceeds raised will go towards equipment for the sports club and local good causes. 01525 270878 for info.

Stoke Hammond Sports Club are holding a charity ball on the 15th November 2008 to raise funds for much needed cricket equipment for the club. After a successful cricket season finishing League champions in Morrants four counties Division 4 2008, they want to push on and have two teams competing next season. So as well as giving the youth players experience of league cricket, they want to attract new players to the club (young and old) and better equipment and training facilities will hopefully ensure this. The cricket club secretary Mel D'agostino said 'these are exciting times at Stoke Hammond, the standard of the players has increased, we have youth players coming through, we are already counting down the days to next season. The atmosphere in the clubhouse after games is excellent but we've always been a friendly club'.

The tickets for the ball are on sale now at just $35 each and this includes a welcome drink, a 4 course meal,the charity auction and an excellent evenings entertainment provided by MKVIBE, including a live band and disco. If you would like to donate a prize for the auction which could be anything suitable for a mixed audience or book tickets, call Mel on 01525 270878. Or if you are interested in joining the club for the forthcoming season, all standards and ages are more than welcome to get in contact.

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Bun maker wins Queen's Award

TEN years of growth and innovation at Eurobuns were formally acknowledged when HRH the Duke of Kent visited.

He presented the Queen's Award for Enterprise in the Innovation category on Friday.

Eurobuns was announced as a winner in this year's Awards earlier in the summer, in recognition of its continuous innovation in the manufacturer and supply of frozen breads to the UK food service and retail food industry.

His Royal Highness met members of the senior management team and was given a tour of the factory before making the formal presentation to managing director Soren Landtved.

The address was made by the Lord Lieutenant of Buckinghamshire, Sir Henry Aubrey-Fletcher, he said: "Eurobuns set up in business here in Milton Keynes ten years ago determined to break into an extremely competitive market place; it has done this by being innovative in its processes.

Along the way Eurobuns has achieved double-digit growth every year, exceeding its business plan from year one and then every year since."

Mr Landtved said: "I am delighted to accept this award on behalf of Eurobuns, which is undoubtedly the most coveted business accolade in the UK, and highly regarded around the world as a true mark of excellence. It seems fitting that this success coincides with our tenth anniversary and we should like to congratulate and thank our hard-working staff who have all made a vital contribution to tour success."

The Duke of Kent and operations director Graham Wright look at the production line at Eurobuns

Policeman found dead in his bedroom

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A POLICE officer from Milton Keynes has died after an apparent overdose.

PC James Rowantree, 51, from Ulyett Place, Oldbrook was found dead at his home on Saturday, October 11.

An inquest, opened on Thursday, October 16, heard that he was in the process of separating from his wife, Caroline.

He was due to appear in court on Monday, October 13 as a non molestation and occupancy order had been requested by his wife.

Police officers were called to his address as his family were concerned for his welfare after Caroline received a number of text messages.

He was found in the bedroom and a bottle of wine was discovered with two tumblers, one containing a white residue.

A note left in the house read 'I can't do this again, sorry'.

Mr Rowantree, who was born in Glasgow, was a police officer for nearly thirty years and was due to retire. He was based at Milton Keynes Police Station.

The inquest was adjourned until January to await the results of a post-mortem.

Chief superintendent Liam Macdougall, head of the control rooms and enquiries department at Thames Valley Police said: "PC Rowantree was an extremely popular officer and was well liked by his colleagues. We are deeply saddened by the loss and Jim will be missed by all who knew him."

MKNEWSBRIEFS

Science fest in full swing

MILTON Keynes Science Festival is up and running.

The event runs until the end of October.

There are a host of talks and activities taking place across the city for all the family.

Saturday highlights include a robot showcase in thecentre:mk and the Big Draw event in Campbell Park.

Also on Saturday 'Looking for New Worlds' will be a day of investigation on the possible existence of extra-solar planets.

Then on October 30, Open University Professor of Space Science John Zarnecki will discuss the project he worked on for 15 years - when the Huygens probe landed on the surface of Titan, Saturn's largest moon. This takes place at 7.45pm at the University of Bedfordshire, Putteridge Bury.

www.mksciencefestival.org.uk

Health centre refurb

A SIX-MONTH project to refurbish and modernise the Lakes Estate health centre has started.

The building is home to the local GP practice and also acts as a base for district nurses and health visitors, podiatry and dental care services.

Milton Keynes Primary Care Trust (PCT) submitted a bid to South Central Strategic Health Authority to fund the work and secured half a million pounds of funding, which it has boosted with its own money.

Work will finish at the end of March.

Muggers steal phone and iPod

A TEENAGER was beaten and robbed at Stantonbury Campus on Monday.

Police are appealing for information on the incident, which happened at around 4pm.

The 16-year-old was walking along the path next to the football pitches when he was approached by four teenagers. He was beaten before being thrown to the floor by one of the group who searched the victim's pockets taking his mobile phone and iPod.

The offender is white, about 5ft 11ins, average build, 17-18-years-old and was wearing a black hooded top.

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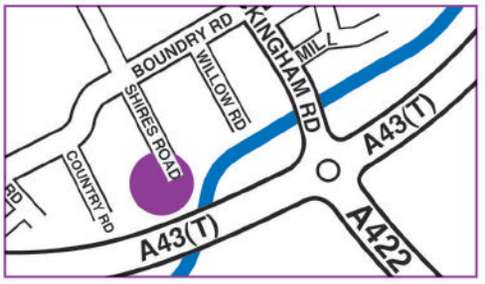

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Noel Sullivan and Victoria Hamilton-Barritt star in Flashdance

Noel's theatre work no flash in the pan

Hear'say heart-throb Noel Sullivan takes the leading role in Flashdance – The Musical, coming to Milton Keynes Theatre at the end of this month. MK News reporter LAURA HANNAM asks him how it feels to be back in the city

FORMER pop-star Noel Sullivan was in Milton Keynes three years ago when he played a comic role as Will in the musical Loveshack.

Now he returns as the romantic lead in the brand new World Premiere production of Flashdance – The Musical and he is excited to be trying something new.

Noel, who is best known as one fifth of the record-breaking pop band Hear'say, plays Nick, the love interest of 18-year-old Alex (Victoria Hamilton-Barritt), a welder by day and 'flashdancer' by night, whose dream is to obtain a place at the prestigious Shipley Dance Academy.

The unique musical, based on the Paramount Pictures film, is set in Pittsburgh, USA, and is about holding on to your dreams and love against all the odds.

Noel said he enjoys playing Nick, who has come back home from overseas to help save the men's jobs during the recession, meets and falls in love with Alex and encourages her to follow her dream to become a dancer.

"For me it is definitely challenging as it is the first straight acting role I have played," he said.

"You do not often get to create a role which has never been done before."

"Plus I have done a lot of comedy recently, which is a lot of fun to do, but it is now really starting to pay off that I have been working so hard in theatre to be given a role like this. It is where I want to be."

After playing Danny in Grease and Nick in Fame he said this production has more 'guts' than the average musical and more of a story.

"What Nick is facing is not very far from some of the problems we have today," he said.

"It is going really well. I think it was the right time for the show as there is a lot of 80s nostalgia about at the moment."

Noel has been on the road with the production for ten weeks and will continue to tour until next spring.

Despite this gruelling schedule he said he is glad to be back on the stage, which was his first love before winning a place in Hear'say in 2001 on the ITV show Popstars.

"Hear'say was an awesome experience, but I have gone back to doing what I always wanted to do," he said.

"There is something about live performance I get a massive kick out of."

He is happy to be back performing in Milton Keynes.

"The theatre is fantastic, it is up there in the top lot of venues we work in," he said.

"And there are loads of good bars nearby, which is always important to us actors."

He said the production is fantastic with a big budget, great costumes and iconic songs, including Maniac, Manhunt, Gloria, I Love Rock and Roll and the Academy Award winning title track Flashdance – What a Feeling.

Noel plays alongside a star-studded cast, which also includes Bruno Langley, best known for playing Todd Grimshaw in Coronation Street and Bernie Nolan, known as the lead singer of The Nolan Sisters and for parts in The Bill and Brookside.

It is choreographed by Arlene Phillips, judge on BBC1's Strictly Come Dancing.

■ The musical is at Milton Keynes Theatre from 27 October 27-November 1. To book call the Box Office on 0870 060 6652 or visit www.miltonkeynestheatre.com

> Hear'say was an awesome experience, but I have gone back to doing what I always wanted to do. There is something about live performance I get a massive kick out of
>
> – Noel Sullivan

BEDFORD MAYOR APPROVES START ON LINK CANAL
SEE PAGE 28

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Birthday building beats Wembley to national award

Wooden tower's a seven-day wonder

A TOWER which commemorated the 40th anniversary of Milton Keynes has beaten Wembley Stadium in a national building competition.

Building Control MK at Milton Keynes Council, Milton Keynes Gallery and dRMM architects won the Best Structural Project category of the 2008 LABC (Local Authority Building Control) National Built in Quality Awards for the MK40 Tower.

The aim of the public artwork was to allow visitors to climb to the top, where they could view the city from above the tree line and the countryside beyond.

Geoff Beck, head of Milton Keynes Council's environmental services, said: "We are absolutely thrilled to win this award which is testament to the hard work by the Building Control MK, the gallery and the architects dRMM. The tower itself is a great example of how Milton Keynes has become nationally renowned for producing innovative, eye-catching architecture."

The judges at the ceremony on Thursday at London's Grosvenor House Hotel said: "It was evident that the project team had worked closely with Building Control MK to reach this resolution and create an imaginative piece that the public could interact with."

They were also impressed by the use of carbon neutral material to create an 'elegant structural solution that addressed the issues related to both the site constraints and the sculptural form'.

The MK40 Tower, built in just seven days, was made from 162mm thick cross-laminated timber from sustainable forests in Austria.

It was open between August and the end of October last year, during which time almost 5,500 visitors climbed the 101 steps to the upper viewing platform to see the city and surrounding countryside. The tower has since been put into storage.

The MK40 Tower beat Wembley National Stadium; B&Q warehouse, Derby; 2 Victoria Place, Chippenham; Preston Farm Development and Vega 'Block F'; Celestia Pierhead Street, Cardiff Bay to win this category in the LABC Awards.

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MKEDUCATION

Art meant new start for dyslexia sufferer

'University has given me a life': Art teacher Steven Carruthers

> Bedfordshire helped me succeed. There are so many different ways I could have gone if I had not been selected for the degree course
> – Steven Carruthers

MILTON Keynes resident Steven Carruthers could have chosen any number of words to describe his feelings when he recently graduated with an honours degree in Fine Art from the University of Bedfordshire.

A far cry from only a few years ago when words were his biggest fear as Steven suffers from dyslexia, which went largely undetected and unsupported throughout most of his years in primary and secondary education.

Steven, 21, said: "I never questioned it. I just thought that everyone saw letters moving around on the blackboard and in books the same way I did."

He was considered a low achiever and became disinterested in school work, with the exception of art which earned him an A* – enough for him to enter a two-year diploma course at Bletchley College and then secure a place at the University of Bedfordshire on a three year degree course.

His growing maturity and the ability to use a laptop (he never realised that because of his dyslexia he could probably have got a grant towards its cost), and being surrounded by new friends and tutors in a focussed learning environment, added to his determination to succeed.

At the end of his course, some of his art work was selected for a final exhibition, but it was the words he had more confidently been able to put together which told the real story. He had already achieved the unthinkable – an 8,000-word dissertation for his degree.

He was just as proud to write the 200-word piece about his work which went on display to the public at the art exhibition.

Steven added: "Bedfordshire helped me succeed. There are so many different ways I could have gone if I had not been selected for the degree course."

Within days of learning he had achieved a 2:1 in Fine Art, Steven secured a position to teach art at HMP Bullingdon, a Category B prison located near Bicester. He joined as a part time teacher and is given time and study so that he can gain a formal teaching qualification.

Steven said: "I never played too much on my dyslexia when I was at Bedfordshire, probably because I did not understand the effects. I benefited from the whole culture and enthusiasm and support of the staff. It's an experience I will remember for the rest of my life. In fact, the university has given me a life."

■ For further information about studying Fine Art or Design at the University of Bedfordshire visit www.beds.ac.uk or call 01234 400400.

■ **Do you have an interesting story about your school or college?**
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Castle Galleries
In his first major UK tour, the talented artist Jeff Rowland will be visiting Castle Galleries on 1 November from 12-3pm to promote his seven new limited edition prints in a collection entitled A Brief Encounter. He will meet fans and collectors of his work and sign any purchased prints. His collection will remain on display in the gallery from November through to Christmas.

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Join D4M at it's city launch

AN events company which tamed the millionaires of Dragons' Den is looking city residents to perform with them at the end of the month.

Bletchley-based D4M is looking for local singers, dancers and performers over 18 to join the team at their launch party on Thursday, October 30.

The launch follows D4M's success in securing Duncan Bannatyne and James Caan's cash on the BBC1 show, and its managing director Julia Charles recently winning Business Person of the Year at the Chamber of Commerec Awards.

She said: "This is a very rare opportunity. The other week we were performing in front of thousands of people at the Madonna concert at Wembley stadium and then at a celebrity club opening in Cavendish Square, London. This is a very exciting time to join the team."

Anyone interested in taking part in the launch party at Spice Lounge should send their details and photo to clare@dance4mepromotions.com

The best entries will be invited to an audition but only one person will be chosen for the VIP launch.

Exciting time: Julia Charles with James Caan and two of her dancers

Indian restaurant cooks up a 'Jamie'

TV chef, Jamie Oliver's 'learn to cook and pass it on' ethos has spread to Milton Keynes' newest Indian dining venue, Calcutta Brasserie.

Management at the Stony Stratford restaurant have been inspired by the TV chef's Ministry of Food series.

Now, the Calcutta Brasserie has decided to offer our city the same opportunity.

Calcutta Brasserie will open up its kitchen of experts to teach people how to cook.

The Indian restaurant's team of skilled chefs will hold cooking sessions for the public to give them a unique insight into traditional methods of cooking plus ingredients used, but ultimately it is aimed at encouraging people to cook in their own homes.

Chef and proprietor, Subhojit Chakravarty said: "It is always special to go out and have someone cook for you but you don't do this every night, which is why we want to help people cook for themselves when they're at home. As well as being good for you, it's also good fun and not as hard as some people imagine. Our classes demonstrate this."

The restaurant will hold regular sessions throughout the year, depending on the popularity of the classes. All students will watch demonstrations, master key skills and learn the fine art of Indian cooking – then they will have a go for themselves.

Subhojit adds: "Our classes are a great chance to learn something new, cultural and fun plus it's something you can use as often as you like."

The lessons will also be posted online for people to watch at homex.

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Ex-Stables boss is the toast of London

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A TOASTMASTER from Milton Keynes has been awarded the Freedom of the City of London.

Ken Chaproniere, from Monkston Park, received the award at a special ceremony in the Lord Chamberlain's Court at Guildhall, London.

A well-known figure in the world of arts and fundraising, he was general manager of the Stables Theatre until 1988 and Wavendon All Music Plan for 10 years and is currently a trustee of the organisation with its respected founders Sir John Dankworth and Dame Cleo Laine.

Ken, 60, said: "It was a very proud moment for me. I was proposed by a member of the Common Council for the City of London and seconded by two livery men.

"They said I was a good character and the right sort for it.

"It's very meaningful."

Ken was responsible for masterminding fund raising for many organisations in London, St Albans and Milton Keynes.

He has also been associated with the BBC, the Milton Keynes City Orchestra, the Southern Arts Board and the London Bach Orchestra.

Recently, he became a professional toastmaster and is now in demand at private and commercial events across Herts, Beds and Bucks, officiating at weddings and public ceremonies.

Under the ancient rules of the city corporation, new Freemen can claim the right to 'drive flocks across London Bridge without payment and set up a market stall in the City without permission.'

The honour also allows the Freeman to carry an un-sheathed sword in public.

Today the prestigious award is still taken up by some 1,800 people every year and is open to all who are genuinely interested and meet the criteria set down.

Freeman: Ken Chaproniere

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MKNEWSBRIEFS

Gallery boss to leave

THE director of Milton Keynes Gallery is leaving.

Michael Stanley will take up the post as Director of Modern Art Oxford in the New Year.

Mr Stanley joined the Gallery in June 2004 and leaves to take up post as Director of Modern Art Oxford.

He said: "I am really saddened to leave Milton Keynes Gallery which has provided me with such strong support and wonderful opportunity. The last four and a half years have been an incredible journey of ambitious projects and landmark exhibitions which are fully reflective of the vision, courage and ambition of the city itself. I leave with great affection for Milton Keynes Gallery, but confident about its exciting future ahead'

Health and care event

AN event to raise the profile of health and care organisations is to be held in the shopping centre.

Local people are invited to attend the one-day event at thecentre:mk later this month.

The new Milton Keynes LINk (Local Involvement Network) is hosting the 'LINk 2 Health & Care' event in Middleton Hall on Monday, October 27.

There will be more than 60 organisations, including health and social care related community groups, local NHS Trusts, commercial and alternative health.

John Needham, chairman of the LINk executive committee said: "Health and social care related voluntary organisations have an enormous range of skills and knowledge specific to their interests.

"We have found that giving these groups an opportunity to spread their messages to a wider audience can produce benefits for those people who were previously unaware of their existence.

A free bus will be provided to transport those living in sheltered and supported housing residents to the event.

Something for the weekend

A HAIRDRESSER is calling for volunteers to take part in a World Record attempt.

Ella Lepera, owner of Ella Hair Salon in Broughton, will be attempting to cut 310 heads of hair in a 24-hour period for a Guinness Record, while raising funds for Willen Hospice.

The cutting will start at 9am on Saturday, November 8 and finish at 9am on Sunday, November 9 at her salon at 62 Tanfield Lane, Broughton Square, Milton Keynes.

To be part of this world record attempt, get your hair cut and support the hospice call Ella on 91908 604201.

Club staff charity walk

STAFF at a city night club will be taking on the grid system on foot to raise money for charity.

This Sunday, October 26 Buddha Blue will be holding its '2-Step Walk' in aid of MK Sickle Cell & Thalassaemia Support Group.

The 10k sponsored walk, setting off at 11am, will take employees of the club to the far corners of the city centre and surrounding parks in a bid to increase awareness of the little known sickle cell disease.

The group will be sporting custom made T-shirts and carrying buckets to encourage the donations of passers-by.

Treats as Lizard returns

A CLUB night for learning disabled teenagers is returning to Milton Keynes.

After the success of its launch event in April Lemon Lizard, a club night for learning disabled young people aged 13-17 years, will return on Tuesday, October 28 with a Halloween theme.

The night will have no tricks but loads of treats and will be a fantastic evening of music, dance and performance.

Come in fancy dress from 7pm until 10.30pm at Buddha Blue Nightclub in the Theatre District.

Call 01908 678514 or visit www.interactionmk.org.uk

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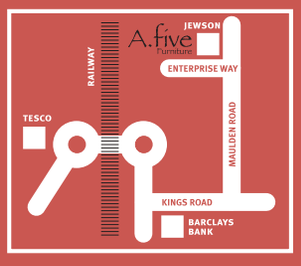

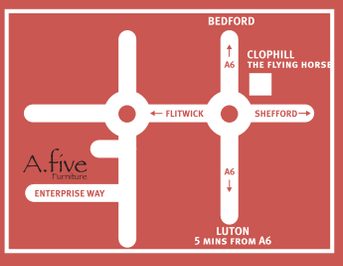

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MKANNOUNCEMENTS

Birthdays

MICHAEL RINALDI
Happy 18th Birthday on 25th October

Love Mum, Emily, Darren, Nan, Aunty Denise, Roy, Ruby & Poppy

DANIEL COOPER
Happy 18th Birthday

Lots of love Mum & Kevin xx

Happy 18th and 21st Birthdays to BECCA & ANNA DE FORTUNA

Love always Mummy & Daddy xxx

REBECCA MILBOURNE
Happy 18th Birthday 21st October

Lots of love Mum, Dad, Chris & Adam xxxx

NOAH DYLAN GRIFFITHS-TOMLIN
Happy 1st Birthday
on Wednesday 22nd October.
With love from Nali, Great Granny and all the family

CARLA WILLIAMS
Happy 18th Birthday Today

Ready to Party!
Lots of love Mum, Dad, Jason, Laura, Rob, Ethan & Isla xxx

DR. IAN MITCHELL
Happy 40th Birthday 21st October 2008

To a wonderful husband and dad
Love Michelle, Tim and Adéle

CRISTINA FLORIO
21 Today

Love and kisses from Mum, Dad, Angelina, Andrew, Scott, Nina, Andy, Alessio
Our Baby All Grown Up

DAPHNE MARGARET LEE
Happy 50th Birthday 20th October

Hope you enjoy your party
Love from Andy, Nathan, Amy and the family

CARL WARNER
Happy 18th Birthday 21st October 2008

Lots of love Mum, Dad, Antony & Charlotte & family xxx

SHAY JEFFERIES
Happy First Birthday 22nd October 2008

Kisses and Cuddles from Mummy, Daddy, Corey & Keira xxxx

VICTORIA YOUNG
18 on the 18th

Congratulations
All our love Mum, Dad and all the family

NAVITA BOODHOO
Happy 30th Birthday 18th October 2008

Lots of love Mum, Meela, Tanya and all the children

CARLA WILLIAMS
Congratulations on your
18th Birthday
With love from Johnny, Denise, Colm, Thomas & Grandad Tom
xxxxx

LOUISE ROBERTSON
Happy 21st Birthday 22nd October

Love Mum, Lewis, Kristian, Grandma, family, friends and everyone at Club 2000 x

LAMBERT Nisha 16th October 2008. Love from your grandmother, grandad, uncles and aunties xxx

Marriages

MARCIA ANNE PARSONS
married
DARREN MARK CARLILE
at The Priest House Hotel Castle Donnington
12th September 2008
Congratulations from Mum, Dad, family and friends

Anniversaries

JOHN & MARGARET McMURDY
wish to thank all family and friends for making their **Golden Wedding Anniversary** so very special.

BRIAN & SHEILA HARDY
Congratulations **Mum & Dad** on your **Golden Wedding Anniversary**
25th October 2008.
Love Sarah, Keith, Thomas & James xxx

TOM & JOYCE HIGGS
Congratulations on your Golden Wedding Anniversary
18th October 2008

With love Tracy, Dave, Mark, Lisa and grandchildren Cody, Emily & Alexis

MKNEWS In Memoriam

MULLAN Stephen 21st October 2006. I miss you dad more than words can say. So I rely on my dreams to lead me your way Love always Kelly xxx

HULLAN Steve. Two years have passed since you went away. Loved and remembered ever day. Joy xxx

In Memoriam

IVOR McKENNA
Died 21st October 1995
Your presence we miss,
Your memory we treasure,
Loving you always,
Forgetting you never.
Your ever loving wife Jean and family

COLIN MARSHALL
Easy living, loving husband and dad. Remembered by all.
Forever loved and never forgotten.
Two years too long.
Lesley, Steph, David, John and Hazel xxxx

BOWYER Percy 27th October 1989. Dear Dad of Ruby, Grandad of Zelda & Zack. Loved & remembered. "Out of sight not out of mind"

MKNEWS

EILEEN AMES
A much loved sister and auntie fell asleep 21st October 1997.
Our hearts still ache with sadness,
Our secret tears still flow,
For what it meant to lose you Eileen,
No one will ever know.
Sylvia, Kathie, Molly and family xxx

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MKNEWS

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Departs 30 December 2008

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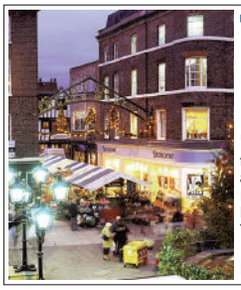
Departs 23 December 2008 from **£249.00**

THE YORK CHRISTMAS FAYRE



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Six of the best

The Parks Trust appoints new trustees as tree fellers get to work on the 'Magic Roundabout

Seeing how the Leylandi: The 'Magic Roundabout' gets a trim

SIX new trustees have been appointed to the board of The Parks Trust to help safeguard Milton Keynes' green spaces and the trust's assets and to shape the parks of the future.

Brigid Heywood, Mike LeRoy, Chris Shaw, Tim Skelton, David Thompson and Helaine Whiteside will join a 21-strong board, which steers the policy and direction of the work of The Parks Trust.

The trust cares for 4,500 acres of parkland across the city, including Campbell Park, Willen Lake and Linford Wood.

As an independent charity it is funded completely through its property and investments.

These assets are worth over £70m and the trustees have to ensure that they are properly managed and that the income generated is well spent.

The Parks Trust is not only the city's biggest landowner but also one of the largest commercial landlords in the city.

Its breadth of activity and the scale of its financial assets require a broad range of highly experienced individuals with a successful track record in business leadership, environmental activity, property or land management.

David Foster, chief executive of The Parks Trust, said: "Milton Keynes' parks and green spaces are one of the city's greatest assets and the role of trustee is a huge responsibility. Appointing new trustees now will ease the succession of our existing trustees retiring in the coming years.

"We had a great response to our search for trustees and we're extremely lucky to have enlisted the service of some highly respected people who care passionately about the parks and Milton Keynes. Each brings their own unique views and experience and will add their skills to the expertise of our existing board members."

Each trustee is a volunteer and is appointed initially for a three year term.

■ ELSEWHERE The Parks Trust has been getting to grips with some of its tallest hedges.

The Leylandi on the roundabout between Saxon Street and Marlborough Street at the 'Magic Roundabout' at Great Linford were given a trim recently.

The hedges had reached about eight metres tall and were being trimmed to a more manageable six metres by tree surgeons.

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MKNEWS 'Where news comes first in MK' www.mk-news.co.uk

Tim Westwood

Pimped ride quest

A MOBO award-winning DJ wants to find Milton Keynes's most 'pimped ride'.

Radio 1's Tim Westwood will be judging the competition on Friday, November 7 before taking over the decks at Buddha Blue.

Then 'The Big Dawg', as he is known, will crown a winner from the city's three best motors, before, with the lucky owner winning a photo with Westwood next to their car and £100 cash.

As host of MTV's car-customising show Pimp My Ride UK, he will judge the best of the top three which will be lined up next to the club in the Theatre District.

Buddha Blue general manager, Robin Lyle, said: "We always like to come up with fresh ideas to keep Buddha Blue interesting, and we hope this is one the motor fans can get involved with. We are also delighted to be offering our customers another huge name as part of our commitment to bring top class entertainment to the city."

■ To enter for Buddha Blue's hottest ride, email a photo of your car and your contact details to info@buddhablue.co.uk or call 01908 241243.

Equality and diversity conference

RESIDENTS facing injustice due to inequalities, discrimination and prejudice were all issues tackled at an equality and diversity conference in Milton Keynes.

Representatives from community groups all attended the recent conference to demonstrate how, by forging closer links, different care organisations can help more easily break down the barriers holding back some people from fulfilling their potential in the city.

The conference was wide-ranging covering issues concerning age, race, faith, disability, sexual orientation and gender.

This follows the launch of the Commission for Equality & Human Rights last year that is tasked with helping organisations work more closely together on projects to deal with equalities.

To this end the conference was a milestone event to set out how partnerships could be achieved between MK Age Concern, Centre for Integrated Living, Council of Faiths, Equalities Council, Q-Alliance and Women at Work.

The conference was funded by Milton Keynes Council.

Keynote speaker was Gavin Anderson – the man behind last year's Queens visit, Fringe Festival, and this year Celebr8 diversity parade.

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SEE PAGE 30

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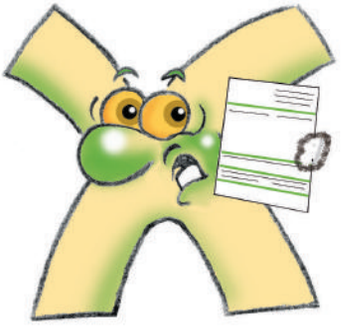

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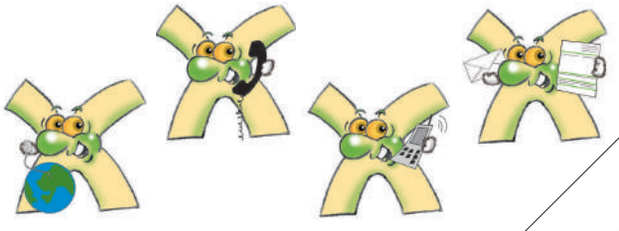

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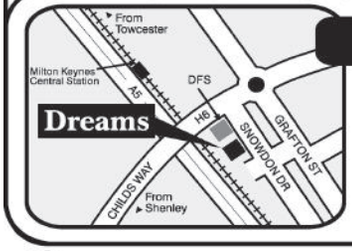

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MK GREEN NEWS

Energy-saving in spades: Oakgrove School pupil Matthew Carr helps to perform the sod cutting ceremony with Jessica Taylor, Fatija Mohammed and Liam Libby supervised by the Morgan Ashurst site team (L-R) Damian Wilkinson, assistant quantity Ssurveyor; Mark Lloyd, site manager; Peter Turner, contracts manager; Richard Everett, design manager; Frank Conway, project manager and Jamie Knowles, senior quantity surveyor

Sod-busters at school of the future

■ Do you have an interesting story about your the environment? Contact us by e-mail at green@mk-news.co.uk or 01908 689595

CHILDREN from Milton Keynes have helped local construction company Morgan Ashurst to carry out a sod-cutting ceremony for a £7.8 million, eco-friendly extension to Oakgrove School.

The company is creating a three-storey building, clad in cedar wood from sustainable forests, with classrooms, a dance studio, IT suites and sixth form facilities.

The new building, next to the existing school in Venturer Gate, Middleton, will include three wind turbines, a photo-voltaic panel that converts the sun's rays into electricity, rain water harvesting, natural ventilation and ground source heating. The features will prevent the release of carbon dioxide equivalent to that of 20 average homes.

"We are really excited about constructing Oakgrove because it's a school for the future," says Morgan Ashurst contracts manager Peter Turner. "We have a lot of experience of education building but it is particularly rewarding to create such a pioneering school."

Oakgrove School opened to Year 7 and Year 8 students three years ago. The school is the most oversubscribed in Milton Keynes and now caters for Years 7 to 11.

Three wind turbines will generate electricity around the clock and a photo-voltaic panel which, unlike a solar panel, directly converts the sun's rays into electricity, will be placed on the school roof.

Any unused power will be sold back to the National Grid. A computer system will monitor temperature and when necessary, open and close huge rooftop vents. This will allow fresh air to circulate around the building.

Cladding the school in wood uses far less energy than methods for man-made materials, such as concrete.

The school is due to be completed in next summer.

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Qualified copper

A 28-YEAR-OLD woman has become the first NVQ qualified police constable in Milton Keynes.

PC Laura Garside is the first to achieve national vocational qualifications level three and four in policing.

The qualification was introduced in August 2006 as a requirement for all new police students.

There are currently another 49 students working to complete the two year course.

Each student undergoes a probation period and is tested on how they deal with incidents, members of the public including victims and offenders, and how they document the evidence.

PC Garside said: "The two years probation has been challenging, stressful and hard work, but this is where the hard work really begins.

"I am looking forward to the challenges I will face and knowing I am helping Milton Keynes to be a safer place - that is greatest job satisfaction of all."

PC Laura Garside with Supt Gez Chiariello and PC Chris Horner

Superintendent Gez Chiariello said: "I am very pleased for Laura.

"The NVQ requires dedication and commitment, which is also essential in becoming a police constable."

Thames Valley Police is recruiting police officers between October 6 and October 17.

■ For more information call 01865 846816 or visit www.thamesvalley.police.uk

Getting single parents into work

A FREE advice and information roadshow aims to help single parents to return to the world of work as their children get older.

New Government legislation means single parents are being given greater incentives to return to work by removing some of the barriers posed by the benefits trap – where single parent families can be worse off working.

To help single parents understand the changes, a Benefits, Employment and Training Road Show is due to take place tomorrow (October 23) from 10am until 3pm at the Lakes Estate Community Centre, Fern Grove.

Up until this month, single parents did not have to seek work to get benefits until their youngest child was 16 but now that age has fallen to 12.

Then by October 2010 this age limit will fall again to seven before benefits are reduced.

Organisations offering support at the show include MK Job Centre Plus, Adult Continuing Education, MK College, MK Women and Work, MKC Employment support, MKC Parent support and the housing department at Milton Keynes Council.

Tina Strutton, employment support officer for the council, said: "The aim of the day is to be a one stop shop on the new changes to benefits, advice and information and on finding employment and training opportunities in MK."

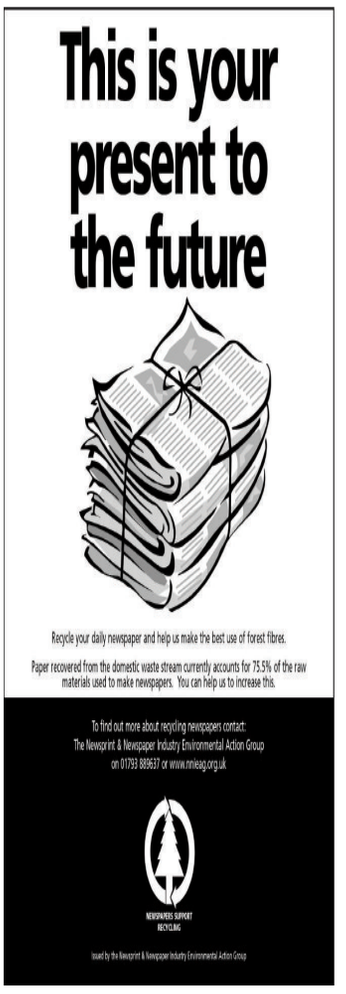
For further information on the road show and on any back to work employment issues contact Tina Strutton on 01908 253698.

1st Service - 09.00am
2nd Service - 11.00am

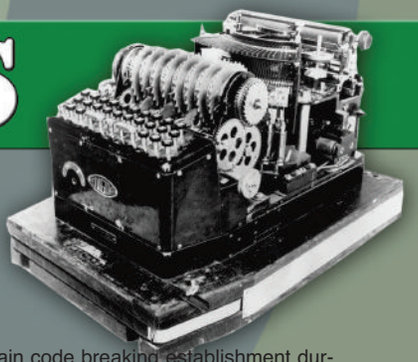
Venue:
Orchard School,
Springfield Boulevard,
Springfield,
Milton Keynes
MK6 4HW
(Gates open at 8.45am)

Web: www.kingscourtchapel.org.uk
Email: admin@kingscourtchapel.org.uk
Tel: 01908 423 342
Mob: 07782 105 553

Kings Court Chapel
(A part of The Redeemed Christian Church of God)



BLETCHLEY
HOME OF THE CODE BREAKERS



CAN YOU BREAK THE CODE?

Bletchley is probably most famous for being the home of the Code Breakers - it was the location of Britain's main code breaking establishment during the Second World War. Codes and ciphers of several Axis countries were deciphered at Bletchley Park, most importantly those of the German Lorenz machines. The high-level intelligence produced by Bletchley Park is frequently credited with aiding the Allied war effort and shortening the war. So now it's your turn to live in the footsteps of those who broke the code back in World War II. We need YOU to Break the Code! Listed below are six hint questions with a numbered code on places in Bletchley. Each number represents a different letter in the alphabet. We have given you a small clue below to help break the codes. For example B = 6, L = 16, E = 9 etc. (We recommend you write down all 26 letters of the alphabet first and write the corresponding numbers underneath)! To check if you managed to break the code properly, turn the page for all your answers. GOOD LUCK!

Clue: Bletchley= 6•16•9•24•7•12•16•9•3

Q1. We share the same name as the code machine. Crack the code for some special food and drink offers!

9.18.13.11.17.5 / 24.5.26.9.22.18

Q2. We are home to Colossus, the World's First Electronic Semi-Programmable Computer.

6.16.9.24.7.12.16.9.3 / 20.5.22.15

Q3. The friendliest club in the area. We are always ready to welcome new players to our 1st XV.

6.16.9.24.7.12.16.9.3 /

Q4. Bletchley's premier food and drink establishment.

24.12.9 / 6.22.13.8.11.9 / 13.18.18

Q5. We can provide you with a wide range of beds & mattresses offering an old fashioned service and good value for money.

17 / 5.18.8 / 15 / 6.9.8.23

Q6. The only place to come for all your laundry services and cleaning needs.

1.12.5.22.10.23.13.8.9 / 8.22.3 / 7.16.9.5.18.9.22.23

TURN THE PAGE FOR YOUR ANSWERS & ADVERTISERS

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Canal start in a year

THE reality of the first canal to be built in two hundred years has moved a step closer after councillors approved the first cut.

Bedford Borough councillors agreed to a proposal that will see the start of the Bedford to Milton Keynes canal being built in a year.

The decision was set to be made in secret but when the council was asked whether to exclude the public no member seconded the motion and the process was made in the open.

Construction company Balfour Beatty – which will be dualling the A421 up to junction 13 of the M1 – need clay soil to build the embankments alongside the new road and the easiest and cheapest way would be to dig what is known as a 'borrow pit' in the council-owned Berry Wood, Wootton, which is near the line of the road and the pit would become a lake.

The council was given four alternatives as to how the work would be paid for.

The construction company could pay £100,000 for the soil or it could build some infrastructure which could lead to the lake becoming a leisure amenity and harden up the access which its lorries would use to make a road.

The third option was to convert the soil haul route into a canal link while the fourth was Balfour Beatty could cut the first length of the canal, up to 500 yards across Berry Farm, in return for the soil .

Introducing the proposal Bedford mayor, Frank Branston, said: "Some years ago this council said that it was behind the waterway and now is the time to do something about it. How would it look if ,as soon as there was an opportunity to actually do something on the ground, we ran away from it?

"I doubt very much that the canal will be completed in my lifetime or possibly anyone else's in this room but this is an opportunity that shouldn't be missed."

The Bedford and Milton Keynes Waterway Group will now start work on getting planning permission and other details approved by September 30 next year and by Christmas 2009 the first length of the first new canal could be cut.

BLETCHLEY
HOME OF THE CODE BREAKERS

ANSWERS REVEALED

A1

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A2

Bletchley Park

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Generously Sponsored by New City Heating

Blitz night-

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6.30pm to 8.30pm Adults £3 Children £1

Pay at the Gate - NO on-site parking

Call 01908 640404 - www.bletchleypark.org.uk

A3

Bletchley Rugby Club

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A4

The Bridge Inn

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A5

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A6

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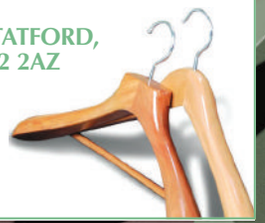

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COMPETITION

Win a three-course meal for four – and arrive in a chauffeur driven car

DO you crave Chinese while your partner insists on Indian food?

Are you a prawn cracker person while he is a poppadom lover?

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To celebrate two years of a winning Thai, Indian and Chinese cuisine formula, Silk Road is giving away a three course meal for four accompanied by a bottle of fine wine. In addition, management have teamed up with Regency Executive Travel to offer the competition winner a chauffeur driven car from your home to the restaurant.

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With just two months to go until 'the big day,' it's already the beginning of the Christmas party season.

Looking for somewhere to go? Look no further as Silk Road is perfect for entertaining – why not make it an extra special occasion and book a car with Regency Executive Travel?

HOW TO ENTER

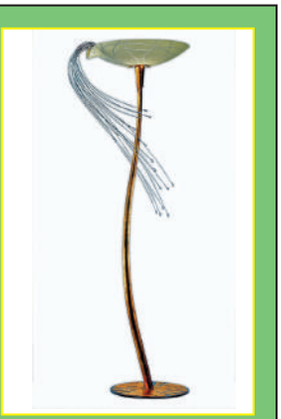
TO win a three course meal for four at the Silk Road with executive chaffeur travel to and from the restaurant, all you need to do is answer the following question: From which continent is Silk Road's menu based on??

Answers on a postcard to Silk Road competition, MK NEWS, 1 Diamond Court, Fox Milne, MK15 ODU or by e-mail to competitions@mk-news.co.uk

Please include your name, address and daytime telephone numbers.

First correct entries drawn win. The editors decision is final and the closing date is October 29.

If Its Lighting It's . . .



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SALE

MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY

Joanna Eden at the Stables – see inside

Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

The centre for seriously unmissable events

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Visit Middleton Hall and find out what kind of support you can access from 60 local Health and Social Care groups, and the services offered by Hospital, Ambulance and Primary Care Trusts.

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thecentremk.com 0870 890 2530 thecentre:mk

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WEDNESDAY
October 22

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **Inside Out** Surprising stories from familiar places. (T)
7.57 **BBC News and Regional News**
8.00 **Air Medics** First in a new series following the Great North Air Ambulance as they rescue critically injured patients from some of the most remote parts of Britain's landscape. (T)
9.00 **Silent Witness** Harry is drawn into the murder of a Hasidic man, whose badly decomposed body was found on disused wasteland. (T)
10.00 **BBC News at Ten** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.45 **Medium** Drama series about a suburban housewife who can see the dead and read the minds of others. (T)
11.25 **FILM: Me Without You** (2001) Drama about two girls growing up in England in the 1970s and '80s. The girls have been best friends throughout childhood, but when they go to college, one keeps her wild ways while the other starts to study. It's not the first thing to keep them apart, but their differences become clear when they each fall for their tutor. Stars Anna Friel. (T)
1.10 Weatherview (T) **1.15** Sign Zone: Joanna Lumley in the Land of the Northern Lights (R/T) **2.15** Thames Shipwrecks: A Race Against Time (R/T) **3.15** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Serious Ocean (R/T) **11.00** Wildlife on Two (R/T) **11.30** The Daily Politics (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Lifeline (R/T) **2.10** Coast (R/T) **2.15** Market Kitchen (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Are You an Egghead? (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Who Do You Think You Are?** Series in which celebrities trace their ancestry. (R/T)
8.00 **The Restaurant** Amateur cooks compete for the opportunity to go into business with distinguished chef and restaurateur Raymond Blanc. (T)
9.00 **Heroes** Hiro and Ando set out to uncover the identity of the villain who hired The Speedster, and after the bloodbath at the bank, HRG resolves to get rid of his new partner. (T)
9.45 **Heroes Unmasked** As the themes of religion and spirituality develop in Heroes, with our characters continuing to wield their power for good and evil, we ask the question that fans have been waiting to find out since the show began - where do our heroes and villains get their powers from? Plus we talk exclusively to Malcolm McDowell and creator Tim King. (T)
10.00 **Mock the Week** Comedy show combining elements of panel game, stand-up and improvisation, with two teams of comedians taking a satirical swipe at the news and world events. (R/T)
10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Jeremy Paxman. (T) (Followed by Weather)
11.20 **The Electric Proms** (T)
12.05 Joins BBC News **3.45** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Ross is gutted to learn that Donna and Marlon are trying for a baby. Pearl worries that she is not good enough for Turner. (T)
7.30 **Coronation Street** Emotional Rosie pleads for her freedom. Grief-stricken Maria lashes out at her family. Will Nina ruin Dev's plans with Tara? (T)
8.00 **The Bill** Will shrugs off a prank by DCs Jo Masters and Grace Dasari to take on his first CID case as a trainee. A woman phones to say that her house has been burgled and that her husband is missing. (T)
9.00 **Greatest Cities of the World with Griff Rhys Jones** Griff Rhys Jones explores the small but perfectly formed city of Paris. What makes this such a universally loved capital of the world? (T)
10.00 **News at Ten and Weather** (T)
10.40 **Bond: The South Bank Show** The world of James Bond is examined in an exclusive profile of one of the most enduring icons of popular culture. (T)
11.40 **Numb3rs** Don's team are called in to investigate the mysterious deaths of three women found in the wilderness. (T)
12.40 Bingo Night Live (R/T) **1.40** Raines (R/T) (Followed By ITV News Headlines) **2.30** Loose Women (R) **3.20** The Jeremy Kyle Show (R/T) **4.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Just Shoot Me (R/T) **9.00** Frasier (R/T) **9.30** Schools: Empire (R/T) **10.20** Get Me The Producer (R/T) **11.10** Sex, Lies and Soaps (R/T) **11.35** The KNTV Show (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.50** **FILM: At Gunpoint** (1955) Western starring Fred McMurray. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **Supernanny USA** Jo meets John and Denise Bruno, who have their hands full caring for two young children, a headstrong teenager and another teenager with severe cerebal palsy. (T)
9.00 **The Family** Simon is reluctantly cast in the role of peacemaker as Jane and Emily row over Emily taking her mother's clothes without permission. (T)
10.00 **Desperate Housewives** Susan tries to hide a new relationship. Gaby doubts her mothering abilities. Bree is about to publish her own cookbook. Edie returns to Wisteria Lane with a new man in tow. (T)
11.05 **Jamie's Ministry Of Food** Rotherham is drawing to a close, but he needs the campaign to continue without him. He proposes to his new recruits that they hold street parties so that the recipes learnt can be passed on. (R/T)
12.05 T-Mobile Transmission: Collaborations **12.25** Jd Set Presents Dykeenies (R/T) **12.40** Jd Set Presents Pull Tiger Tail (R/T) **12.55** Comedy Lab: Olivia Lee's Naughty Bits (R/T) **1.25** Waking the Dead (T) **3.05** Unreported World (R/T) **3.30** The Lost City Of The Pyramids (R/T) **4.30** St. Elsewhere (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Grey's Anatomy (R/T) **12.30** five news (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.05** **FILM: Separated by Murder** (1994) Drama starring Sharon Gless, Steve Railsback and Ed Bruce. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Lights, Camera, Animals (T)

7.00 **five news** National and international news. (T)
7.30 **It Pays to Watch** Magazine series in which consumer affairs expert Martin Lewis offers helpful advice on saving money. (T) (Followed by five news update)
8.00 **Axe Men** Series following the work of North American lumberjacks who risk their lives to cut timber whilst battling mechanical failures, unpredictable terrain and falling trees. (T) (Followed by five news at 9)
9.00 **Paul Merton in India** Series following Paul Merton as he travels through India. (T)
10.00 **Banged Up Abroad** Drama-documentary series telling the gripping real-life stories of travellers who find themselves incarcerated overseas. In 1998, Daniel Van De Zande was arrested for trafficking cocaine in Ecuador after one of his accomplices gave his name to police. (T)
11.05 **Unbreakable** Adventure series with explorer Benedict Allen in which eight intrepid volunteers undergo an onslaught of physical and mental pressure in a bid to be declared 'unbreakable'. The contenders endure a week of gruelling navy training in Portsmouth. (R/T)
12.05 PartyPoker.com World Open IV **1.05** Major League Baseball **4.20** V8 Supercars **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Redcoats **8.30** Redcoats **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** Futurama **2.30** Futurama **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Lion Man **5.30** Lion Man **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** **FILM:** Twister **11.10** Road Wars **12.10am** Road Wars **1.10** Street Wars **2.05** Caribbean Uncovered **3.00** Naked In Blackpool **3.55** America's Dumbest Criminals **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **12.30** Planet's Funniest Animals **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Hell's Kitchen USA **9.00** Jack Osbourne: Celebrity Adrenaline Junkie **10.00** Celebrity Juice **10.30** **FILM:** 48 Hrs **12.35am** Coronation Street **1.05** No Heroics **1.30** Teleshopping **4.30** ITV2 Nightscreen

BBC3

7.00pm Spendaholics **8.00** Dog Borstal **9.00** Sasha: Beauty Queen at 11 **10.00** Heroes **10.45** Last Man Standing **11.45** Family Guy **12.05am** Family Guy **12.25** Coming of Age **12.55** Sasha: Beauty Queen at 11 **1.55** The Most Annoying TV... We Hate to Love **4.25** Spendaholics **5.32** Close

BBC4

7.00pm World News Today **7.30** Britain from Above **8.00** Britain from Above **9.00** Wilderness Explored **10.00** Congo **10.50** Congo **11.40** Congo **12.30am** Wilderness Explored **1.30** The Wild Life of Gerald Durrell **2.30** Travellers' Century **3.30** Wilderness Explored **5.32** Close

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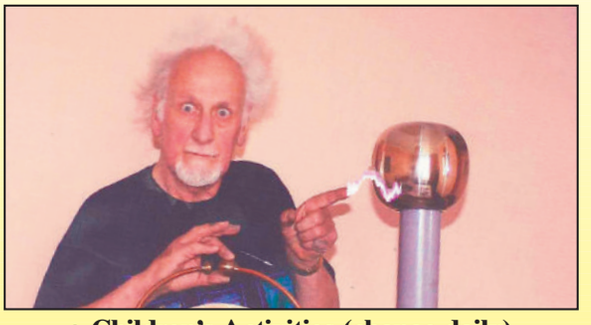

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MUSIC REVIEWS

RAINDROPS (ENCORE UNE FOIS PART II)

Sash! featuring Stunt

SEE, that's the thing about sequels, they're very rarely as good as the original.

Granted, there's The Empire Strikes Back, The Godfather Part II and Hot Shots Part Deux, but generally speaking the moment you whack the number two at the end of a title you risk the item concerned being regarded as a number two in its own right.

This sort of procedure doesn't usually happen in the wonderful madcap world of popular music, where they stick the current year onto the end of the title instead, but the principle still holds true.

If a number's at the end of a title and it doesn't really belong there, caveat emptor – that's my advice.

So, last week I reviewed Infinity 2008 and decided that it was a bit good to say the very least, and now I discover that Sash! (who I really hope will one day get rid of that ridiculous! exclamation! mark!) has also returned from an extended holiday / the recording studio / the JobCentre (delete as appropriate) with a reworking of the song that put him on the map.

Like Guru Josh, Sash! has! also! reworked! his! own! song! Like Guru Josh, Sash has given his track proper vocals, but never fear, the shouty French girl still does her bit when the occasion demands.

However, Encore Une Fois Part II is nowhere near as good as Infinity Part II, and although some of that is down to the limitations of the source material, the update has turned it into nothing more than a clone of all the other radio-friendly dance numbers doing the rounds these days. For all its faults, the original stood out and there's the main difference.

Just for a second, imagine songs as people. When Infinity strides out on the dancefloor, it's like watching John Travolta in Saturday Night Fever (or Ted Striker in Airplane) – it looks ridiculous, but everyone's paying attention because there's nothing else like it.

When Raindrops goes out to strut its stuff, so does everybody else, the dancefloor gets crowded and in the end it slinks off to the bar, drowning its sorrows with alcopops and making polite conversation with a handful of Basshunter and Ultrabeat B-sides if it's lucky.

That's why this song is disappointing.

IF I WERE A BOY

Beyonce

IN which La Knowles gives her other half a vicious verbal assault that must've done some serious emotional damage. Or something.

At first glance it might appear to be a sweeping generalisation towards boys, which is unfair really because I was one once and I'd like to think I've gone on to lead a relatively normal life.

Here, we've got Beyonce singing about all the things she'd do if she put herself in for a spot of gender reassignment (which would be a remarkable way of promoting this single, it has to be said), but mainly she's saying how much nicer she'd be towards her girlfriend if she had one, but of course she hasn't got one because actually she's the girlfriend and it's her boyfriend who's got a girlfriend instead who happens to be Beyonce who's the one singing about all this in the first place.

If you assume that she's singing this song in anger to her boyfriend and him alone, the words do make sense, it's just a shame the tune doesn't back it up.

Here's how bland and forgettable the melody is – do you remember the standard drum sound that the Backstreet Boys, A1 and all those other late-90s boybands were so fond of? That's what drives this song.

I need say no more?

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

After a near-death experience, a socially awkward dentist, Bertram Pincus (Ricky Gervais) is pursued by ghosts – who all want something from him

GHOST TOWN (12A)

Ricky Gervais, Tea Leoni, Greg Kinnear

From Friday

AFTER briefly dying during an operation, misanthrope dentist Bertram Pincus (Gervais) finds he can see and hear the dead. They make his life hell, but the late Frank Herlihy (Kinnear) promises to keep the rest away if Pincus helps his widow (Leoni).

INCENDIARY (15)

Michelle Williams, Ewan McGregor, Angus MacFadyen

From Friday

A YOUNG mother (Williams) lives on a London council estate with her bomb-squad husband and young son. She begins an affair with newspaper journalist Jasper (McGregor), but her life changes forever when a terrorist attack hits an Arsenal match.

HE'S JUST NOT THAT INTO YOU

Scarlett Johansson, Jenifer Aniston, Ginnifer Goodwin

From Friday

THE Baltimore-set movie of interconnecting story arcs deals with the challenges of reading or misreading human behavior.

BURN AFTER READING

Brad Pitt, George Clooney, Frances McDormand, John Malkovich, Tilda Swinton

Now showing

AFTER CIA putz Ozzie Cox quits over a drink issue, his shocking memoirs fall into the hands of lovelorn gym instructor Linda Litzke and gung-ho assistant Chad. Did we mention overly horny federal marshal Harry Pfarrer? We should. He's relevant.

EAGLE EYE

Shia LaBoeuf, Michelle Monaghan, Rosario Dawson, Billy Bob Thornton, Michael Chiklis

Now showing

FOLLOWING the death of his twin brother, Jerry Shaw is framed as a terrorist. Arrested by the FBI, he is sprung by a female caller and coerced, along with a single mum , into going on a dangerous mission.

IGOR

John Cusack, Steve Buscemi, Jennifer Coolidge, Eddie Izzard, John Cleese, Sean Hayes, Jay Leno

Now showing

IN a world filled with Mad Scientists and Evil Inventions, one talented evil scientist's hunch-backed lab assistant has big dreams of becoming a Mad Scientist himself and winning the annual Evil Science Fair

THE ROCKER (12A)

Rainn Wilson, Josh Gad, Christina Applegate

Now showing

A FAILED drummer who is given a second chance at fame when he's invited to join a teen rock band.

YOUNG @ HEART

Fred Knittle, Eileen Hall, Bob Cilman

Now showing

THE Young At Heart Chorus has an average age of 81. As they prepare for a concert in their home town after a triumphant global tour, illness and personal tragedy threaten to stop the show altogether.

HIGH SCHOOL MUSICAL 3

Zac Efron, Vanessa Hudgens, Ashley Tisdale, Lucas Grabeel, Corbin Bleu, Monique Coleman

Now showing

IF you have kids between the ages of five and ten then chances are you will know about High School Musical in a big way already. After the massive success of the first two TV movies, the third slice comes straight to the cinema with more fantastic dancing, great songs.

NIGHTS IN RODANTHE (2008)

Richard Gere, Diane Lane, James Franco, Scott Glen

Now showing

A DOCTOR sets off on a trip to meet his estranged son, but on the way. On arrival he strikes up a relationship with an unhappily marrioed woman in a North Carolina inn.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give away.

In which TV series did the star of Ghost Town make his name? Answers by e-mail to: competitions@mk-news.co.uk

Please include your name, address and daytime telephone number.

Closing date Tuesday, October 28.

FILM REVIEW: BURN AFTER READING

IN my opinion no film makers in the last 20 years have made as many consistently interesting, intelligent and enjoyable movies as the Cohen brothers.

I offer Oh Brother Where Art Thou, The Big Lebowski, Fargo, Barton Fink, The Hudsucker Proxy, and the recent No Country For Old Men as mighty examples. They have had one or two duds along the way, but mostly they deliver.

Anyway, onto their latest offering, a screwball spy spoof with a seriously starry set of suspects – George Clooney, Bard Pitt and John Malkovitch amongst them.

The plot begins when CIA analyst John Malkovich is called into a meeting and unceremoniously sacked. Instead of accepting the humiliation of a security downgrade, he ups and quits.

He breaks the news to his wife Tilda Swinton, and plans to exact revenge and make them millions by revealing all in his memoirs.

Little does he know she is about to run off with an overacting George Clooney and his new beard.

George's beard is one of the main stars of the film and distracted me (not in a good way) from following the convoluted and messy plot. That's my excuse anyway.

Brad Pitt enters the fray not long after as a totally witless gym instructor and, much as I hate to praise him (what with being generally jealous and all), he's the best thing in the film by some distance.

These characters all get mixed up with each other as Malkovitch's script falls into Brad's hands and everyone's greedy plans to rip each other off unfold with supposedly offbeat and hilarious consequences.

Unfortunately it just doesn't work.

Most of them are trying waaaay too hard and the film is horribly self conscious and a bit too smug.

Like all Cohen films it has a lot of style, loads of money thrown at it, plenty of odd characters and no shortage of ideas.

It still doesn't work though.

It's worth a look (maybe on DVD though) but if you really want a good Cohen film then delve into their back catalogue and enjoy former glories.

PAUL STEPHENSON

MKLIFE | TELEVISION

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THURSDAY
October 23

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **EastEnders** Max plays a cruel game with unsuspecting Tanya and Jack, while Denise is horrified by Darren's sleazy approach to driving. (T)
7.57 **BBC News and Regional News**
8.00 **The Planners are Coming** Series looking at building planning processes. (T)
8.30 **Accidental Heroes** Series documenting real-life stories of bravery and courage. (T)
9.00 **Silent Witness** Drama series about a team of forensic pathologists. When a second Hasidic boy is killed, Harry is convinced they are looking for a Jewish killer, but the police are hesitant to upset their fragile relationship with the community without any concrete evidence. (T)
10.00 **BBC News at Ten** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **Question Time** David Dimbleby chairs another instalment of the political debate from Peterborough. (T)
11.35 **This Week** A political review of the week presented by Andrew Neil. (T)
12.20 Holiday Weatherview (T) **12.25** Sign Zone: Panorama (R/T) **12.55** Watchdog (R/T) **1.25** What To Eat Now (R/T) **1.55** Charley Boorman: Ireland to Sydney by Any Means (R/T) **2.55** An Island Parish (R/T) **3.25** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** CBBC: Serious Ocean (R/T) **11.00** Dangermouse (T) **11.10** The Flintstones (R/T) **11.35** The Flintstones (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Animal Park: Wild in Africa (R/T) **2.15** Market Kitchen (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Are You an Egghead? (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **James May's Big Ideas** James May tries to find smarter, brighter and bolder ways of powering the planet. He sets off on a global search to find people who share his dream. (R/T)
8.00 **The Restaurant** Amateur cooks compete for the opportunity to go into business with distinguished chef and restaurateur Raymond Blanc. (T)
9.00 **Never Mind the Buzzcocks** The anarchic, award-winning pop quiz returns with host Simon Amstell, regular team captain Phill Jupitus and special guest team captain Johnny Vegas. (T)
9.30 **Beautiful People** Written by Jonathan Harvey and inspired by the book by Simon Doonan. (T)
10.00 **The Graham Norton Show** Graham Norton presents celebrity chat, eccentric stories and characters, and home-grown weirdness from the great British viewing public. (T)
10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Kirsty Wark. (T) (Followed by Weather)
11.20 **The Electric Proms: The Streets** A concert from the Roundhouse in north London, as part of the inaugural Electric Proms. (T)
12.05 Amazon with Bruce Parry (R/T) **1.05** Joins BBC News **3.25** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Matthew believes that he understands Anna, despite her feelings for him. (T)
8.00 **The Bill** While out on patrol, Arun and Millie discover a gang beating up a young couple. After coming to their assistance, the pair admit that they had only just met that night in a club. (T)
9.00 **Natural Born Sellers** Series in which a team of salespeople battle it out to earn as much commission as possible while working for different companies over six weeks. (T)
10.00 **News at Ten and Weather** (T)
10.40 **Life on The Line** A Norfolk surgeon attempts to repair the smashed leg and collar bone of a jogger knocked down by a car. A detective investigates a suspected arson attack in Luton. (T)
11.10 **Harry Hill's TV Burp** BAFTA-award winning comedy maestro Harry Hill returns to cast his unique gaze over the week's televisual output, taking aim at Strictly Come Dancing, X Factor and all the big soaps as well as other TV gems. (R/T)
11.40 **Anglia Late Edition** Late-night talk on the hot political topics of the week and issues affecting the east of England.
12.10 Bingo Night Live **1.15** Motorsport UK (T) **1.40** Nightwatch with Steve Scott - Crime (R/T) **2.35** Loose Women (R) **3.25** The Jeremy Kyle Show (R/T) **4.20** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Just Shoot Me (R/T) **9.00** Frasier (R/T) **9.30** Schools: Empire (R/T) **10.20** Get Me The Producer (R/T) **11.10** Sex, Lies and Soaps (R/T) **11.35** The KNTV Show (R/T) **12.00** News at Noon (T) **12.30** Come Dine with Me (R/T) **1.50** **FILM: Face Of A Fugitive** (1959) Western starring Fred MacMurray. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **River Cottage Autumn** This week, Hugh plans a big event: a six-course banquet at the "Canteen" restaurant, made entirely from autumn vegetables. (T)
9.00 **Mum, Heroin And Me** A about what happens when your daughter becomes a heroin addict. Shot over the course of a year by award-winning documentary-maker Jane Treays, the film follows Kate (49), her heroin-addicted daughter Hannah (20) and Hannah's boyfriend, Ricky (31). (T)
10.00 **8 Out of 10 Cats** Jimmy Carr hosts proceedings as team captains Sean Lock and Jason Manford battle it out. (T)
10.35 **Star Stories** (R/T)
11.10 **When Women Rule The World** Steve Jones hosts the reality entertainment show where eight feisty females are put in control of a group of Alpha males on a beautiful Caribbean island. (T)
12.10 4music Presents... Sugababes (R/T) **12.45** **FILM: Paar** (1984) Bollywood drama starring Naseeruddin Shah. (T) **3.10** The Strange Case Of Peking Man (R/T) **4.10** Chrono-Perambulator (R/T) **4.20** St. Elsewhere (R/T) **5.10** Countdown (R/T) **5.55** INUK (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Grey's Anatomy (R/T) **12.30** five news (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T)

3.00 **FILM: Children Of My Heart** (2000) Romantic French-Canadian tale about a young, idealistic teacher whose ambition to make life better for the disadvantaged pupils at her rural school is hindered by the relationship she forms with one of the boys in her class. Stars Genevieve Desilets, Yani Gellman and Isabella Fink. (T)
5.00 five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Lights, Camera, Animals (T)
7.00 **five news** National and international news. (T)
7.30 **UEFA Cup Football** Live UEFA Cup football action from matchday one of the group stage as Aston Villa welcome Dutch gaints Ajx to Villa Park. Colin Murray Presents, while Tony Jones provide commentary. (T)
10.05 **FILM: The Glimmer Man** (1996) Action thriller about a government agent who is asked to resume his old role as a police officer to help catch a serial killer preying on the citizens of LA. Teamed with a local homicide detective, the agent discovers that the killer seems to know a lot about his past despite a change of occupation and identity. Stars Steven Seagal, Keenen Ivory Wayans and Bob Gunton. (T)
11.50 **Quiz Call** Interactive quiz show giving viewers the chance to answer questions for money.
1.00 Major League Baseball **4.20** Ironman Triathlon **4.45** Wildlife SOS (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Redcoats **8.30** Redcoats **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** Futurama **2.30** Futurama **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Lion Man **5.30** Lion Man **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Noel's Are You Smarter Than... **9.00** Bones **10.00** Cold Case **11.00** Fringe **12.10am** Road Wars **1.10** Road Wars **2.05** Miami Uncovered **3.00** Naked In Blackpool **3.55** Scare Tactics **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** The Fashion Show **8.00** CelebAir **9.00** Katie & Peter: The Next Chapter **10.00** Secret Diary of a Call Girl **10.30** No Heroics **11.00** Entourage **11.35** **FILM:** Get Shorty **1.40am** Katie & Peter: The Next Chapter **2.25** Teleshopping **5.25** ITV2 Nightscreen

BBC3

7.00pm Spendaholics **8.00** Last Man Standing **9.00** The World's Strictest Parents **10.00** EastEnders **10.30** The Real Hustle **11.00** Coming of Age **11.30** Last Man Standing **12.25am** The World's Strictest Parents **1.25** The Real Hustle **1.55** Coming of Age **2.25** Dog Borstal **3.20** Spendaholics **4.20** Jack: A Soldier's Story **5.32** Close

BBC4

7.00pm World News Today **7.40** 1914-1918 **8.30** Railway Walks **9.00** The British Transport Films: A Nation on Film Special **9.40** Elizabethan Express **10.00** Great Railway Journeys **11.00** Metroland **11.50** BBC Four Sessions **12.50am** The British Transport Films: A Nation on Film Special **1.30** Elizabethan Express **1.50** Railway Walks **2.20** Absolutely Chuffed: The Men Who Built a Steam Engine **2.50** The British Transport Films: A Nation on Film Special **3.30** Elizabethan Express **5.32** Close

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CLUBS AND PUBS

OCEANA
Xscape 670976
THE biggest nightclub in the city is searching for the next DJ superstar. Oceana wants someone with skills worthy of fame and fortune for the biggest DJ competition of its kind in the UK. The DJ who claims King Of The Decks, which takes place on Thursdays, will win a trip to Miami Global Music Conference and a full Pioneer Pro DJ set up. Log-onto www.kingofthedecks.co.uk for more info. Over 18s Sunday-Thursday, over 19s on Fridays and over 20s on Saturday. Dress code is smart casual.

THE LIVING ROOM
thehub:mk 608643
MUSIC from a local musician on the baby grand piano every night at the swank bar. The Living Room - already a favourite in bigger cities such as London, Manchester and Edinburgh - features an upmarket restaurant and an outdoor terrace overlooking the central piazza. Food is served from midday until late.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: New soundclash, new DJs, new tunes and new drink offers. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats.Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: The Request Line. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress code is casual cool.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District 241243 info@buddhablue.co.uk
THIS whitewashed haven is the newest club on the circuit. DJs spin RnB tunes into the early hours. Dress smart.

BLUEPRINT
Station Square 677840 info@blueprintbars.com
NEW ultra stylish independent bar. Great selection of wines, beers and 35 cocktails to choose from.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJ's and live bands playing music from pop and rock to RnB and dance at the weekend, pool tables, and a big screen TV for matches. Casual dress.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails.

ALL BAR ONE
Midsummer Boulevard 397216
STYLISH cosmopolitan bar aimed at people who enjoy great drinks and food in a contemporary environment.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. Open mic Thursday. Free entry. To play just turn up with your instrument.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands on some nights.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH
Water Eaton 373118
PUB with a late license and live rock bands on Saturday nights.

THE STABLES 280800

Eddi Reader

MAIRE NI CHATHASAIGH, CHRIS NEWMAN, NOLLAIG CASEY & ARTY MCGLYNN
Thursday, October 23 , 8pm
TWO world-renowned duos from the Irish tradition come together tonight. Harper Maire Ni Chathasaigh and English flatpacking guitar wizard Chris Newman have joined up with legendary guitarist Arty McGlynn and virtuoso fiddler Nollaig Caseyfor an evening of instrumental wizardry and heartfelt vocals.
Tickets £16.50

JOHN VERITY
Thursday, October 23, 8.45pm
JOHN Verity began his guitar career in the early 1960's. By 1969 he was living and working in the US, with the first phase of the John Verity Band doing support slots with many of the big names of the day including Jimi Hendrix, Mountain, Canned Heat & Janis Joplin.
Tickets £12

VIVA SANTANA
Friday, October 24, 8pm
CREATED in 2000 by inspirational Spanish guitarist Marcos Rodriguez, this powerful six-piece band takes you through the Santana years from Abraxas to the recent hits from Supernatural and Shaman.
Tickets £17.50

JOANNA EDEN
Friday, October 24, 8.45pm
JOANNA Eden just won't be pigeonholed – she's at ease with everything from Bacharach and David to Rodgers and Hart and Lennon and McCartney, but tonight she's appearing with her own highly accomplished acoustic material.
Tickets £9.50 in advance, £11.50 on the door

BABY LEMONADE
A Celebration of the music of Arthur Lee & Love
Promoted by Glenn Povey
Saturday, October 25, 8pm
UNTIL recently Baby Lemonade were touring the world with Arthur Lee in a reunited version of his legendary band Love.
Although Arthur Lee will forever be missed and remembered, the undying support of fans has prompted their first UK tour in an explosive evening of Love and Baby Lemonade music.
Tickets £16

M1 MUSIC NIGHT
Terry Emm and Navaro
Saturday, October 25, 8.45pm
A CO-HEADLINING gig featuring artists from Bucks, Beds, Herts and Northants. Young singer-songwriter Terry Emm writes personal, melancholic songs.
Beth Navaro's country sound (as heard on her 2007 album Sanctuary) evolves as she joins forces with Pete White and Steve Austin.
Tickets £9.50 in advance, £11.50 on the door

BARTHOLOMEW LAFOLLETTE
IN association with the Young Concert Artists Trust.
Sunday, October 26, 2.30pm
Bach Suite No6, BWV. 1012, Barber Cello Sonata, Beethoven Sonata in A, Op69, Salvatore Sciarrino Ai limitti della notte
Tickets £9.50 in advance, £11.50 on the door

KATE ROBBINS
Songs from The Pool
Sunday, October 26, 8pm
SINGER, songwriter, actress and impressionist Kate Robbins returns to her cocktail lounge beginnings as a pianist in Liverpool bars.
Tickets £15

EDDI READER
Plus support
Monday-Tuesday October27- 28, 8pm
THE voice of Fairground Attraction and hits including Perfect, Eddi's rare blend of meltingly true vocals and towering romanticism makes her a unique figure in British music.
Tickets £23

MK THEATRE BOX OFFICE 0870 060 6652

THE WOMAN IN BLACK
Until Saturday
MORE than three million people have lived to tell the tale of The Woman in Black, one of the most exciting, gripping and successful theatre events ever staged.
A lawyer obsessed with a curse that he believes has been cast over him and his family by the spectre of a 'Woman in Black' engages a sceptical young actor to help him tell his terrifying story and exorcise the fear that grips his soul.
It all begins innocently enough, but then, as they reach further into his darkest memories, they find themselves caught up in a world of eerie marshes and moaning winds. The borders between make believe and reality begin to blur and the flesh begins to creep.

WE'RE GOING ON A BEAR HUNT
Thursday, October 23-25
THE ever popular Smarties Book Prize winner We're Going On a Bear Hunt is brought vividly and noisily to life on stage with a versatile score.
Look out for the gigantic swishy swashy grass, the splishy splashy river and the thick oozy, squelchy mud fight. What a surprise awaits you in the cave on the other side of the dark forest!

FLASHDANCE THE MUSICAL
Monday, October 27-November 1
SET in Pittsburgh, Flashdance tells the story of 18-year-old Alex, a welder by day and 'flashdancer' by night whose dream is to obtain a place at the prestigious Shipley Dance Academy.
Starring Bruno Langley from Coronation Street, Bernie Nolan from The Bill, former Hear'Say star Noel Sullivan and Victoria Hamilton-Barritt as Alex.

Flashdance

BLETCHLEY PARK

IT'S BLITZNIGHT
Saturday
NEARLY 5,000 people gathered at Bletchley Park last year to witness its biggest ever annual fireworks extravaganza.
After an air raid siren rang out, Bletchley's night sky was set ablaze with an explosion of colour accompanied by rousing wartime music such as Colonel Bogey, 633 Squadron and Land of Hope and Glory.
This traditional Bletchley event, generously sponsored by New City Heating, is set to be repeated on Saturday helping to raise much-needed funds for Bletchley Park.
Enjoy the traditional fairground rides, the barbecue and, of course, the bar to keep the winter chills at bay.
The gates open at 6.30pm and the fireworks display will be 8pm. The event finishes at 8.30pm.
No on-site parking available for this event except disabled.
£3 for adults and £1 for children.

CAMPBELL PARK

THE BIG DRAW IN THE PARK
Saturday,October 25. 2-9pm
Campbell Park Events Plateau
Central Milton Keynes
THIS year, Milton Keynes Gallery will host their annual Big Draw event but with a difference.
This time the event will be held in the great outdoors instead of the gallery – in marquees in the picturesque Campbell Park.
Join the friendly team, including professional artists, for free, fun activities exploring alternative ways of drawing. Catering and toilet facilities will be on site.
No booking or experience necessary – this event is suitable for all ages. Free entertainment and displays of work made during the afternoon.
This event is organised by Milton Keynes Gallery and generously supported by The Parks Trust, Milton Keynes Theatre, Adult Continuing Education and Milton Keynes Science Festival. Admission FREE.
Visit www.mk-g.org or ring 01908 676 900 for activity times and details.

THE PITZ 660392

4FT FINGERS
Plus The Remnants, RSI and Target Zero
Friday, October 24.
THESE UK punk rockers went through several line-up as well as name changes before they finally settled on 4ft Fingers.
In 2001 the quartet recorded their debut album At Your Convenience with Martin Nicholls at Whitehouse Studios.
This was followed by a year of non-stop touring, earning the band the reputation as one of the hardest working in the UK.
In early 2002 4ft Fingers signed to Golf Records and their second album From Hero To Zero was released.
After several line up changes the band's new album, New Beginings of Old Stories will let everyone know they are back for business.
Tickets £7. Doors 7.30pm.

look at me, look at me, look at me
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FRIDAY
October 24

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) **11.00** Open House (T) **11.30** Cash in the Attic (T) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **A Question of Sport** Sue Barker hosts the fast-paced entertaining sports quiz. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** An angry and dangerous Max wreaks terror on his family. Jay escapes tragedy, but can he ever forgive Dawn? (T)
8.30 **After You've Gone** Sitcom about a jack-of-all-trades and his interfering mother-in-law. (T)
9.00 **Have I Got News for You** Another edition of the popular news quiz, with regular team captains Ian Hislop and Paul Merton. (T)
9.30 **Little Britain USA** Matt Lucas and David Walliams continue their American odyssey. (T)
10.00 **BBC News at Ten** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **Friday Night with Jonathan Ross** Jonathan Ross hosts another installment of the celebrity chat show. (T)
11.35 **National Lottery Euromillions Draw** (T)
11.40 **FILM: Galaxy Quest** (1999) Affectionate satire of Star Trek-style TV programmes in which the stars of a 1970s sci-fi show - now scraping a living through re-runs and sci-fi conventions - are beamed aboard an alien spacecraft. Stars Tim Allen. (T)
1.15 Weatherview (T) **1.20** Sign Zone: British Style Genius (R/T) **2.20** Timewatch - The Boxer Rebellion (R/T) **3.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** CBBC: Serious Ocean (R/T) **11.00** Dangermouse (T) **11.10** The Flintstones (R/T) **11.35** The Flintstones (R/T) **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Animal Park: Wild in Africa (R/T) **2.15** Market Kitchen (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Are You an Egghead? (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Fossil Detectives** (T)
7.30 **An Island Parish** There is no Indian food on the Isles of Scilly, so it's a big night for Paulie and Toby, who are trying to introduce curry on the menu at the Seven Stones, the only pub on St Martin's. (T)
8.00 **Mastermind** The hunt for the nation's Mastermind continues as John Humphrys puts the questions to four more contenders. (T)
8.30 **Gardeners' World** Trees are an essential part of our landscape, so Toby looks at introducing small trees for perfect autumn colour in the garden. (T)
9.00 **The American Future: A History, by Simon Schama** Simon explores the ways in which faith has shaped American political life. (T)
10.00 **QI** Stephen Fry hosts the quiz show in which contestants are rewarded more if their answers are 'quite interesting'. (R/T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme with Martha Kearney. (T)
11.35 **The Electric Proms** (T)
12.35 Later... with Jools Holland (R/T)
1.35 Star Trek: The Next Generation (R/T)
3.05 **FILM: Le Fils** (2002) Drama starring Olivier Gourmet. (T) **4.45** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Terry is shocked to discover that Louise is having an affair. (T)
7.30 **Coronation Street** Will desperate Rosie escape from her prison? (T)
8.00 **Public vs Police: Tonight** Former detective Mark Williams Thomas looks at how easy it can be to end up with a criminal record. (T)
8.30 **Coronation Street** Pressurised Carla makes a shocking decision. (T)
9.00 **Wire In the Blood** Gritty police drama series. When Alex takes time off following a family bereavement, Tony is partnered with the ambitious DI Andy Hall on a case involving murdered homeless men. (T)
10.00 **Al Murray's Happy Hour** The Pub Landlord opens the doors to his boozer for the last time this series, and pulls the pints for another group of celebrity guests. (T)
11.00 **The Late News and Weather** (T)
11.45 **Bingo Night Live** Melinda Messenger and Nichola Dixon host the bingo show that's completely free to play, and where thousands of pounds can be won!
12.55 Planet Rock Profiles (T) **1.20** Planet Rock Profiles (T) **1.50 FILM: Red Skies** (2002) Crime thriller starring Vivian Wu, Shawn Christian and Kadeem Hardison. (T) **3.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Just Shoot Me (R/T) **9.00** Frasier (R/T) **9.30** Schools: Empire (R/T) **10.20** Empire (R/T) **11.10** World Of Difference (R/T) **11.35** The KNTV Show (R/T) **12.00** News at Noon (T) **12.30** Supernanny USA (R/T) **1.30** **FILM: Only the Valiant** (1950) Western starring Gregory Peck. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.35 **Unreported World** (T)
8.00 **A Place in the Sun: Home or Away** It's the boys versus the girls and tradition versus glamour as Jonnie and Jasmine take soon-to-retire schoolteachers, Anthony and Maureen, to West Berkshire and the French Riviera in a quest for the best retirement retreat they can get for around £500,000. (T)
9.00 **Gordon Ramsay: Cookalong Live (New)** In January nearly five million viewers tuned in for Gordon's first-ever live Cookalong. Now he's back with a whole series. (T)
10.00 **Al Murray's Celebrity Ding Dong** (T)
10.50 **Bill Bailey Live: Part Troll** Bill Bailey's incredible Part Troll tour was a smash hit live comedy show, playing to packed houses all over the country. The funniest bearded, babbling, bug-eyed druid the world has ever seen. Filmed at the Hammersmith Apollo, this hilarious show features a great comedian at his brilliant best. (R/T)
12.30 4music Presents... Kaiser Chiefs (T) **1.00** 4play: Late Of The Pier **1.15** Rockfeedback **1.40** Goalissimo (T) **2.35** Red Bull Air Race 2008 (R/T) **3.35** Transworld Sport (R/T) **4.25** Iron Man (R) **4.55** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Grey's Anatomy (R/T) **12.30** five news (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.10** five news update (T) **3.15 FILM: Home Song** (1996) Drama starring Lee Horsley, Polly Draper and Deborah Raffin. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Lights, Camera, Animals (T)

7.00 **five news** National and international news. (T)
7.30 **Escape from...** Historian Saul David presents some of the greatest historical escapes of the 20th century. Profiling the notorious WWII POW camp Colditz, built especially for prisoners who had previously escaped other camps. (R/T) (Followed by five news update)
8.00 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. The interceptors chase thieves in a stolen BMW. A drunk driver is detained and police must contend with a group of menacing teenagers. (T) (Followed by five news at 9)
9.00 **NCIS** The team struggles to locate a terrorist who is on a mission to kill Gibbs. (R/T)
10.00 **Law and Order: Special Victims Unit** A gang member trying to rape a woman falls off a building when the victim bites him in self-defence. (T)
11.00 **Law and Order** A young woman is murdered outside a club and her neighbour claims to have psychic knowledge of the crime. But the case against the neighbour grows stronger when the cops learn that he was stalking the victim. (R/T)
12.00 Quiz Call **4.00** Wild Events (R/T) **4.25** Great Ocean Adventures: The Killer Whale (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Redcoats **8.30** Redcoats **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** Futurama **2.30** Futurama **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Hairspray: The School Musical **10.30** Don't Forget The Lyrics **11.30** Uk Border Force **12.30am** Road Wars **1.30** Road Wars **2.20** Las Vegas **3.10** Bite Size Brainiac **3.30** Naked In Westminster **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **1.00** ITV at the Movies **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** McFly. The Hot Desk **6.15** The X Factor **8.15** The X Factor - The Result **9.00 FILM:** Get Shorty **11.05** Katie & Peter: The Next Chapter **12.05am** Celebrity Juice **12.35** Coronation Street **1.05** Coronation Street **1.35** Teen Boob Jobs: Too Much Too Young **2.00** Teleshopping

BBC3

7.00pm Spendaholics **8.00** Most Annoying Couples **9.00** Most Annoying Couples **10.00** EastEnders **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Touch Me, I'm Karen Taylor **12.00am** Family Guy **12.25** Family Guy **12.45** Coming of Age **1.15** Most Annoying Couples **2.15** Most Annoying Couples **3.10** Two Pints of Lager and a Packet of Crisps **3.40** Two Pints of Lager and a Packet of Crisps **4.10** Touch Me, I'm Karen Taylor **4.40** Coming of Age **5.32** Close

BBC4

7.00pm World News Today **7.30** Evgeney Kissin: The Gift of Music **8.30** Only Connect **9.00** Jeff Beck at Ronnie Scott's **10.00** Goldfrapp at the Electric Proms **10.30** Maddy Prior at the Electric Proms **11.00** The Story of the Guitar **12.00am** The Avengers **12.50** The Avengers **1.40** Jeff Beck at Ronnie Scott's **2.40** Goldfrapp at the Electric Proms **3.10** Maddy Prior at the Electric Proms **3.40** Only Connect **4.10** Close

SATURDAY
October 25

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BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** What To Eat Now (T) **12.00** BBC News (T) **12.10** Football Focus (T) **1.00** Racing from Aintree and Chepstow (T) **2.20** Rugby Union: Anglo-Welsh Cup (T) **4.30** Final Score (T) **5.05** BBC News (T) **5.15** Regional News and Weather (T) **5.20** Hole in the Wall (T) **5.50** Merlin (T) **6.35** Strictly Come Dancing (T)

8.05 **The National Lottery: Who Dares Wins** Nick Knowles hosts the Saturday night National Lottery quiz, where two teams of strangers compete to win £50,000 by completing a series of lists. From Madonna Hit Singles to Countries of Africa, the team who names more correct answers on a list, gets to play for the jackpot. Jenni Falconer is live from Lottery HQ with Thunderball and Lotto draws during Who Dares Wins. (T)
8.55 **Casualty** Tess has to put her faith in Charlie when they appoint a new nurse, but soon starts to doubt his judgement. (T)
9.45 **BBC News** National and international BBC News, followed by Weather. (T)
10.00 **Match of the Day** Gary Lineker presents highlights of the day's matches in the Barclays Premier League. (T)
11.00 **FILM: The Dark** (2005) Chilling Manx-based horror following two parents who lose their daughter in a cliff-top accident, only to find an identical girl alive and well whilst looking for her body. However, the lookalike has a secret - she has really been dead for decades. Stars Maria Bello, Sean Bean and Maurice Roeves. (T)
12.30 FILM: (BST) Halloween (1978) Horror starring Donald Pleasence. (T) **2.00** (GMT) Friday Night with Jonathan Ross (R/T) **3.00** Weatherview (T) **3.05** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: TMi (T) **10.30** Hot Rods (T) **10.55** Prank Patrol Pocketsize (R/T) **11.00** Secret Show (R/T) **11.15** The Story of Tracy Beaker (R/T) **11.45** Eliot Kid (R/T) **12.00** Sound (T) **12.30** Mission Beach USA (T) **1.05** Greek (T) **1.45** Revealed (T) **2.00** Animal Park (T) **2.45** **FILM: 20,000 Leagues under the Sea - Part 1** (1997) Adaptation of Jules Verne's classic science fiction fantasy novel starring Michael Caine. (T) **4.10** **FILM: 20,000 Leagues under the Sea - Part 2** (1997) Adaptation of Jules Verne's classic science fiction fantasy novel starring Michael Caine. (T) **5.40** Coast (T) **6.40** Dad's Army (T)

7.10 **Stephen Fry in America** Stephen Fry journeys across America, hoping to learn more about the country that has always fascinated him. (T)
8.10 **Timewatch** (R/T)
9.00 **Have I Got a Bit More News for You** Extended version of the topical news quiz with Ian Hislop and Paul Merton. (T)
9.40 **The Agony and Ecstasy of Phil Spector: Arena** In a career stretching 50 years, legendary music producer Phil Spector has avoided interviews - until now. (T)
11.20 **The Electric Proms 2008: Saturday Night Fever & Razorlight** Edith Bowman and Mark Radcliffe present Electric Proms offerings from London and Liverpool. Edith takes us back to the era of disco as she introduces a special gathering from the Roundhouse to mark the 30th anniversary of Saturday Night Fever topping the charts in the UK. (T)
12.25 Never Mind the Buzzcocks (R/T) **12.55 FILM: (BST) Ordinary Decent Criminal** (2000) Comic thriller starring Kevin Spacey. (T) **2.25 FILM: (GMT) The Son's Room** (2001) Emotional drama starring Nanni Moretti, Laura Morante and Jasmine Trinca. (T) **4.00** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **10.45** CITV: Drake and Josh (R/T) **11.15** Planet Sketch (R/T) **11.25** Coronation Street Omnibus (T) **1.35** ITV News and Weather (T) **1.40** Regional News and Weather **1.45 FILM: Babe: Pig in the City** (1998) Comedy starring Magda Szubanski, James Cromwell and Mary Stein. (T) **3.25 FILM: Live and Let Die** (1973) Spy drama. (T) **4.30** Regional News and Weather **4.45** ITV News and Weather (T) **5.00 FILM: Live and Let Die** (1973) Conclusion of today's spy drama starring Roger Moore, Yaphet Kotto and Jane Seymour. (T) **6.15** Totally You've Been Framed! (T)

7.15 **Harry Hill's TV Burp** Harry Hill takes another trip through TV land with his unique eye for the quirky and sometimes just plain silly clips that have appeared on our screens. (T)
7.45 **The X Factor** Dermot O'Leary introduces the 10 remaining acts in the competition, as they sing for their supper in front of judges Simon Cowell, Dannii Minogue, Louis Walsh and Cheryl Cole. (T)
9.25 **All Star Family Fortunes** Vernon Kay presents a new series of the nation's favourite game show. (T)
10.10 **The X Factor - The Result** It is decision time for the ten X Factor acts, as the result of the public vote is revealed. (T)
10.55 **ITV News and Weather**
11.10 **FILM: Red Dragon** (2002) Thriller adapted from Thomas Harris's first Hannibal Lecter novel about an FBI profiler called out of retirement to help catch a serial killer nicknamed the Tooth Fairy. Stars Anthony Hopkins, Edward Norton and Ralph Fiennes. (T)
1.35 (BST) Bingo Night Live **1.45** (GMT) Nightwatch with Steve Scott - Crime (R/T) (Followed by ITV News Headlines) **2.40** **FILM: The Wicker Man** (1973) Crime thriller starring Edward Woodward, Christopher Lee and Diane Cilento. (T) **4.10** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: Friends (R/T) **9.25** The Hills (T) **9.55** Friends (R/T) **10.25** Movie Special (T) **10.55** Everybody Loves Lil Chris (T) **11.25** Reaper (R/T) **12.25** 4music Presents... Kaiser Chiefs (R/T) **12.55** Red Bull Air Race 2008 (T) **2.00** Channel 4 Racing From Doncaster And Newbury (T) **4.10** How Clean Is Your House? (R/T) **4.40** **FILM: The Addams Family** (1991) Family comedy starring Anjelica Huston, Raul Julia and Christopher Lloyd. (T) **6.30** Channel 4 News (T)

7.00 **River Cottage Autumn** Dan the River Cottage baker has bought a mini-mill and plans to make his own bread from spelt, a form of wheat harvested by our Bronze Age ancestors. (R/T)
8.00 **Gordon Ramsay: Cookalong** In this episode, posh nosh made easy: a starter of warm goat's cheese salad with an apple and walnut vinaigrette. (R/T)
9.00 **The Secret Millionaire** Award-winning series in which a millionaire goes undercover in a deprived area in the hope of changing someone's life with a generous gift of their own hard-earned money. (R/T)
10.00 **FILM: Saw** (2004) With a dead body laying between them, two men wake up in the secure lair of a serial killer who's been nicknamed "Jigsaw" by the police because of his unusual calling card. Psycho-horror, with Cary Elwes and Danny Glover. (T)
12.00 FILM: Copland (1997) Crime thriller starring Sylvester Stallone. (T) **1.55 FILM: (BST) She's The One** (1996) Romantic comedy starring Edward Burns. (T) **2.40 FILM: (GMT) A Midsummer Night's Dream** (1999) Shakespeare's comedy starring Kevin Kline. **3.40** Loves Me... Loves Me Not (R/T) **4.50** Countdown (R/T)**5.35** The Hoobs (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** The Gadget Show (R/T) **11.00** Axe Men (R/T) **12.00** Mean Machines of War (R/T) **12.50** Animal Rescue Squad (R/T) **1.05** Zoo Days (R/T) **1.35 FILM: Columbo: Murder, Smoke and Shadows** (1989) Crime drama starring Peter Falk, Fisher Stevens and Steven Hill. (T) **3.35 FILM: The Neverending Story II: The Next Chapter** (1990) Fantasy starring Jonathan Brandis. (T) **5.15 FILM: Countdown to D-Day** (2004) Historical drama starring Tom Selleck. (T) **6.50** five news and sport (T)

7.05 **NCIS** The team investigates when a picture taken by a blind photographer reveals that a young petty officer has been murdered. Gibbs and Tony both struggle to come to terms with commitment issues in their respective relationships. (R/T)
7.50 **NCIS** When Jenny heads off to a conference, Gibbs is made acting director of the NCIS - but he prefers to ignore his duties and lead the team in the investigation of a man found dead in a taxi. (R/T)
8.45 **NCIS** (R/T)
9.45 **CSI: Crime Scene Investigation** The CSIs investigate the disturbing death of a three-year-old girl whose identity remains unknown. (R/T)
10.45 **Law and Order: Criminal Intent** When a woman is murdered while on the phone with a 911 operator, Goran and Eames take the case and soon realise she is one of five people murdered by the same person. (R/T)
11.45 **Quiz Call** Interactive quiz show giving viewers the chance to answer questions for money. Free entry is available through quizcall.co.uk.
1.00 (BST) Major League Baseball (T) **3.20** (GMT) A1 Grand Prix (T) **4.10** NHRA Drag Racing **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY ONE

6.00am Redcoats **6.30** Redcoats **7.00** Redcoats **7.30** Redcoats **8.00** Star Wars... Feel The Force **9.00** Soccer A.M. **12.00pm** Futurama **12.30** Futurama **1.00** Futurama **1.30** Futurama **2.00** Futurama **2.30** Futurama **3.00** Futurama **3.30** Futurama **4.00** Futurama **4.30** Futurama **5.00** Futurama **5.30** Futurama **6.00** Noel's Are You Smarter Than... **7.00** Futurama **7.30** Futurama **8.00** Futurama **8.30** Futurama **9.00** Road Wars **10.00** Night Cops **11.00** Street Wars **12.00am** Street Wars **1.00** Toughest Pubs in Britain **1.50** The Villa **2.40** Naked In Blackpool **3.30** Australia Uncovered **4.20** Las Vegas **5.00** Guilty!

ITV2

6.00am Coronation Street Omnibus **8.10** Emmerdale Omnibus **10.55** Holiday Showdown **12.00pm** Holiday Airport: Sydney **1.00** ITV at the Movies **1.30** Xtra Factor **2.15** All Star Family Fortunes **3.00** Quantum of Solace: Bond on Location **3.25** Nanny 911 **4.15** Planet's Funniest Animals **4.45** Animals Do the Funniest Things **5.45** **FILM:** Kindergarten Cop **7.45** Superhuman: Super Strong **8.45** Planet's Funniest Animals **9.15** Robyn: The Hot Desk **9.25** Xtra Factor **10.10** Quantum of Solace: Bond on Location **10.40** The Hoosiers: The Hot Desk **10.55** Xtra Factor Results **11.40** Jack Osbourne: Celebrity Adrenaline Junkie **12.40am** The X Factor **1.20** Xtra Factor **2.05** The X Factor - The Result **2.40** Xtra Factor Results **3.20** With a Little Help From My Friends **4.10** Nanny 911 **4.50** Smallville **5.35** ITV at the Movies

BBC3

7.00pm Spendaholics **7.30** The Real Hustle **8.00** The World's Strictest Parents **9.00** Little Britain **9.30** The Most Annoying People of the Year 2007 **12.00am** Two Pints of Lager and a Packet of Crisps **12.30** Two Pints of Lager and a Packet of Crisps **1.00** Coming of Age **1.30** The Real Hustle **2.00** The World's Strictest Parents **3.00** Two Pints of Lager and a Packet of Crisps **3.30** Two Pints of Lager and a Packet of Crisps **4.00** Coming of Age **4.30** Spendaholics **5.30** Close

BBC4

7.00pm Lark Rise to Candleford **8.00** Lark Rise to Candleford **9.00** Reader, I Married Him **10.00** Damages **10.45** Damages **11.30** Mad Men **12.20am** Children's TV on Trial: The Kids' Verdict **1.20** When the Stranglers Met Roland Rat **2.20** Reader, I Married Him **3.20** Children's TV on Trial: The Kids' Verdict **4.20** This is BBC Four **5.30** Close

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SUNDAY
October 26

BBC1

6.00 Breakfast (T) **7.55** Match of the Day (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) **12.00** The Politics Show (T) **1.00** EastEnders (T) **2.55** Murder, She Wrote (R/T) **3.40** Merlin (R/T) **4.25** 'Allo 'Allo! (R/T) **4.55** Points of View (T) **5.10** Songs of Praise (T) **5.50** BBC News (T) **6.05** Regional News and Weather (T)

6.15 Antiques Roadshow (T)

7.15 Strictly Come Dancing: Results Bruce Forsyth and Tess Daly present the results from the sixth round of the celebrity ballroom dancing competition. Eleven celebrities danced a Viennese Waltz or a Paso Doble to win the public's votes, but as ever, the two couples with the lowest score will be placed in the firing line. (T)

8.00 Little Dorrit (New) First in a new 14-part adaptation of Dickens' powerful story of love, honour, debt and hope in 1820s London, adapted by Andrew Davies. (T)

9.00 Stephen Fry in America Stephen Fry journeys across America, hoping to learn more about the country that has always fascinated him. (T)

10.00 BBC News (T)

10.20 Little Britain USA Matt Lucas and David Walliams continue their American odyssey. (R/T)

10.50 FILM: Rabbit-Proof Fence (2002) Australian drama set in the 1930s about three mixed-race girls who are torn brutally from their Aboriginal mother and sent 1,500 miles away to a training camp for domestic workers as part of a government policy to integrate them into white society. Stars Everlyn Sampi, Tianna Sansbury and Laura Monaghan. (T)

12.15 Celebrity Scissorhands (T) **1.15** Weatherview (T) **1.20** Sign Zone: Amazon with Bruce Parry (R/T) **2.20** Silent Witness (R/T) **3.20** Holby City (R/T) **4.20** Joins BBC News (T)

BBC2

6.00 CBeebies: Tikkabilla (R/T) **6.30** Teletubbies (R/T) **6.55** Tweenies Songtime (R/T) **7.00** CBBC: Roar (R/T) **8.00** Mona the Vampire (R/T) **8.10** Bernard (R/T) **8.15** What's New Scooby Doo? (R/T) **8.35** Stupid (R/T) **9.00** CBeebies: Escape from Scorpion Island (T) **10.00** Something for the Weekend (T) **11.30** Film 2008 with Jonathan Ross (R/T) **12.00** Animal Park (T) **12.30** Moto GP: Round 18 - Valencia (T) **2.00** Racing from Aintree (T) **3.30** Rugby League World Cup (T) **4.30** American Football Live (T)

7.00 The American Future: A History, by Simon Schama Simon explores the ways in which faith has shaped American political life. For the first time in a generation it is the Democrats who claim to be the party of God - it is Barak Obama, not John McCain, who has been talking about his faith. (R/T)

8.00 Dragons' Den: Outside the Den Series revealing the lives of the Dragons' Den Dragons. An access all areas journey into the life of Theo Paphitis. (T)

9.00 9/11: The Conspiracy Files The Conspiracy Files delves into the final mystery of 9/11: a third tower at the World Trade Centre, which along with the Twin Towers, also collapsed that day. But this skyscraper was never hit by an aeroplane. (T)

10.00 Match of the Day 2 Adrian Chiles presents highlights from the day's six Premier League games. The pick of the fixtures is Chelsea v Liverpool, the first time these two have met since Luiz Felipe Scolari took over at Stamford Bridge. (T)

11.10 The Electric Proms 2008: Oasis (T) **12.10** American Football - Highlights (T) **12.40** The Graham Norton Show (T) **1.25** Heroes (R/T) **2.10 FILM: The Night Caller** (1965) British sci-fi thriller starring John Saxon, Patricia Haines and Maurice Denham. (T) **3.30** Joins BBC News **4.20** Inside Sport (T) **4.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Championship (T) **10.25** CITV: Finger Tips (T) **10.45** Finger Tips (T) **11.05 FILM: Home Alone 4** (2002) Comedy starring Mike Weinberg, French Stewart and Jason Beghe. (T) **12.50** News and Weather (T) **12.55** Regional News and Weather **1.00** FA Cup First Round Draw (T) **1.30** The X Factor (R/T) **3.10** The X Factor - The Result (R/T) **3.55** Agatha Christie's Poirot (R/T) **5.00** Creature Comforts (R/T) **5.15** Regional News and Weather **5.30** ITV News and Weather (T) **5.45** New You've Been Framed! (T)

6.15 Britannia High (New) New drama series following the lives of six young students at the fictional performing arts school Britannia High. (T)

7.15 Heartbeat Joe and Carol join forces to support a local single mother struggling to cope, but clash over the best course of action. (T)

8.15 A Touch of Frost DI Frost investigates whether three male bodies found buried naked in the shape of a triangle are part of a satanic ritual. Will closer analysis lead him in a different direction? (T)

10.15 ITV News and Weather A round-up of the latest news headlines with Nina Hossain, plus a national weather forecast. (T) (Followed by Local Weather)

10.35 Cildo Meireles: The South Bank Show The programme follows Brazil's leading contemporary artist, Cildo Mereiles, as he prepares for a major retrospective at Tate Modern. (T)

11.35 It's My Life (T) **12.35** Faith in the Frame (T) **1.00** 60 Minute Makeover (R/T) (Followed by ITV News Headlines) **1.55** Antiques Auction (R/T) **2.15** Antiques Auction (R/T) **2.40** Have I Been Here Before (R/T) **3.05** Have I Been Here Before (R/T) **3.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Planet Cook (T) **6.25** Transworld Sport (T) **7.20** The Avon Tyres British GT Championship (T) **7.50** T4: Freesports on 4 (T) **8.20** Freesports on 4 (T) **8.45** Movie Special (R/T) **9.20** Hollyoaks Omnibus (R/T) **11.50** Frock Me (T) **12.40** Friends (R/T) **1.15** 4music Presents... Pink (R/T) **1.45** Friends (R/T) **2.20** When Women Rule The World (R/T) **3.25** 4music Presents... Snow Patrol (R/T) **4.00** The Simpsons (T) **4.30** The Simpsons (T) **5.00** Deal Or No Deal (T) **5.45** Bear Grylls: Born Survivor (T)

6.45 Channel 4 News Includes sport and weather. (T)

7.10 Dispatches: Jon Snow's American Journey As the US Presidential race nears its conclusion, Channel 4 news presenter Jon Snow presents a journey through America, examining key issues being debated in the election. (T)

8.05 FILM: Monster-In-Law (2005) The love life of Charlotte is reduced to an endless string of disastrous blind dates, until she meets the perfect man, Kevin. Unfortunately, his merciless mother will do anything to destroy their relationship. Comedy, starring Jennifer Lopez, Jane Fonda and Michael Vartan. (T)

10.00 FILM: Saw II (2005) Jigsaw locks a few unlucky people in a booby trapped shelter and they must find a way out before they inhale too much of a lethal nerve gas and die. Horror, starring Donnie Wahlberg, Tobin Bell and Shawnee Smith. (T)

11.45 Brothers & Sisters Justin makes a miraculous and speedy recovery which immediately arouses Rebecca's suspicions. Kevin wants answers and pushes Saul to the limit to get them. (T)

12.45 Brothers & Sisters (T) **1.40 FILM: Abar Aranye** (2003) Drama starring Samit Bhanja. (T) **4.05** Dispatches: The Truth About Your Energy Bill (R/T) **5.00** Countdown (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **10.00** Top Trumps: Rescue Rigs (R/T) **10.30** The Great South Run **12.00** Rhino Charge: Austin Stevens' Adventures (R/T) **1.00 FILM: Lost and Found** (1979) Romantic comedy starring Glenda Jackson, George Segal and Maureen Stapleton. (T) **3.05 FILM: The Man Without a Face** (1993) Compelling drama starring Mel Gibson. (T) **5.20 FILM: James and the Giant Peach** (1996) Fantasy telling the story of a young boy who finds escape from his unpleasant aunts when he embarks on an adventure with a group of oversized talking insects who live in a giant magical peach. With the voices of Simon Callow and Susan Sarandon. (T)

6.45 five news National and international news. (T)

7.00 FILM: Alive (1993) Gripping fact-based tale of a college rugby team's 72-day ordeal when their plane crashes high in the Andes. The survivors shelter in the wreckage and eke out the remaining food, but after a week they hear on the radio that the search for them has been abandoned. To stay alive, they must confront the unthinkable and eat the flesh of those who died, whilst finding a way to summon help. Stars Ethan Hawke. (T)

9.00 FILM: Layer Cake (2004) Sharp-edged crime thriller in which a London cocaine dealer wants to retire with his millions and his skin intact, but a mob boss has other ideas, dragging him into a set-up involving a missing junkie, a million stolen ecstasy tablets and an East European hitman. Stars Daniel Craig, George Harris and Michael Gambon. (T)

11.10 Danger Men: Half Million Volt Workers (R/T) **12.10** Major League Baseball **3.30** Motorsport Mundial **3.55** NHRA Drag Racing **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** Stargate Atlantis **8.00** Noel's Are You Smarter Than... **9.00** Malcolm in the Middle **9.30** American Gladiators **11.00** WWE - Experience **12.00pm** Futurama **12.30** Futurama **1.00** Malcolm in the Middle **2.00** Cold Case **3.00** Hairspray: The School Musical **4.30** Futurama **5.00** Futurama **5.30** Futurama **6.00** Futurama **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Fringe **10.10** Bones **11.10** Cold Case **12.10am** Road Wars **1.10** Street Wars **2.00** The Villa **2.55** Naked In Blackpool **3.50** Australia Uncovered **4.45** Road Wars **5.10** Guilty!

ITV2

6.00am Emmerdale Omnibus **8.45** Xtra Factor Results **9.20 FILM:** Kindergarten Cop **11.20** Emmerdale Omnibus **2.10pm** Coronation Street Omnibus **4.35** The X Factor **6.15** The Fashion Show **7.15** The X Factor - The Result **8.00** Everybody Dance Now **9.00** Katie & Peter: The Next Chapter **10.00** Secret Diary of a Call Girl **10.30** No Heroics **11.00 FILM:** GoldenEye **1.35am** Celebrity Juice **2.05** Jack Osbourne: Celebrity Adrenaline Junkie **2.55** Entourage **3.25** Teleshopping **5.55** ITV2 Nightscreen

BBC3

7.00pm NFL Live in London **8.00** Don't Tell the Bride **9.00** Celebrity Scissorhands **10.00** Touch Me, I'm Karen Taylor **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Coming of Age **12.00am** Don't Tell the Bride **1.00** Celebrity Scissorhands **2.00** Touch Me, I'm Karen Taylor **2.30** Two Pints of Lager and a Packet of Crisps **3.00** Celebrity Scissorhands Uncut **5.00** This Is BBC Three **5.32** Close

BBC4

7.00pm The Story of Maths **8.00** Wilderness Explored **9.00** In Love with Barbara **10.25** The Book Programme: Barbara Cartland **11.00** Mark Lawson Talks to John le Carre **12.00am** The Electric Proms 2008: Goldfrapp **12.30** The Electric Proms 2008: Maddy Prior **1.00** Jeff Beck at Ronnie Scott's **2.00** In Love with Barbara **3.25** The Story of Maths **4.25** This is BBC Four **5.32** Close

MONDAY
October 27

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BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 The One Show (T)

7.30 Watchdog Nicky Campbell, Julia Bradbury and Paul Heiney present the latest consumer news and advice from the Watchdog office. (T)

7.57 BBC News and Regional News

8.00 EastEnders Jack and Tanya race against time as they prepare to leave Albert Square before Max discovers their plan. (T)

8.30 Panorama (T)

9.00 Spooks (New) Drama series about the British Security Service. (T)

10.00 BBC News at Ten (T)

10.25 Regional News and Weather

10.33 BBC Weather (T)

10.35 The Dark Side of Fame With Piers Morgan Final in the series exploring the downside of fame profiles Chantelle Houghton. (T)

11.20 Inside Sport Gabby Logan presents a weekly sports show. (T)

11.50 Diwali: A Sikh's Journey Home To mark Diwali, a story symbolising the hurdles faced by families caught up in the clash of cultures, religions, generations and genders in the 21st century. (R/T)

12.20 Celebrity Scissorhands (T) **1.20 FILM: Tunnel Vision** (1994) Thrilling police drama starring Patsy Kensit. (T) **2.50** Autumnwatch Weatherview (T) **2.55** Sign Zone: Antiques Roadshow (R/T) **3.55** Silent Witness (R/T) **4.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** CBBC **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Animal Park: Wild in Africa (R/T) **2.15** Market Kitchen (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (T) **4.30** Are You an Egghead? (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 Dragons' Den: Outside the Den Series revealing the lives of the Dragons' Den Dragons. An access all areas journey into the life of Theo Paphitis. (R/T)

8.00 Autumnwatch (New) From their new home on the magical island of Brownsea in Dorset, Bill Oddie and Kate Humble return live to follow the most dramatic season of the year, aided by a cast of Red Squirrels, Sika Deer and spectacular birdlife on the lagoon. (T)

9.00 Prescott: The Class System And Me John Prescott has been obsessed with class his whole life. (T)

10.00 Have I Got News for You Another edition of the popular news quiz, with regular team captains Ian Hislop and Paul Merton, plus guest host Alexander Armstrong and guest panellist Frank Skinner. (R/T)

10.30 Newsnight In-depth investigation and analysis of the stories behind the day's headlines with Gavin Esler. (T) (Followed by Weather)

11.20 Beautiful People Written by Jonathan Harvey and inspired by the book by Simon Doonan. (R/T)

11.50 The Electric Proms 2008: Highlights Edith Bowman introduces a host of musical talent, with highlights from across the whole of the past five nights of the Electric Proms 2008. (T)

12.50 Ellery Queen (R/T) **1.40** Joins BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks **(New)** (T) **5.00** Golden Balls **(New)** (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Will Jamie and Louise's relationship survive after Jamie's accusation? (T)

7.30 Coronation Street Liam's funeral brings fresh pain for Carla. (T)

8.00 Card Criminals Uncovered: Tonight (T)

8.30 Coronation Street Dev is gutted as he is forced to break up with Tara. (T)

9.00 Wired Final part of the drama. Louise decides to send Erica to live with her father, feeling that she will be safer there. (T)

10.00 News at Ten and Weather (T)

10.40 Life on The Line Police and paramedics, doctors and detectives tell their own stories as cameras follow their working days on the front line as they lock up villains and rescue casualties. (T)

11.10 Harry Hill's TV Burp Harry Hill distills all the week's must-see TV distilled into another half an hour of side-splitting telly. (R/T)

11.40 Ghosthunting with... Coronation Street Yvette Fielding, the world's foremost ghost hunter, takes a group of celebrity friends to explore the deepest, darkest places in the country. (T)

12.40 UEFA Champions League Weekly (T) **1.05** Nightwatch with Steve Scott - Crime (R/T) **2.00** Loose Women (R) **2.50** Chef v Britain (R/T) **3.15** Chef v Britain (R/T) **3.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **7.00** Freshly Squeezed **7.25** Everybody Loves Raymond (R/T) **7.50** Just Shoot Me (R/T) **8.20** Just Shoot Me (R/T) **8.45** Frasier (R/T) **9.15** Will & Grace (R/T) **9.45** Will & Grace (R/T) **10.10** Charmed (R/T) **11.05** Charmed (R/T) **12.00** News at Noon (T) **12.30** Wife Swap USA (R/T) **1.30 FILM: Magic In The Water** (1995) Family fantasy tale starring Mark Harmon, Joshua Jackson and Harley Jane Kozak. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)

7.55 3 Minute Wonder (T)

8.00 Dispatches: Don't Bank On The Bailout City speculator Hugh Hendry searches for the truth behind world financial crisis, and asks whether the multi-billion pound bank bailout can save the British economy. (T)

9.00 Embarrassing Teenage Bodies (New) The Embarrassing Bodies doctors take their clinic to the nation's teenagers. (T)

10.00 I Want My Dad Back Programme following two fathers and sons as they try to re-build broken relationships. 14-year-old Bertie's father Simeon was kicked out by his mother due to drinking and infidelity after the first year of Bertie's life. (T)

11.40 Wife Swap USA A traditional stay-at-home mum from Iowa swaps places with the mother of a family from Georgia who practice the nature-based religion Wicca. (T)

12.40 Embarrassing Teenage Bodies (R) **1.40 FILM: Peggy Sue Got Married** (1986) Comedy starring Kathleen Turner, Nicolas Cage and Barry Miller. **3.25 FILM: The Dive From Clausen'S Pier** (2005) Drama starring Michelle Trachtenberg, Sean Maher and Will Estes. (T) **4.55** St. Elsewhere (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Colin and Justin's - How Not to Decorate (R/T) **12.30** five news (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.05 FILM: Stranger in Town** (1998) Murder mystery starring Harry Hamlin, Rebecca Jenkins and Shaun Johnston. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Lights, Camera, Animals (T)

7.00 five news National and international news. (T)

7.30 Top Trumps: Supercars Robert Llewellyn and Ashley Hames test their knowledge of extreme machines. (T) (Followed by five news update)

8.00 The Gadget Show Consumer technology show presented by Jason Bradbury, Suzi Perry, Dallas Campbell and Jon Bentley. (T) (Followed by five news at 9)

9.00 Unbreakable Adventure series with explorer Benedict Allen in which eight intrepid volunteers undergo an onslaught of physical and mental pressure in a bid to be declared 'unbreakable'. (T)

10.00 Paul Merton in India Series following Paul Merton as he travels through India. Paul lets his hair down in the self-proclaimed 'rock city' of India; visits a centre for the children of prostitutes in Kolkata; and samples the laidback countryside of Kerala in south India. (R/T)

11.05 Police Interceptors Documentary series profiling the work of a high-speed police interception unit in Essex. (R/T)

12.05 Police Interceptors: Special Edition (T) **12.30** Major League Baseball **3.20** Motocross **4.20** The Great South Run **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Redcoats **8.30** Redcoats **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** Futurama **2.30** Futurama **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** Futurama **9.00 FILM:** Analyze This **11.05** Night Cops **12.05am** Road Wars **1.05** Road Wars **2.00** Miami Uncovered **2.55** Naked In Westminster **3.50** Bite Size Brainiac **3.55** Scare Tactics **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Britannia High **8.00** Katie & Peter: The Next Chapter **9.00** Hell's Kitchen USA **10.00 FILM:** GoldenEye **12.40am** Coronation Street **1.10** Coronation Street **1.35** Celebrity Juice **2.00** Teleshopping **5.00** ITV2 Nightscreen

BBC3

7.00pm Spendaholics **7.30** Most Annoying Couples **8.30** Celebrity Scissorhands **9.30** Coming of Age **10.00** EastEnders **10.30** Spooks **11.30** Celebrity Scissorhands **12.30am** Last Man Standing **1.25** Coming of Age **1.55** Most Annoying Couples **2.55** Celebrity Scissorhands Uncut **4.55** This Is BBC Three **5.32** Close

BBC4

7.00pm World News Today **7.30** The British Transport Films: A Nation on Film Special **8.10** Elizabethan Express **8.30** Only Connect **9.00** The Story of Maths **10.00** When Borat Came to Town: Storyville **11.00** Bombay Railway **12.00am** Only Connect **12.30** The Story of Maths **1.30** The British Transport Films: A Nation on Film Special **2.10** Elizabethan Express **2.30** When Borat Came to Town: Storyville **3.30** The Story of Maths **4.30** This is BBC Four **5.32** Close

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TUESDAY
October 28

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (R/T) **11.45** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News at One (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News at Six (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **EastEnders** The police release Jack and Max begins to wonder if he has got himself in too deep. (T)
7.57 **BBC News and Regional News**
8.00 **Holby City** Can Connie bring herself to end her relationship with John? Chrissie struggles with her decision to leave nursing and Joseph realises he has upset Faye and tries to make amends. (T)
9.00 **Spooks** Drama series about the British Security Service. (T)
10.00 **BBC News at Ten** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** The latest weather forecast. (T)
10.35 **Imagine... Jay-Z: He Came, He Saw, He Conquered** Arts documentary series. (T)
11.25 **Film 2008: Quantum of Solace Special** Jonathan Ross previews the return of James Bond in Quantum of Solace. On set with privileged access to the cast and crew, Jonathan talks at length to Daniel Craig, Bond villain Mathieu Almaric, and director Marc Forster. (T)

12.05 Celebrity Scissorhands (T) **1.05** **FILM: Chippendales: Just Can't Get Enough** (2001) Drama starring Jonathan Aube. (T) **2.35** Weatherview (T) **2.40** Sign Zone: See Hear (R/T) **3.10** Beautiful People (R/T) **3.40** Recipe for Success (R/T) **4.25** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** CBBC **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Animal Park: Wild in Africa (R/T) **2.15** Market Kitchen (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (T) **4.30** Are You an Egghead? (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Elephants of Samburu** Saba Douglas Hamilton looks at the elephants of Kenya's Samburu reserve. The elephant orphan is still on the loose, and as darkness falls his life depends on whether Saba and her team can come to the rescue. (R/T)
7.30 **All Over The Shop** Business guru Geoff Burch is on a mission to improve Britain's small shops by teaching them how to turn a profit and please their customers. (T)
8.00 **Autumnwatch** On Brownsea island Bill and Kate set a challenge for the red squirrels to find out whether they are as clever as their grey counterparts. (T)
9.00 **British Style Genius** The series exploring what makes British fashion and style distinctive continues by exploring the idea of a British national costume. (T)
10.00 **Later Live... with Jools Holland** The iconic and legendary Grace Jones performs a track or two from her first album in 18 years, Hurricane, which sees her reunited with the likes of Sly and Robbie. (T)
10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Gavin Esler. (T)
11.20 **Savile Row** Three-part documentary series about Savile Row, the London street famous for its bespoke tailoring establishments. (R/T)

12.20 Joins BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Rosemary Shrager's School For Cooks (T) **5.00** Golden Balls (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Louise decides to pursue her ambitions on the other side of the world - but will Jamie forgive and forget her? (T)
8.00 **Who Wants to Be a Millionaire?** Ten more hopeful contestants compete in the 'fastest finger first' round for a place in the hot seat opposite Chris Tarrant, and the chance to walk away with the top prize of a million pounds. (T)
9.00 **Cops With Cameras** Britain's police record their daily battle on the front line of crime. (T)
10.00 **News at Ten and Weather** Trevor McDonald and Julie Etchingham present a round-up of the day's news, followed by the national weather forecast and the latest news and weather in your region. (T)
10.40 **The Troubles I've Seen** (T)
11.40 **Sally Morgan: Star Psychic** Celebrity psychic Sally Morgan tests her skills on famous people. Today she meets paparazzi king Darren Lyons and Kimberley Stewart, before she gets messages for Lisa Scott-Lee from her recently-deceased grandparents. (T)

12.35 Nightwatch with Steve Scott - Emergency (R/T) **1.25** Quincy, ME (R/T) (Followed By ITV News Headlines) **2.20** Loose Women (R) **3.10** The Jeremy Kyle Show (R/T) **4.05** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** Planet Cook (T) **6.55** Freshly Squeezed **7.20** Everybody Loves Raymond (R/T) **7.50** Just Shoot Me (R/T) **8.20** Just Shoot Me (R/T) **8.45** Frasier (R/T) **9.15** Will & Grace (R/T) **9.45** Will & Grace (R/T) **10.10** Charmed (R/T) **11.05** Charmed (R/T) **12.00** News at Noon (T) **12.30** Wife Swap USA (R/T) **1.30** British Made (R/T) **1.40** **FILM: Catch That Kid** (2004) Adventure tale starring Kristen Stewart, Corbin Bleu and Max Thieriot. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **Miss Naked Beauty** Gok Wan and Myleene Klass conduct a search for Britain's female ambassador for natural beauty. The final 12 women have to learn to love every bit of their bodies when faced with a photo shoot with a twist. (T)
9.00 **Embarrassing Teenage Bodies** The Embarrassing Bodies doctors take their clinic to the nation's teenagers. The mobile clinic visits a music festival attended by 45,000 teens. (T)
10.00 **Neil Morrissey's Risky Business (New)** Actor Neil Morrissey and his best friend Richard Fox attempt to open up their own pub and micro-brewery. Neil and Richard look for the perfect premises and brew up their first beer. (T)
11.05 **The Family** Simon is reluctantly cast in the role of peacemaker as Jane and Emily row over Emily taking her mother's clothes without permission. (R/T)

12.10 Embarrassing Teenage Bodies (R) **1.15** Party Poker Nations Cup 2008 **2.10** KOTV Classics (T) **3.00** FIA GT Championship (T) **3.30** KOTV (T) **3.55** Red Bull Air Race 2008 (R/T) **4.50** Bennetts British Superbike Championship (R/T) **5.45** The Hoobs (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Colin and Justin's - How Not to Decorate (R/T) **12.30** five news (T) **12.45** Going for Gold (T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Going for Gold Extra (T) **3.05** **FILM: 919 Fifth Avenue** (1995) Drama starring Barry Bostwick, Fionnula Flannagan and Denise Richards. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Lights, Camera, Animals (T)

7.00 **five news** National and international news. (T)
7.30 **Highland Emergency** Documentary series following the work of the emergency services in the Highlands of Scotland. (T) (Followed by five news update)
8.00 **Nature Shock** Documentary series examining freak occurrences in the natural world. This instalment focuses on the circumstances surrounding the gruesome events of January 2004 when a dead sperm whale exploded in the middle of a Taiwan street. (T)
9.00 **CSI: Miami** The team investigates the murder of a wealthy businessman. Horatio discovers that the businessman was recently married to Kyle's mother but was about to annul the marriage, and he thinks Julia may have been behind the crime. (T)
10.00 **CSI: NY** New York-based spin-off of the crime drama series. The search for the taxi-cab killer continues. (R/T) (Followed by five news update)
11.00 **Law and Order: SVU** The detectives probe the murder of a graduate student who had been working to rehabilitate hardened criminals. (R/T)

12.00 The FBI Files (R/T) **1.00** NBA Basketball **3.45** NASCAR: The Sprint Cup **4.35** USPGA Golf **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Good Morning Sports Fans **6.30** Good Morning Sports Fans **7.00** Brainiac: Science Abuse **8.00** Redcoats **8.30** Redcoats **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Runway **2.00** Futurama **2.30** Futurama **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Lion Man **5.30** Lion Man **6.00** Malcolm in the Middle **6.30** The Simpsons **7.00** The Simpsons **7.30** The Simpsons **8.00** Stargate Atlantis **9.00** Uk Border Force **10.00** Prison Break **11.00** Drug Wars: D.E.A. **12.00am** Road Wars **1.00** Road Wars **1.50** Miami Uncovered **2.40** Naked In Westminster **3.30** Las Vegas **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.15** The Montel Williams Show **6.00** Judge Judy **6.30** Judge Judy **7.00** Smallville **8.00** Homes from Hell 2008 **9.00** **FILM:** Tomorrow Never Dies **11.25** Quantum of Solace: Bond on Location **11.55** **FILM:** Bird on a Wire **2.05am** Secret Diary of a Call Girl **2.30** Entourage **3.00** Teleshopping

BBC3

7.00pm The Most Annoying Pop Songs... We Hate to Love **8.00** Celebrity Scissorhands **9.00** Last Man Standing **10.00** EastEnders **10.30** Coming of Age **11.00** Spooks **12.00am** Celebrity Scissorhands **1.00** Last Man Standing **2.00** The Most Annoying Pop Songs... We Hate to Love **3.00** Celebrity Scissorhands Uncut **5.00** This Is BBC Three **5.32** Close

BBC4

7.00pm World News Today **7.30** Railway Walks **8.00** 1914-1918 **8.50** Bottom Up: The Chauffeur's Tale **9.00** That Mitchell and Webb Look **9.30** Flight of the Conchords **10.00** The Book Quiz **10.30** In Love with Barbara **11.55** When Borat Came to Town: Storyville **12.55am** Railway Walks **1.25** In Love with Barbara **2.50** Only Connect **3.20** Flight of the Conchords **3.50** The Book Quiz **4.20** This is BBC Four **5.32** Close

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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

To advertise in your weekly guide to the best takeaways in Milton Keynes call 01908 242490

KEBAB HUT

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RESTAURANT AND TAKEAWAY

GOOD FOOD AWARD 2007

KEBABS	Small	Large	Meal
Doner (pitta)	£3.50	£4.20	£3.99
Lamb Shish (naan)	£3.50	£4.20	£3.99
Chicken Doner (naan)	£3.90	£4.90	£4.49
Chicken Tikka (naan)	£3.90	£4.90	£4.49
Lamb Tikka (naan)	£3.90	£4.90	£4.49
Mix Kebab (naan)	£4.50	£6.00	£5.50
Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans)			£13.50

CHICKEN	
1pc meal (1pc, 2 wings, chips, can)	£2.50
2pc meal (2pc, chips, can)	£2.60
3pc meal (3pc, 3 wings, chips, can)	£3.99
Party Pack (6pc, 3 chips, 3 cans)	£8.50
Family Pack (8pc, 4 chips, 3 cans)	£9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans)	£9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans)	£14.99

BURGERS	
Chicken / Fish / Veggie / Bean / ¼lb	£2.50
Burger Meals (excl. ½lb)	£3.49

BIRYANI	
Plain / Chicken / Lamb /Veggie	£4.50
Biryani Meal Deal (any biryani & can)	£5.00

CURRIES	
Chicken / Lamb / Veggie Korma	£3.50
Haleem	£3.50
Aloo Gobi	£3.50
Chicken Jalfrezi	£3.50
Chana Masala	£3.50
Naan	£1.00
Tandoori Roti	£0.50

"Tastiest Food in MK, come and eat-in with us"

222 224

FREE DELIVERY £8 min order, 3 mile radius, from 5pm.
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Chefz 01908 56 76 76

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Chicken or Lamb Tikka	£2.20
2 Sheek Kebab	£2.20

VEGETABLE DISHES	
Vegetable Curry	£2.00
Saag Aloo	£2.00
Tarka Daal	£2.00
Bombay Aloo	£3.50

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Curry Dishes – Chicken or Lamb	£4.00
Korma Dishes – Chicken or Lamb	£4.00
Karahi Dishes – Chicken or Lamb	£4.00
Achari Dishes – Chicken or Lamb	£4.00
Chicken or Lamb Jalfrezi	£4.00
Madras Dishes	£4.00
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BIRYANIS	
Chicken or Lamb Biryani	£4.50

CHEFZ SPECIALS	
Chicken Tikka Masala	£4.00
Garlic Chilli Chicken	£4.00
Rhogan Josh	£4.00

BASMATI RICE AND NAAN BREAD	
Pilau Rice	£2.60
Shada Rice	£2.50
Naan	£1.50
Keema Naan Bread	£1.80
Chilli Naan Bread	£1.50
Garlic Naan Bread	£1.70
Tandoori Roti	£0.60

ACCOMPANIMENTS	
Chutneys	£0.60
Mixed Green Salad	£1.50
Raitha (cucumber or mixed)	£1.60

DESERTS	
Apple Pie	90p
Fudge Cake	£1.60
Strawberry Cheesecake	£1.50
Chocolate Pudding & Custard	£1.60
Haagen Daaz 100ml/500ml	£1.70/£4.50

THIS WEEK ONLY ANY CURRY £4

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Spice up your night with quality food at rock bottom prices.

FREE HOME DELIVERY
(On order over £7 within the Milton Keynes Area)
minimum order £17 for Stony Stratford & Newport Pagnell

10% DISCOUNT
(On all collected order over £12
Not applied to setmeals or Any other offer)

Special Offer 1
Order over £12.50
RECEIVE FREE
2 Chicken Tikka (st) or 2 Onion bhajee (st) 1 Bombay Potato, Mint Sauce & Onion Salad

Special Offer 2
Order 2 Balti Dishes
RECEIVE FREE
2 Papadoms, 2 Chicken Tikka (st) or 2 Onion Bhajee (st) 2 Bombay Potato, 2 Pilau Rice, 2 Nan, 2 Soft Drink, Mint Sauce & Onion Salad

Starters
Onion Bhajee £2.05
Garlic Mushroom £2.35
Chicken Tikka Roll £2.50
Prawn Puree £2.95
Veg Samosa £2.05

Tandoori Specialities
Chicken Tikka £5.15
Chicken Shashlick £7.15
Tandoori Chicken 1/2 ..... £4.15

Traditional Dishes

	Chk	Meat	Prawn
Korma	£4.15	£4.15	£4.70
Rogan	£4.15	£4.15	£4.70
Bhoona	£4.15	£4.15	£4.70
Pathia	£4.15	£4.15	£4.70
Vindaloo	£4.15	£4.15	£4.70
Dansak	£4.15	£4.15	£4.70

Tikka Special Curry Dishes
Chicken or Lamb Tikka Korma ..£6.55
Chicken or Lamb Tikka Curry ..£6.45
Chicken or Lamb Tikka Methi ..£6.55
Chicken or Lamb Tikka Sana ..£6.55

Chef's Recommendation
Tikka Chicken or Lamb Palak ..£5.55
Tikka Chicken or Lamb Chicken £5.55
Tikka Chicken or Lamb Donia ..£5.55
Tandoori Chicken Somsom ..£5.55

Balti Dishes
Balti Prawn Phall £9.95
Balti Chicken Curry £7.50
Balti Mixed Veg Bhajee £8.50
Balti Tandoori Chicken £7.50
(on the bone)

Set MEALS

1 Person £7.50
1 Chicken Tikka (st), 1 Chicken Tikka Massala, 1 Bombay Potato, Pilau Rice, 1 Popadom.

2 Person £14.50
2 Onion Bhajee, 1 Chicken Korma, 1 Meat Rogan, 1 Mushroom Bhajee, 2 Pilau Rice, 1 Nan, 2 Popadoms, 1 Mango Chutney.

4 Persons £29.50
4 Chicken Tikka (st), 1 Chicken Rogan, 1 Meat Dupiaza, 1 Chicken Tikka Massala, 1 Prawn Sag, 1 Vegetable Curry, 1 Mushroom Bhajee, 4 Pilau Rice, 4 Nan, 4 Popadoms.

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Free 1.5 ltr soft drink on orders over £16

PIZZAS	10" Deep Pan	12" Deep Pan	16" Deep Pan
Margarita-Cheese & Tomato	£7.50	£9.50	£13.95
Hawaiian-Cheese, Tomato, Ham, Mushrooms & Pineapple Pepperoni-Cheese, Tomato & Pepperoni Vegetarian-Cheese, Tomato, Mushrooms, Olives,Onion,Sweetcorn, Peppers & Pineapple Sealood-Cheese,Tomato,Tuna, Prawns & Anchovies	£9.50	£11.50	£15.95
Chicken Kiev Pizza-Cheese, Tomato,Mushrooms, Chicken & Garlic Butter Bolognese-Cheese, Tomato,Bolognese, Onion, Peppers Hot & Spicy-Cheese, Tomato, Pepperoni, Spicy Beef,Chilli,Onion & Peppers Meat Feast-Cheese, Tomato,Pepperoni, Spicy Beef,Salami,Chicken & Ham Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers Kebab Pizza-Cheese, Tomato, Doner Kebab & Peppers	£11.50	£12.95	£17.95

MEGA GRILL PACK
LARGE DONNER KEBAB, LARGE SHISH & CHICKEN KEBAB, 4 X PITTA BREADS & 2 FRIES, 2 SAUCES & COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

GRILL PACK
LARGE DONER KEBAB SHISH KEBAB CHICKEN KEBAB 3X PITTA BREAD COLESLAW FRESH SALAD
£10.95

MEGA PIZZA PACK
16" PIZZA OF CHOICE, GARLIC BREAD, ONION RINGS,COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

PIZZA PACK
12" PIZZA OF CHOICE, GARLIC BREAD, COLESLAW, 1.5 LT BOTTLE OF POP
£12.95

Create Your Own Pizza Extra Toppings: 75p 95p £1.15

Garlic Bread	£2.00	BBQ Ribs	£3.50
Garlic Bread & Cheese	£2.50	Meat & Chips	£3.50
Doner Kebab	£4.20	Chicken & Chips	£3.20
Shish Kebab	£4.95	Chicken Nuggets & Chips	£3.50
Chicken Kebab	£4.95	Garlic Mushrooms & Dips	£2.00
House Special Kebab	£5.95	French Fries	£1.00
	1/4lb 1/2lb	Onion Rings	£1.30
Beefburger & Chips	£3.20 £3.80	Ice Cream 500ml	£3.95
Cheeseburger & Chips	£3.40 £4.20	Can of Drink	£0.55
Veggie Burger & Chips	£3.20 £3.80	Bottle of Drink	£1.60
Chicken Burger & Chips	£3.50		
Fresh Salad	£1.50		

MK 320 770

FREE DELIVERY TO MOST MK AREAS
SORRY NO CHEQUES ACCEPTED (MINIMUM ORDER £7.00)

VENICE PIZZA

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The Pizza Experts

	med 10"	large 12"	super 16"
MARGHERITA Cheese & tomato	£8.00	£10.00	£14.00
ALL TIME CLASSIC Ham* & Mushroom	£9.00	£11.00	£15.00
HAWAIIAN DREAM Ham* & Pineapple	£9.00	£11.00	£15.00
OLDE ENGLISH Beans & sausage	£9.50	£11.50	£14.50
ALL DAY BREAKFAST Ham* sausage & onion	£9.00	£11.00	£15.00
BEEFEATER spicy beef, mushroom & onion	£11.00	£13.00	£17.00
MEDITERRANEAN Tuna, prawns, fresh tomato, anchovies	£11.00	£13.00	£17.00
PEPPERONI PRAIRIE double pepperoni	£11.00	£13.00	£17.00
WILD WEST BBQ BBQ sauce, BBQ chicken, onion, peppers	£11.00	£13.00	£17.00
MEAT EATER pepperoni, spicy beef, ham* chicken, salami	£11.00	£13.00	£17.00
NEW YORKER salami, pepperoni, sausage, spicy beef	£11.00	£13.00	£17.00
VEGETARIAN mushroom, onion, peppers, sweetcorn, fresh tomato	£11.00	£13.00	£17.00
VEGI FANTASTIC fresh garlic, onion, olives, peppers, aubergine, herbs	£11.00	£13.00	£17.00
ORIENTAL chinese chicken, pineapple, peppers	£11.00	£13.00	£17.00
CHICKEN TIKKA tandoori chicken, mushroom, peppers, sweetcorn	£11.00	£13.00	£17.00
CALZONE ROLLED PIZZA spicy beef, sausage, ham*, mushroom	£11.00	£13.00	£17.00
VENICE SPECIAL pepperoni spicy beef, ham* mushroom, onion, peppers, sweetcorn	£11.00	£13.00	£17.00
AMERICAN HOT pepperoni, onion, chillies, peppers	£10.00	£12.00	£16.00
VEGI MAX HOT mushroom, onion, peppers, pineapple, sweetcorn	£10.00	£12.00	£16.00
CHICKEN HOT tandoori chicken, mushroom, chillies, peppers	£10.00	£12.00	£16.00

Food rating from MK Council ★★★★

Buy One 16" Get Two 10" FREE upto same value

Buy One Get One FREE upto same value

FREE 1.5 Litre Soft Drink with every order over £16

Side Orders

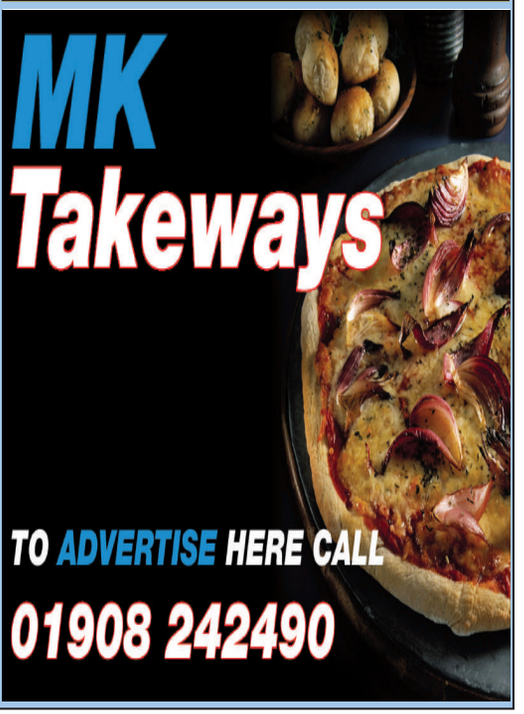
Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
French Fries	£1.20

01908 223322

Open 4.30pm 'till late, free delivery most areas in MK
Minimum order £6.95

AA664928

MK Takeaways



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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces				
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS (ADDITIONAL TOPPINGS £1)	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

FREE DELIVERY
TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU
(ADDITIONAL TOPPINGS £1)

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips 2 Potato Skins filled with Mozzarella & BBQ Dip	0.35
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
NEW BBQ Spare Ribs	4.50

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	1.50
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

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Any Pizza, Any Size
£6.99
(Collection only)

BUY 1 GET 1 FREE
OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL
2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO
Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE
Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New **Chicken BBQ Sizzler** *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New **Lamb Donor Pizza** *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New **Chicken Donor Pizza** *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS

	Single price	Double up
Delicious Dips (ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS
85p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)

Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner

158 Queensway, Bletchley
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FREE DELIVERY (WITHIN SPECIFIED AREA)

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

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Vegetarian

Cheese & Tomato	£6.95	£8.95	£9.95
Vegetarian Hot Mushrooms, Onions, Green Peppers	£8.95	£11.95	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£8.95	£11.95	£13.95
Spinocolli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£8.95	£11.95	£13.95

Traditional

Hawaiian Ham & Pineapple	£7.95	£10.35	£12.95
Ham & Mushroom	£7.95	£10.35	£12.95
Beef One Ground Beef, Onions & Mushrooms	£8.95	£11.45	£13.95
Chinese Chinese Chicken, Mushrooms & Sweetcorn	£8.95	£11.45	£13.95
Classic Bacon, Mushrooms & Fresh Tomato	£8.95	£11.45	£13.95

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£8.95	£11.95	£13.95
Chicken Hot Tandoori Chicken, Green Chillies, Fresh Tomato, Mushrooms	£8.95	£11.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£8.95	£11.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£8.95	£11.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeno Peppers	£8.95	£11.95	£13.95

Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£8.95	£11.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£8.95	£11.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£8.95	£11.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£8.95	£11.95	£13.95
Free Choice Any 4 toppings of your choice	£8.95	£11.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£8.95	£11.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£9.95	£12.95	£14.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami	£9.95	£12.95	£14.95
Meatball Feast BBQ Sauce, Meatballs, Pepperoni, Bacon, Garlic Sausage, Smokey Sausage	£9.95	£12.95	£14.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following

£0.90	£1.00	£1.10
Meat Toppings: Pepperoni, Salami, Garlic Sausage, Smokey Sausage, Ham, Spicy Pork Beef	Chicken Toppings: Tandoori Chicken, Chinese Chicken, Plain Chicken, Mexican Chicken	Seafood Toppings: Tuna, Anchovies, Prawns
Vegetable Toppings: Pineapple, Mushrooms, Sweetcorn, Green Peppers Red peppers, Onions, Fresh Tomato, Green Chillies Aubergine, Fresh Garlic, Jalapeno peppers, Black Olives, Spinach, Broccoli		

Starters

Garlic Bread (4pcs)	£1.70	With Cheese (4pcs)	£2.20
Cheesy Garlic Pizza Bread (7")	£3.50	Breaded Mozzarella Sticks (8pcs)	£3.95
Potato Twisters (Per Portion)	£2.95	Potato Wedges (Per Portion)	£2.95
Potato Wedges (Per Portion)	£2.95	Potato Skins (5pcs) with cheese	£3.95
Potato Skins (5pcs) with cheese	£4.95	Jalapeno Peppers Cream cheese (6pcs)	£3.95
Onion Rings (10 rings)	£2.50		
Dips, garlic & Mayonnaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.95	BBQ Wings (8pcs)	£3.95
Chicken Nuggets (6pcs)	£2.50	Southern Fried Mr Chicken (6pcs)	£3.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£4.95	Vegetable Lasagne	£4.95
Meat Lasagne	£4.95	Chicken & Mushroom Pasta	£4.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.50
Green Salad	£2.50	Coleslaw	£1.50

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream	£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee	£4.95

Desserts

Tennessee Toffee Pie	£2.50	Chocolate Fudge Cake	£2.50
Strawberry Cheese Cake	£2.50	Banoffi Pie	£2.50

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.70

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Triple Choice
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3 Medium £17 - 3 Large 12" £22
3 Supersize 15" pizzas £27

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One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread.
Medium £6.00 (plus one can of drink) - Large £8.00 (plus two cans of drink)

2's Special
Any 2 Pizzas*
10.5" - £13.90
12"- £16.90 15"- £18.90

Double Deal
Any 2 large 12" Pizzas, 2 Dips
2 Starters & Bottle of soft drink.
£20.95 (save up to £6.00)

Beat the clock! only £10.95
Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink. If ordered and delivered before 4pm Mon-Thurs (save up to £7.65)

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DAILYLIFE

TODAY

Until Saturday

CARPE Jugulum, The Chrysalis, Japonica Lane, Willen Park South. 7.30pm. Tickets £8 (£7 concessions) Save 50p per ticket by booking and paying for tickets in advance.
available from: www.lltc.co.uk or 07979 403517

Until Saturday

CITY of Angels - Company MK. Stantonbury Campus Theatre. Hollywood in the 1940's: glamour, fame and stardom! But for author Stine, producing films is a tough business, especially if you're working for ruthless producer Buddy Fiddler: Through the endless rewrites, Stine's black and white movie comes to life, as Stone, a hard-bitten private detective, searches for the missing daughter of femme fatale, Alaura Kingsley. What he finds is more than he bargained for.
Box Office 01908 324422. 7.30pm nightly. Saturday matinee at 2.30pm

FRIDAY

SPREADEAGLES. Shenley Leisure Centre. A night of hard hitting rock by one of the best local cover bands, providing us with the best of the Eagles.
www.shenleyleisure.org.uk

THE Cassini-Huygens Mission, Rectory Cottages, Church Green Road, Bletchley. The Annual Richard Lambert Memorial Lecture presented by Professor John Zarnecki of the Open University and organised by the Milton Keynes Astronomical Society at Rectory Cottages, Church Green Road, Bletchley on October 24 at 8pm. Admission free. All welcome
E-mail: mike.leggett@fsmail.net
www.mkas.org.uk

SLIP This Way, Ceramics Half Term Workshops. Runs all next week. Kingston Craft Centre (between Tesco an gym). Paint your own witches, gargoyles, pumpkins and other ghouls for Halloween at Slip This Way Ceramics. Friday - Halloween plates
Tuesday - pumpkins. Wednesday - witches and ghosts. Thurday - sSkull/Frankenstein mugs. Friday - Free Choice from full Halloween range.
Contact ??????

SATURDAY

Milton Keynes City Church . 7.45pm. Prize-winning choir. Programme to include music from Renaissance Polyphony (Dering, Parsons, Weelkes), German/English Baroque (Schutz, Purcell), The Nineteenth Century (Brahms, Bruckner), and Twentieth Century (Howells, Vaughan-Williams).
Admission £9, (conc £8.50) child £2 at the door.

MK Hike Saturday Walk, Woburn. 10.30am. Join MK Hike, a group of 20 to 40-something walkers who lead walks of various lengths in the Bucks area. Meet in the public car park behind the Inn at Woburn for an eight-mile walk through Woburn deer park, across fields to Eversholt and Ridgemont (pub stop) and back to Woburn via Husbourne Crawley. Bring a packed lunch.

MILTON Keynes Deaf Children's Society is having a Halloween party and relaunch on 4-7pm in Bradville Hall, Mercers Drive, Bradville. The society is promising free family fun. For more details contact Jason Brucass on 07904 155173 or email mkdcs@aol.com.

ROCKING Horse Night: Little Pig. The White Horse in Stony High Street opens its doors to another rocking night - this time with Little Pig – half of The Great PigInTheSky Pink Floyd tribute band. Free entry and a 9pm start.

SUNDAY

THE Zeroes. Woughton Leisure Centre. Live band in the theatre at lunchtime (1pm), FREE entry, families welcome.

TRAVELLIFE

Diversity is Toronto's strength

The Canadian city of Toronto is cool, cultural, vibrant and classy - a perfect location for the Luminato Festival 2008 which celebrates arts and creativity and hosts 138 events over ten days.

To give you an idea of its size and popularity Luminato is only in its second year and is already drawing sponsors from the likes of L'Oreal.

If the infamous Toronto Film Festival closes the season then its little sister Luminato surely opens it - and with pure style too.

Toronto is home to 5.8 million people and a large chunk of them enjoyed Luminato and like me went to Young- Dundas Square in the heart of the city to watch the Count Basie Orchestra accompanied by jazz sensation 14-year Nicki Yanosky kick off proceedings during a colourful open-air party.

Wow, that girl can sing.

Then after a few drinks and dances, on to possibly the most glamorous event I have ever attended - a gala party in the Royal Ontario Museum hosted by Giorgio Armani.

A perfect introduction to Luminato was followed by a perfect introduction to its host with a guided tour by charismatic Bruce Bell (Brucebelltours.com) who showed us around the magnificent city. It was an early start and I knew why when the temperature had already reached 23 degrees by 9.15am.

Bruce explained some of the provincial capital of Ontario's history, much of which includes mimicking English architecture. Way back in history the old Torontarians, with the assistance of their British cousins, tore down much of what occupied the land to make way for the awe-inspiring skyscrapers that still exist.

Although a little controversial the demolition job was needed to secure the city's future and put it firmly of the architectural map where it remains today.

Over the decades Toronto has evolved into a place that is cosmopolitan and international. It's one of the world's most diverse cities by virtue of its multicultural population - around 50 per cent of the population were born outside Toronto, which is widely regarded as one of the most desirable places to live on the planet.

It's easy to believe this as you walk around. In spite of its gigantic population and more than its fair share of tourists, Toronto feels safe. Crime figures are comparatively low and it has far less congestion than you imagine.

Hailing a cab is easy and getting around by taxi, subway or tram is convenient and cheap.

There's a great labyrinth of paths underground in downtown Toronto - 68km to be precise - which links the subway stations to a maze-like shopping centre. Basically it's an entire city underground so when the sub-zero temperatures kick in (it can get as low as -10ƒC on a bad day in winter) shoppers don't have to risk contracting frost bite for the sake of enjoying a bit of retail therapy.

The skyline is dominated by the CN Tower a landmark that can be used as a sort of compass to direct you.

There are masses of other skyscrapers but none quite as large as the CN Tower which, until fairly recently was the world's tallest man-made structure before Dubai built The Burj.

You must go to the top even if you are a bit scared of heights. The view showcases the city as the tower dwarfs hundreds of other buildings at 1,815 feet 5 inches from base to tip. And if you're feeling really brave stand on the glass floor.

And Niagara Falls is an hour-and-ahalf away from downtown Toronto. The Niagara River separates the Canadian Province of Ontario and the State of New York and I recommend a ride on The Maid of the Mist boat which gets you up close to the waterfalls.

You'll be grateful for the full-length blue waterproof handed out on board as remaining dry is not an option.

I don't know if it shows but I was impressed with this place. A great holiday destination with so much going for it - and a great time to plan your trip would be during next year's Luminato Festival which I'm sure will be bigger and better than the one I enjoyed.

GAYNOR SELBY

TASTELIFE

AUBERGINE FINE FOODS

Woburn Sands

Reviewed by the MK News team.

A DELI that offers specialities from across the globe alongside the finest local produce is celebrating its first birthday.

In the heart of Woburn Sands, Aubergine Fine Foods provides an array of cheeses, salamis, chorizos, pastas, cooking sauces, preserves, chocolates, breads, biscuits and much more.

It is run by local residents Jill and John Goulding, who quit their day jobs to set the shop up and fulfil their dream.

The couple source their produce from the area as much as possible offering free range eggs from Cranfield; bacon, sausages and hams from Bedfordshire; and honey, vegetables and home-made cakes from their home village.

And there's a big emphasis on sourcing ethical foods with recyclable packaging.

Plus, the deli is now offering business and event menus with free local delivery, perfect for office meetings.

The MK NEWS team tried out a selection of their cheeses from the famous Neal's Yard in London, including the flavoursome Colston Bassett Stilton (£2 per 100g) and Brie De Meaux (£1.85 per 100g) which were delicious with a slice of their walnut loaf.

We also tried the not-for-the-faint-hearted Napok salami (£2.20 per 100g) with chilli and the more subtle but gorgeous salami with Fennel (£2.30 per 100g), a Tuscan speciality.

The team was unanimous in its salutation of the deli's pork pie, from Walter Smith Butchers in Birmingham which has won gold at the Guild of Fine Food's Great Taste Awards 2007 and was featured on Chris Evan's show on BBC Radio 2.

The pie, which is prepared, filled and finished by hand and weighs in at a whopping 1lb (approx), costs £3.99 whole or £2.50 for half and a pork pie salad costs £4.50.

In the heart of Woburn Sands: Aubergine Fine Foods run by local couple Jill and John Goulding

The team also enjoyed the duck pate (£1.80 per 100g) and houmous salad (£4.25).

This was topped off with a slice of homemade flapjack (£1), banana cake (£1.50) and coffee and walnut cake (£1.20).

The deli also offers an increasing range of 'free from' foods for people with special dietary requirements.

And its new lunch menu offers pasta dishes, filled ciabatta rolls and gourmet salads, plus great coffee and fresh fruit smoothies.

MK JOBS FAIR 2008

Exhibition Guide

Wednesday 29th October 9.30AM - 7.30PM

FREE ADMISSION

Hilton Hotel
Timbold Drive, Kents Hill Park,
Milton Keynes, MK7 6HL

Hilton

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The Army recruit both men and women aged between 16 and 33 into seven career groups - Combat; Engineering; Logistics & Supply; Intelligence; IT & Comms; HR and Finance; Medical and Musical and Ceremonial.
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Fyfield Barrow Milton Keynes MK7 7WH Tel. 01908 677954
www.waltonhigh.org.uk Principal: Michelle Currie

Walton High has a reputation for innovative approaches to teaching and learning. We are the lead school in a Leading Edge Partnership, a Business & Enterprise specialist college and have recently been awarded Training School status. Our high quality team of teachers and support staff enable students to be successful across the curriculum.

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If you have a Maths or Science related degree we will train you to teach in a secondary school and pay you while you train. You could begin training in January and qualified to teach before the end of 2009.

For more information please contact Walton High on 01908 677 954 or email recruitment@waltonhigh.org.uk.

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www.waltonhigh.org.uk

Milton Keynes Maths Initiative

The national shortage of well qualified Maths teachers is news to no one.

But one school's answer to the problem certainly is!
Walton High, recently reconfirmed as 'outstanding' by Ofsted, is committed to providing opportunities for graduates to earn while they learn by expanding its Graduate Teacher Programme for potential teachers.
Graduates with Maths related degrees are invited to train at Walton High and other local schools, thus ensuring that the young people of Milton Keynes have access to a high quality Maths education.
Well qualified and enthusiastic graduates could begin training in January and be qualified to teach before the end of 2009. Recent research indicates that teachers are far more likely to show high levels of enjoyment in their job; to be fulfilled and to experience a sense of achievement through working with young people.
For further information on this exciting initiative, please contact Walton High on 01908 677 954 or email recruitment@waltonhigh.org.uk

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Milton Keynes Council has number of opportunities for people who want to broaden their careers in a growing city.

We're creating a truly world-class city here. A city that is a great place to live and work with new infrastructure, transportation, housing, education social care and planning projects in place.

What better place is there to be if you want to work on a range of interesting projects that will affect the future of Milton Keynes. In a growing city your skills will create a real difference reflecting not only the new challenges and tasks that you will encounter in your career but also to the future of the city.

To find out about the job opportunities available please visit www.theplacetobe.info

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MILTON KEYNES COUNCIL

Milton Keynes Council. There's nowhere better to grow

Milton Keynes is one of the fastest expanding and most attractive cities in the country. But you won't just be enjoying our excellent theatre, superb shopping, scenic parks, countless lakes and endless woodland. You'll also relish the challenge to make a difference every day with a truly innovative and dynamic council.

We need everyone from Administrative Assistants to Teachers, Social Workers and Planners, and we'll give you all the space you need to grow – plus a great work life/balance, brilliant benefits and family-friendly policies.

Quite simply, this is the place to build your future. To discover why, learn more and apply online at www.theplacetobe.info, where you can read about new vacancies every day. We've even got absorbing information on career development, training, the New Deal and much more.
So go there now – and get set to grow here.

Milton Keynes Council. The place to be.

Milton Keynes COLLEGE

"The support you get from colleagues, the variety of individuals you get to meet, and the good routes of progression make this the ideal place to work" - Yvonne, Woughton Skills Ladder Manager

Milton Keynes College is leading the way as an education provider. Providing vocational, academic, professional and higher education courses at 4 Milton Keynes based campuses, plus a huge offender learning programme across numerous prisons and young offenders units, we offer careers in the following:

- Teaching & Assessing
- Student Support (Careers, Counselling, Youth Work, Customer Services etc)
- Staff Support (Administration, IT, Marketing, Finance, HR, Reception, Security etc)
- Management & Leadership

We're giving you the opportunity to come along and find out more about us. By visiting us at the MK Jobs Fair, you can register for regular vacancy updates, ask about current and up and coming opportunities, or just find out what it's like to work at Milton Keynes College. So come along and see us at:

The MK Jobs Fair 2008
Hilton Hotel
Kents Hill
Milton Keynes

Wednesday 29th October 2008 from 9.30am – 7.30pm

For details of vacancies, or more information about Milton Keynes College:
Visit: www.mkcollege.ac.uk
Call: 01908 684327 (answer phone)
Email: recruitment@mkcollege.ac.uk

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Milton Keynes College is student focused, positive about change, and values diversity. Our success is due to our staff, our culture and our beliefs in working in partnership with others.

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www.iiduk.org

"Since joining, my teaching career has really developed. The ongoing support and encouragement really help you to feel valued and appreciated as an employee – *Zoe, Course Leader, Art, Design & Media*"

Milton Keynes College is leading the way as an education provider. To compliment our outstanding facilities, we also strive for the highest levels of service to provide our learners with the ultimate educational experience.

Providing vocational, academic, professional and higher education courses at 4 Milton Keynes based campuses, plus a huge offender learning programme across numerous prisons and young offenders units, we offer a huge number of teaching, support and management careers.

We're looking for people to join our professional workforce of 1,300 employees. So if you're looking for an exciting career, with an excellent benefits package and training to match, look no further.

Jobs at Milton Keynes College, Whatever your Direction

MK JOBS FAIR

Recruitment Training & Education Exhibition

Wednesday 29th October 2008

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Oriflame, the natural swedish cosmetics company, are undergoing a major relaunch in the U.K and Ireland having just moved their Head Office back to Milton Keynes.

Oriflame produces high quality natural skin care products at exceptionally good value prices and Internationally are quickly establishing themselves in the cosmetics field with over 1.5 million consultants and a £1billion turnover. Here in the U.K the Company is going from strength to strength and is currently recruiting in all parts of the U.K and Ireland.

Vacancies exist for both full and part time people and the career opportunities within the business have never been better. Oriflame prides itself not only on its products but also on the the superb training and support that it offers to all its Consultants.

This training ranges from general product knowledge to fully fledged beauty and make-over training. Its Research and Development facility, based in Dublin, is a state of the art facility that ensures that Oriflame stay at the forefront of innovative skin care research. If you would like to know more about our fabulous products or are interested in the business opportunites that we have to offer then visit us at the Milton Keynes roadshow on 29th October.

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We are a local, well-established and rapidly expanding business comprised of two Companies: The Driving Instructor College (a Driving Standards Agency recommended Training Establishment approved by ORDIT (The DSA's Official Register of Driving Instructor Training), and Warden Hill School of Motoring, now one of the largest Driving Schools in the Country.
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Our aim is to given an excellent service and to give our instructors a personal level of help and support and to this end we endeavour to be flexible in both our training and financial terms.
Please contact us for further details at our stand at

The Milton Keynes Jobs fair on Wednesday 29 October 2008, or as follows:

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Allstaff Recruitment Solutions is an independent recruitment consultancy that has been established in Milton Keynes for the past two years and has another branch in Bedford town centre.

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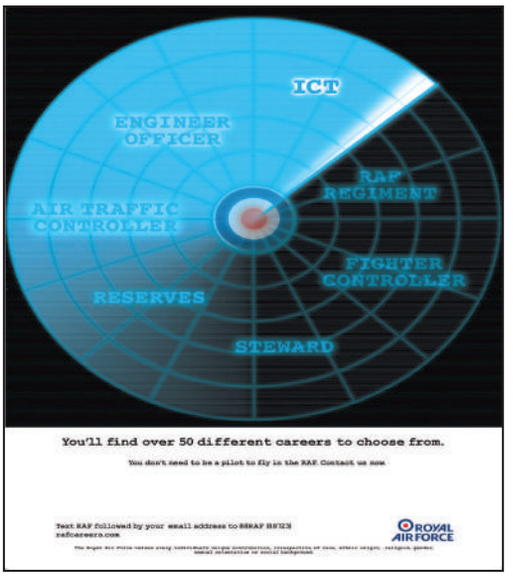

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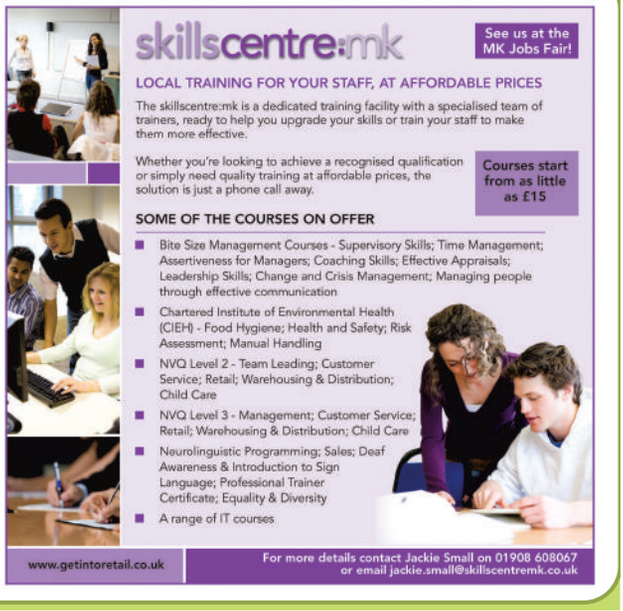

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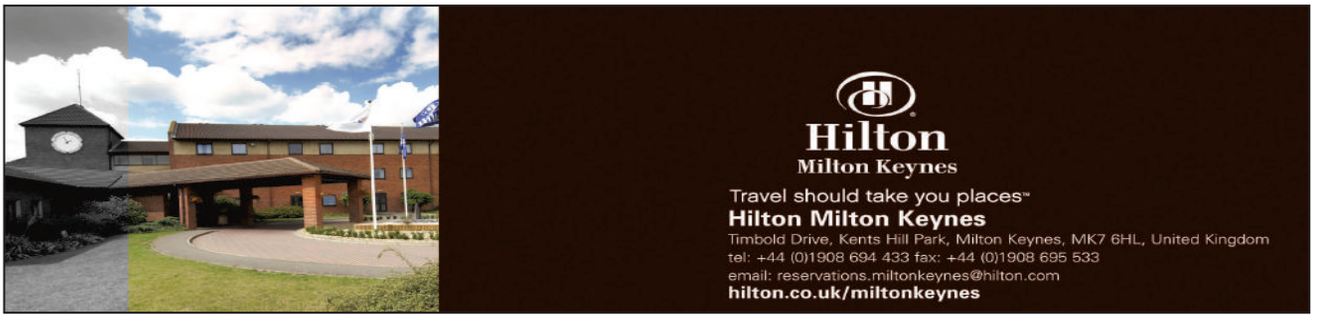

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39YR old female, single mum, seeks fun loving, outgoing male for nights in/out, socialising, maybe more. **Tel No: 0911 374 0222 Box No: 344656**

LESLEY 34, likes nights in/out, seeks loving, caring, fun, genuine male. **Tel No: 0911 374 0222 Box No: 345186**

TALL slim widow, long brown hair, WLTM someone to enjoy the simple things in life with. Call and lets get acquainted. **Tel No: 0911 374 0222 Box No: 340718**

ELIZABETH 75, widow, likes reading, current affairs, animals, countryside, seeks similar gent for friendship. **Tel No: 0911 374 0222 Box No: 344692**

DIVORCED mum, seeks loyal male, 50 plus, likes films, talks, nights in for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 344660**

REFINED cultured lady, slim, smart, well groomed, N/S, OHAC, seeks semi retired gent, 60-70for outings, holidays and weekends together. **Tel No: 0911 374 0222 Box No: 344414**

SANDRA 46, fun loving, single mum, seeks male to love and hug. **Tel No: 0911 374 0222 Box No: 339590**

GORGEOUS tall, slim, footie mad blonde, 22, seeks hunky male for laughs, cuddles and who knows. **Tel No: 0911 374 0222 Box No: 340720**

ATTRACTIVE lady, divorced, slim, GSOH, kind, caring, seeks gent, 60's to be that special person. **Tel No: 0911 374 0222 Box No: 339554**

ELEGANT divorcee, 53, seeking intelligent male who would enjoy intimate, adult conversation, maybe more. **Tel No: 0911 374 0222 Box No: 340722**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 305342**

LOOKING for excitement? A cuddly, bubbly blue eyed blonde would love to meet you. Call me. **Tel No: 0911 374 0222 Box No: 340728**

ATTRACTIVE female, black origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

FIT widow, still got what it takes, seeks experienced male to travel and enjoy life with. **Tel No: 0911 374 0222 Box No: 340730**

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. **Tel No: 0911 374 0222 Box No: 257879**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0911 374 0222 Box No: 295212**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

LOVELY young looking brunette, big blue eyes WLTM country loving male for a fun and very interesting kind of relationship. **Tel No: 0911 374 0222 Box No: 340732**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0911 374 0222 Box No: 226953**

ATTRACTIVE 40yr old blonde, caring, kind, N/S, GSOH, likes clubs, pubs, cinema, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343984**

DIVORCED mum, late 40's, easygoing, likes nights in, seeks male for a loving relationship. **Tel No: 0911 374 0222 Box No: 344188**

BUBBLY attractive 52yr old female, dark hair, blue eyes, likes meals out, walks, swimming, theatre, seeks genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341562**

JAN 43, likes outdoors, music, seeks male of similar age up to 55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343874**

72YR old widow, N/S, GSOH, likes most things, seeks male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 343706**

YOUTHFUL 43yr old female, tall, attractive, seeks professional male of similar age for friendship and good times. **Tel No: 0911 374 0222 Box No: 343224**

WIDOWER 59, 5ft, N/S, cuddly, seeks N/S male, 59-75 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341932**

SLIM brunette, brown eyes, 55, seeks honest, caring male for friendship and outings. **Tel No: 0911 374 0222 Box No: 342952**

LYN 59, widow, strawberry blonde hair, green eyes, 5ft 8ins, GSOH, likes car boots, music, films, nights out, seeks smart male with GSOH. **Tel No: 0911 374 0222 Box No: 342286**

WIDOW 40, caring, attractive, like meals out, seeks gent for kisses and cuddles, maybe more. **Tel No: 0911 374 0222 Box No: 341900**

ATTRACTIVE female, 52, blonde hair, green eyes, cuddly, GSOH, seeks tall male with GSOH. **Tel No: 0911 374 0222 Box No: 341216**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

WIDOW mid 70's, likes dancing, countryside, meals out, coach trips, seeks gent for friendship and companionship. **Tel No: 0911 374 0222 Box No: 341170**

42YR old single biker lady, trustworthy, kind, caring, seeks similar gent, 38-45 for romance and fun. **Tel No: 0911 374 0222 Box No: 340944**

SEARCHING for a fit, fresh Englishman, 30-45 preferably with no ties for likes wise to captivate me. **Tel No: 0911 374 0222 Box No: 339820**

LOVER of classical, light music, animals, gardening, literature, seeks likeminded gent, 50 plus, to put world to rights together. **Tel No: 0911 374 0222 Box No: 339634**

38YR old lady, kind, genuine, medium build, seeks male, 45-55 for relationship. **Tel No: 0911 374 0222 Box No: 338352**

VAL 60, 5ft 4ins, brown hair, likes dancing, walks, music, reading, seeks likeminded male. **Tel No: 0911 374 0222 Box No: 336322**

ATTRACTIVE widow, 61, size 14, caring, Christian, N/S, likes walks, coast, cinema, theatre, seeks committed Christian male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 336116**

PROFESSIONAL black female, 40, single mum, slim, hardworking, honest, GSOH, seeks romantic, honest, reliable white guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 335750**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

GENUINE female, 42, slim, N/S, loyal, kind, animal lover, tattooed, pierced, likes nights in/out, seeks genuine male. **Tel No: 0911 374 0222 Box No: 335634**

58YR old female, passionate, spiritual, compassionate, likes music, nature, sun, sea, seeks gent, similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 334636**

GOOD conversation, laughter and sharing. Curvy 42yr old seeks gentleman who is intelligent and enjoys a wine with friends. **Tel No: 0911 374 0222 Box No: 334442**

50YR old black female, divorced, genuine, soft spoken, seeks caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330698**

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SINGLE mum, 46, OHAC, seeks special male to share good times with, maybe more. **Tel No: 0911 374 0222 Box No: 333566**

42YR old female, single mum, 5ft 5ins, medium build, likes sports, TV, nights in, seeks male, 38-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 329430**

PROFESSIONAL black female, no ties, likes meals out, seeks solvent, fun loving male for kisses, cuddles and maybe more. **Tel No: 0911 374 0222 Box No: 333564**

GENTLEMAN partner required to escort attractive, bubbly female to formal ball, young 54yr old could lead to friendship or more. **Tel No: 0911 374 0222 Box No: 260545**

27YR old brunette, slim, curvy, GSOH, seeks honest, romantic male for dates, possible LTR. **Tel No: 0911 374 0222 Box No: 329192**

WIDOW 60, young outlook, size 10-12, 4ft 11ins, dark hair, N/S, OHAC, seeks male for friendship. **Tel No: 0911 374 0222 Box No: 325488**

YOUNG 60's female, blonde hair, blue eyes, 5ft 6ins, medium build, warm, loving, GSOH, N/S, seeks sincere, loving male, 50-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 327532**

HEAD strong, Amazonia lady, 40's, seeks slender, passive/aggressive male who won't get in the way. Likes cats, dislikes spears. **Tel No: 0911 374 0222 Box No: 327416**

CHRISTIAN female, 47, single mum, size 10, blonde hair, green eyes, likes meals out, theatre, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 326460**

BUBBLY young 47yr old attractive single mum, Mediterranean looking, seeks sincere, loving, handsome male for friendship maybe more. **Tel No: 0911 374 0222 Box No: 325698**

WIDOW late 60's, 5ft 5ins, slim, fit, romantic, tactile, loving, likes theatre, walks, countryside, wildlife, rugby, seeks loving man for genuine relationship. **Tel No: 0911 374 0222 Box No: 325306**

LADY early 60's, tall, smart, semi retired, own car, likes cooking, gardening, seeks tall, kind gent for companionship, outings, possible relationship. **Tel No: 0911 374 0222 Box No: 323968**

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679**

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

FEMALE seeks honest, caring, genuine male, 50-60's for LTR. **Tel No: 0911 374 0222 Box No: 318510**

27YR old female, 5ft 3ins, medium build, hazel eyes, likes pubs, clubs, sports, films, seeks male, 25-35 with similar interests. **Tel No: 0911 374 0222 Box No: 317520**

MELANIE 44, single mum, easygoing, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410**

40'S female, slim, fair hair, blue eyes, GSOH, likes motor bikes, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 317168**

WIDOW slim, seeks gent, 60-70's for friendship, holidays, maybe more. **Tel No: 0911 374 0222 Box No: 313616**

CUDDLY 46yr old female, brown hair, blue eyes, genuine, affectionate, loving, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 313104**

MIKHAILA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313036**

FUN loving 34yr old female, honest, genuine, likes nights in/out, cuddles, seeks similar male. **Tel No: 0911 374 0222 Box No: 312682**

63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816**

ANGIE 31, 5ft 7ins, seeks fun male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312606**

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310774**

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. **Tel No: 0911 374 0222 Box No: 309882**

40YR old female, 5ft 4ins, slim, dark hair, brown eyes, likes walks, films, talks, nights in, seeks male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 308834**

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

ATTRACTIVE independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 308182**

70'S widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. **Tel No: 0911 374 0222 Box No: 306492**

BEAUTY and brains! 44yr old attractive, ambitious female, 35-45. **Tel No: 0911 374 0222 Box No: 257085**

39YR old female, likes pubs, clubs, cinema, meals out, seeks guy with similar tastes, between 35-45. **Tel No: 0911 374 0222 Box No: 303058**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

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GENUINE honest male, seeks similar attractive female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 345024**

ALBERT 66, widower, N/S, retired, 5ft 8ins, clean shaven, likes dancing, country walks, meals out, theatre, seeks nice female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 344802**

MALE 31, 5ft 5ins, green eyes, kind, caring, seeks female, 21-35 for LTR. Any race/nationality. **Tel No: 0911 374 0222 Box No: 344446**

MALE 5ft 7ins, medium build, likes pubs, clubs, seeks similar aged female, 35-50 for fun and friendship. **Tel No: 0911 374 0222 Box No: 344378**

WIDOWER 62, 5ft 10ins, medium build, sincere, trustworthy, likes travel, meals out, reading, seeks sincere lady for friendship, outings and travel. **Tel No: 0911 374 0222 Box No: 341882**

48YR old male, romantic, likes cuddles, nights in, wine, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 340602**

EMERGENCY worker, 44, 5ft 9ins, medium build, blue eyes, brown hair, likes meals out, cinema, walks, seeks female, 35-55 for LTR. **Tel No: 0911 374 0222 Box No: 340080**

JASON 38, 6ft, blue eyes, honest, romantic, passionate, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 334126**

61YR old solicitor, semi retired, smoker with discretion, seeks lady companion. **Tel No: 0911 374 0222 Box No: 333818**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

AVERAGE looking male, 40, 5ft 9ins, brown hair, blue eyes, GSOH, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 342326**

KEVIN 5ft 9ins, likes cooking, walks, pool, bowling, bingo, car boot sales, nights in, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 342238**

37YR old male, 5ft 11ins, slim, honest, GSOH, romantic, likes pubs, meals out, socialising, gym, seeks female, 25-45. **Tel No: 0911 374 0222 Box No: 339378**

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STEVE attractive, 6ft, late 20's, brown hair, seeks female, 18-40 for fun times. **Tel No: 0911 374 0222 Box No: 340310**

PAUL 27, dad, seeks mature female, 27-30 for fun and friendship. **Tel No: 0911 374 0222 Box No: 339524**

GARY early 50's, large build, seeks female for meals out, pubs, cinema, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 339042**

EASYGOING male, 42, down to earth, 5ft 7ins, likes most things, seeks similar female to share good times. **Tel No: 0911 374 0222 Box No: 338582**

PAUL 47, own business, likes clay pigeon shooting, horse riding, cycling, country pubs, seeks N/S female, under 45. **Tel No: 0911 374 0222 Box No: 338068**

LARRY widower, 62, likes fine things in life, seeks similar female. **Tel No: 0911 374 0222 Box No: 336860**

MIKE 41, tall, slim, professional, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 335766**

40YR old builder, divorced dad, likes pubs, cinema, meals out, seeks female, similar age for fun and friendship. **Tel No: 0911 374 0222 Box No: 334650**

TALL slim, romantic, honest guy, 39, seeks genuine female, 30-40. **Tel No: 0911 374 0222 Box No: 331702**

29YR old male, 6ft, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 333626**

MALE 50, tall, slim, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 331958**

LONELY Scorpio male, 45, 5ft 10ins, N/S, likes music, nights in/out, seeks N/S female, 40-46 for LTR. **Tel No: 0911 374 0222 Box No: 331608**

PAUL 36, 5ft 8ins, seeks female, any age/looks for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 333704**

STEVEN 40, uncomplicated, romantic, loyal, 5ft 6ins, blue eyes, blond hair, likes countryside, pubs, golf, seeks loving female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330346**

MALE GSOH, 56, OHAC, N/S, likes drives, meals out, shows, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330004**

JOE 5ft 11ins, dad, likes music, nights in/out, cinema, pubs, seeks similar female. **Tel No: 0911 374 0222 Box No: 329230**

WIDOWER seeks female, 55-60 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 327264**

MALE 40, 5ft 9ins, medium build, blue eyes, blond hair, genuine, trustworthy, seeks female, 30-48 for romance and TLC. **Tel No: 0911 374 0222 Box No: 321490**

48YR old solvent, professional male, 5ft 9ins, fit, likes sports, clubs, theatre, seeks professional, slim female, 30-50 with similar interests. **Tel No: 0911 374 0222 Box No: 322556**

MALE 40, GSOH, 6ft 2ins, caring, fun, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 328732**

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EASYGOING male, down to earth, 59, romantic, 5ft 8ins, slim, attractive, seeks similar female. **Tel No: 0911 374 0222 Box No: 320964**

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930**

ADAM 33, single dad, likes nights in/out, music, pubs, clubs, seeks female, 25-40 for love and romance. **Tel No: 0911 374 0222 Box No: 322226**

ROD 65, N/S, 6ft, brown eyes, OHAC, likes gardening, football, walks, theatre, meals out, holidays, seeks N/S lady, 60 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 307532**

MALE 50, 6ft 2ins, N/S, GSOH, medium build, likes badminton, swimming, walks, seeks slim-medium build female with GSOH. **Tel No: 0911 374 0222 Box No: 280232**

friends-gay

IF YOU'RE looking to meet or chat to other men, look no further. Call **0906 781 0244** or **TXT GAY262** to **80080**

BI male, seeks similar male for friendship and fun times. **Tel No: 0911 374 0222 Box No: 289602**

adult interests

Looking for fun in your area?
Send **FLIRT262** to **88300** and start chatting today! or call **0911 374 0225.**

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MK BUSINESS

Powerful and collective voice for all businesses

MKP chairman Dr Ann Limb

MILTON Keynes Partnership chairman, Dr Ann Limb, has praised the 'powerful and collective voice of leadership' following her appearance as guest speaker of the new Milton Keynes Business Leaders Partnership.

Dr Limb, who attended the first dinner event of the organisation, said it was vitally important to meet members: "I was impressed by the commitment and the energy shown during the evening and the level of interest in taking the city forward.

"The fact that the business voice is working in partnership is really critical. I believe that talking with MKBLP will help people understand that we at MKP are committed to business."

She said it was important to have an umbrella organisation like MKBLP to bring together the leaders of different sized companies, so that the business community had a powerful, collective voice of leadership that represented a range of enterprises.

MKP plays a key role in the decision-making processes that have ensured jobs are created and retained in the city.

Recent examples are Domino's, River Island and the whole of the Magna Park development – and it is important to listen to the kind of business development that is wanted and to help ensure that, where possible, these developments continue to take place during tougher economic times.

MKBLP chairman Philip Smith was delighted with the success of the evening. he said: "This was an excellent start to the new organisation's agenda and I'm grateful to Ann for giving up her time to talk to us.

"Her comments began a lively no holds barred but constructive discussion about some of the key issues for MK. Most importantly, it enabled us to see how business needs to get its point across in the right places and how crucial our role is in ensuring that MKP and other decision makers are listening."

In conclusion, Dr Limb said: "We've seen an example tonight of a contribution towards building up the confidence and the intellectual capital of the city.

"Here you have people with abilities and skills, commitment and vision, sitting round the table debating, sharing ideas and seeing how it can be taken forward."

Milton Keynes Business Leaders Partnership is a limited company launched officially at the beginning of September to identify and promote business interests and the needs of the Milton Keynes business community at large by influencing key decision-makers.

Top enviro awards for new business centre

THE new £8.8m Milton Keynes Business Centre has gained two top environmental awards, after being commended as a sustainable development that minimises environmental impacts.

A BREEAM Environmental Assessment Award gave offices at the Milton Keynes Business Centre a 'very good' rating following a rigorous independent review of design and construction.

Workshops at the Centre were also highly rated in assessments and gained a further Award.

Capital Enterprise Centres (CEC) planned to develop the centre in an environmentally sensitive way from the outset and managing director Peter Boam said the company was delighted to have received the Awards.

He said: "We have an outstanding site at Linford Wood and we wanted to create a campus style business park that would meet all the needs of modern businesses while seeking to minimise environmental impacts.

"Our aim was always to use environmentally friendly systems wherever possible and to ensure that the Milton Keynes centre met high standards in sustainability."

CEC managing director Peter Boam and centre manager Lynn Patey-Smith with the BREEAM Award

MKNEWS BRIEFS

New office for telecoms co

HAYS Telecoms has opened a new office in Silbury Boulevard, CMK, in order to meet increased demand in the region.

The office will enable its team to provide a better, more localised service to employers and candidates.

Lee Chant, managing director at Hays Telecoms, said: "We are looking forward to being better equipped to meet the high level of requirements in the area. This office will service a substantial part of central England."

Lunchtime legends

THE Phat Pasty Co reached the finals of the prestigious Lunch! Retailer of the Year Awards, held at Old Billingsgate, London.

At the awards ceremony The Phat Pasty Co ended up as runners up in the independent category.

The judges commented that they were impressed by the innovative and fun business that Phat Pasty Co had developed.

They were also impressed by the professionalism of the business and loved the funky Phat Vans, which have been developed exclusively for the business.

The Phat Pasty Co has just added its fifth Phat van in Milton Keynes. The distinctive vans visit over 200 businesses in Milton Keynes and Bedford each day with an extensive range of traditional handmade Cornish pasties, homemade soups and sandwiches, baguettes, wraps, ciabattas, bagels and salads.

The original idea was conceived by Laura Clark who said: "We are delighted to reach the finals of such a prestigious award in just our second year of operating the business. We have a great team and are passionate about delivering the very best lunch to our customers. Everyone who sees the funky Phat Vans loves them. Our challenge now is to replicate this across the UK."

Spa-kling award

WHITTLEBURY Hall Hotel, Spa and Management Training Centre has made it to the finals of the prestigious World of Learning Awards in the category of Training Venue of the Year.

The company has also won the Gold Award – Large Hotel of the Year category, at the East Midlands Enjoy England Excellence Awards 2008/09.

Managed quality workspace from £225 per month at Milton Keynes Business Centre
Discounted monthly licence fees fixed until June 2009

Our new business centre at Linford Wood offers modern managed office, studio and workshop units on easy in - easy out monthly licence, with state-of-the-art telephone and internet access, on-site support services, free parking, high-tech security systems and much more.

Call 01908 698700 or visit www.capitalspace.co.uk

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Capital Enterprise Centres

THE DEFINITIVE GUIDE TO YOUR NEXT HOME IN AND AROUND MILTON KEYNES

MK PROPERTY

October 22, 2008 | FREE inside MK NEWS | www.mk-news.co.uk

Spacious home in Aspley Guise

A SPACIOUS and well proportioned detached property situated in Aspley Guise with mature south facing gardens, on a plot approaching one third of an acre.

The property has been subject to extensive extensions and refurbishment and comprises reception hall, lounge, family room, good size open plan kitchen/dining/day room, study, rear lobby, cloakroom, utility room, five bedrooms, two en suites, family bathroom, garage and extra parking with gardens backing onto woodland.

Price £895,000 freehold

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E-mail justask@beasley-partners.co.uk

www.beasley-partners.co.uk

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£88 Million

You would be forgiven if you thought this sum referred to a government bail-out of another financial institution. Its actually the value of property sold STC during July, August & September 2008 by our group in the Milton Keynes area.

Over 450 buyers understood and acted in the current housing market, a market where house prices are significantly lower than a year ago, coupled with even more competitive mortgage rates.

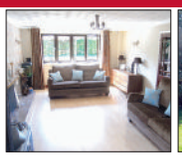
Now is a great time to buy.

Downhead Park — O.I.O. £400,000

This unique property is situated on a generous plot in the leafy location of Downhead Park which boasts:

* Two terraces * An indoor swimming pool and entertainment area * Private gated driveway and gardens to front and rear * Three reception rooms * Kitchen/breakfast * Four bedrooms * En suite and family bathroom * Parking for approx 10 vehicles and double garage.

Woolstone — £525,000



Well presented detached residence which boasts:

*Three reception rooms *Kitchen/diner *Six bedrooms *En suite to master bedroom *Good size plot *Double garage *Enclosed frontage.

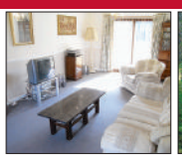
Shenley Lodge O.I.O £400,000

Well presented seven bedroom property which boasts:
*3 reception rooms
*Kitchen/breakfast
*Four bathrooms
*Double garage
*Gardens
*Must be viewed

Whalley Drive O.I.O £400,000

An immaculately presented five bedroom detached which boasts:
*3 reception rooms *Kitchen/family room *Two en suites *Situated on private plot *Beautifully landscaped gardens *Wrought iron gated access to the gravel driveway.

Emerson Valley — O.I.O £350,000



Situated on a large plot in a cul-de-sac 'off road' location close to parkland in Emerson Valley this property boasts:

*3 Reception rooms *Kitchen/family room *Four bedrooms * En suite * Substantial block paved parking *Double garage *Large front and rear gardens.

Giffard Park O.I.O. £300,000

This spacious detached family home is set in approximately 1/4 acre which boasts:

* Detached double garage * Three reception rooms * En-suite to Master and second bedroom * Gardens * scope for extending.

Newton LongvilleO.I.O £300,000

A well presented and enviably located detached property which boasts:

*Three reception rooms * Kitchen/breakfast * Conservatory * Four bedrooms* En suite and family bathroom * Double garage * Rear garden overlooking open paddock land.

Hanslope — O.I.O. £375,000

A rare opportunity to purchase a detached bungalow in a rural setting which boasts:

* Private and generous plot * Block paved parking for numerous vehicles * Lounge* Farmhouse style kitchen/diner with log burning feature fireplace* 4 bedrooms/reception rooms* Utility and 3 bathrooms.

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Grange Farm £169,995

*Three Bedroom Semi Detached
*Downstairs Cloakroom
*Kitchen
*Lounge/Diner
*En Suite to Master Bedroom
*Single Garage
*Off Road Parking
To view call 01908 678151

Walnut Tree £114,995

* 1 Bedroom
* House
* Lounge
* Kitchen
* Bathroom
* Popular location

Kingsmead £204,995

* Four bedroom townhouse
* Double glazed
* Gas radiator heating
* En suite to master bedroom
* 1st floor lounge
* Kitchen/diner
* No upper chain

Monkston OIEO £360,000

* Five bedroom detached property
* Downstairs cloakroom
* Lounge
* Study/games room
* Kitchen/breakfast
* Utility
* En-suite
* Gardens

Willen Guide Price £230,000

* Four Bedroom Detached
* Double glazed
* Lounge
* Conservatory
* Kitchen
* Bathroom
* Garden
* Garage

Great LinfordOIEO £160,000

*Four bedrooms
*Downstairs cloakroom
*Separate lounge
*Kitchen/diner
*Enclosed rear garden
*Double Glazed
*Off road parking

Caldecotte OIEO £275,000

* Four bedrooms
* Separate reception rooms
* Gas to radiator heating
* Double glazing
* Ensuite to master bedroom
* Front and rear gardens
*Off road parking
*Single garage

Shenley Lodge £185,000

*Three Bedroom Terraced
*Refitted Kitchen
*Refitted Bathroom
*Master Bedroom with Ensuite
*Two Double Bedrooms
*Garage
*Off Road Parking
*Front & Rear Gardens

Giffard Park £220,000

* Three bedroom detached
* Lounge
* Kitchen
* Lean to
* Dining Room
* Bathroom
* En-suite
* Garden

Bradwell Village £145,950

* 3 Bedrooms
* Semi detached
* Cloakroom
* Kitchen
* Lounge
* Bathroom
* Gardens
* Garage

Bradwell £146,950

* 3 Bedrooms
* Semi detached
* Lounge
* Dining Room
* Kitchen
* Bathroom
* Gardens
* Garage

Emerson Valley £134,995

* 2 Bedrooms
* Semi Detached
* Lounge
* Kitchen/diner
* Family bathroom
* Gardens
* No chain
* Must be viewed!

Bradwell Village £150,000

* 3 Bedrooms
* Semi detached
* Downstairs shower room
* Kitchen/Breakfast Room
* Study
* Lounge
* Bathroom
* Gardens

Caldecotte Guide Price £375,000

* Four bedroom detached property
* Cloakroom
* Kitchen
* Lounge
* Diner
* Master with en-suite
* Gardens
* Double garage

Neath Hill OIEO £160,000

* Three/Four Bedroom Townhouse
* Entrance Hall
* Cloakroom
* Kitchen
* Dining Room
* Lounge
* Off Road Parking & Garage
* Gardens

Bancroft OIEO £230,000

* Four bedrooms
* Gas to radiator heating
* Lounge
* Kitchen/Diner
* Conservatory
* Family Bathroom & En-suite
* Front & Rear Gardens
* Garage

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Shenley Brook End £139,995

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* Kitchen
* Lounge/Diner
* Family Bathroom
* Front & Rear Gardens
* Off Road Parking
* Call 01908 524456!

Furzton £274,995

* Four Bedroom Detached Property
* Study & Utility
* Kitchen, Lounge & Dining Room
* Conservatory
* Downstairs Cloakroom
* Master Bedroom with En-Suite
* Gardens & Double Garage
* Call 01908 524456!

Emerson Valley £139,995

* Two Bedroom
* End of Terrace
* Central Heating
* Double Glazing
* Kitchen/Diner
* Separate Lounge
* Bathroom
* Garage

Lakes Estate £94,950

* Three Bedrooms
* Mid Terrace
* Double Glazing
* Central Heating
* Kitchen/Diner
* Separate Lounge
* Cloakroom
* Gardens

Grange Farm £185,000

* Three/Four Bedroom Townhouse
* Entrance Hall
* WC/Shower Room
* Lounge/Diner
* Kitchen/Breakfast Room
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Off Road Parking

Furzton £129,950

* Two Bedroom Terraced Property
* Entrance Hall
* Kitchen
* Lounge
* Family Bathroom
* Front & Rear Gardens
* Driveway providing ORP
* No Upper Chain

'Trees' £135,000

* Three Bedrooms
* Double Glazing
* Gas to Radiator Heating
* Lounge & Dining Room
* Kitchen
* Downstairs Cloakroom
* Gardens
* Off Road Parking

Whaddon Way £155,000

* Three Bedrooms
* Semi-Detached
* Double Glazing
* Kitchen & Dining Room
* Conservatory
* Refitted Bathroom
* Driveway & Garage
* No Upper Chain!

Westcroft OIEO £49,995

* One Bedroom Apartment
* Entrance Hall
* Open Plan Living Area
* Balcony
* Family Bathroom
* Off Road Parking
* 50% Share
* Call 01908 524456!

Tattenhoe OIEO £150,000

* Three Bedroom Property
* Semi-Detached
* Kitchen/Diner
* Lounge
* Family Bathroom
* Front & Rear Gardens
* Off Road Parking
* A Viewing is a Must!

Middlesex Drive £150,000

* Three Bedrooms
* Semi-detached
* Central Heating
* Double Glazing
* Lounge
* Bathroom
* Outside
* Off Road Parking

'Saints' £164,995

*Four Bedrooms
*End of terrace property
*Lounge
*Kitchen
*Dining Room
*Bathroom
*Large Rear Garden
To view call 01908 370861

Emerson Valley OIEO £160,000

* Three Bedroom Property
* Link-Detached
* Kitchen & Lounge
* Dining Room
* Family Bathroom
* Front & Rear Gardens
* Garage
* Make an Offer, call 01908 524456!

Kingsmead OIEO £200,000

* Four Bedrooms
* Kitchen/Breakfast Room
* Dining Room
* Downstairs Cloakroom
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Garage
* Call 01908 524456!

Fenny Stratford £159,995

* Two/Three Bedrooms
* 1930's Style Terrace
* Central Heating
* Double Glazing
* Separate Reception Rooms
* Inner Lobby
* Bathroom
* Gardens

Stoke Road £165,000

* Two Bedroom
* Detached Bungalow
* Double Glazing
* Separate Reception Rooms
* Shower Room
* Off Road Parking
* Garage
* No Upper Chain!

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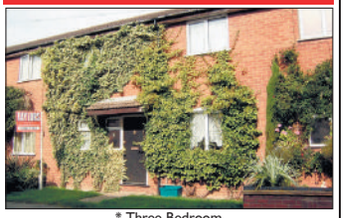
* Extended semi detached 1930s property
* Refitted kitchen * Refitted bathroom
* Conservatory * Ensuite
* Front & rear gardens * Off road parking

Wolverton Mill Offers In Excess Of £175,000

* Three bedrooms * Double glazing
* Gas to radiator heating * Cloakroom
* Ensuite to master bedroom * Front and rear gardens
* Off road parking * Single garage * 01908 312623

Old Stratford O.I.E.O. £175,000

* Spacious
* Three Bedroom
* 1930's Style
* Semi Detached Home
* Double Glazing
* Garage
* Views Over Countryside

Hanslope £159,995

* Three Bedroom
* Terrace Home
* Cloakroom
* Study
* Garage and Garden
* Must Be Viewed! Call 01908 563825

Wolverton Guide Price £220,000

* Three bedrooms * Extended and very well presented
* Refitted kitchen * Separate reception rooms
* Gas to radiator heating * Double glazing
* Ensuite to master bedroom * Front & rear gardens
* 01908 312623

Wolverton £234,995

* Four Bedrooms * Period style property
* Spacious & flexible accommodation
* Potential to convert (subject to planning permission)
* Separate receptions * Cellar * Loft room
* Gardens * Double Garage
* 01908 312623

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Wolverton £109,995

* Two bedrooms * Maisonette
* Well presented * Gas to radiator heating
* Double glazing * Refitted bathroom
* Refitted kitchen * Communal gardens
* NO UPPER CHAIN

Bradville Guide Price £100,000

* Two bedrooms * Spacious property
* Double glazing * Gas to radiator heating
* Refitted kitchen * Refitted bathroom
* Rear garden

Wolverton £169,995

* Three bedrooms * Detached
* Gas to radiator heating
* Double glazing * Front & rear gardens
* Garage *01908 312623

Stony Stratford £199,995

* Two Bedrooms * Very Well Presented
* Refitted Kitchen * Refitted Bathroom
* Gas to Radiator Heating * Garage
* Off Road Parking * Must Be Viewed!!!!

Old Stratford £174,995

* Well Presented * Three Bedroom
* 1930's Style * Semi Detached
* Double Glazing * Large Garden
* Off Road Parking * 01908 563825

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Lavendon £219,950

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* Gardens To Front And Rear
* Single Garage * Village Location
* No Upper Chain * Tel:01234 713333

Grendon £329,950

* Four Bedrooms * Stone Built Property
* Village Location * Re Fitted Kitchen
* Re Fitted Bathroom * Landscaped Rear Garden
* No Upper Chain * Tel: 01234 713333

Newport Pagnell £199,995

* Four Bedroom Semi Detached
* Lounge * Kitchen/Diner
* Bathroom * Rear Garden
* Annexe with en-suite
* Call Now On 01908 611966

Newport Pagnell £129,995

* Three bedrooms * Lounge
* Dining room * Rear garden
* NO UPPER CHAIN * 01908 611966

Harrold £174,995

* Two Bedroom Semi Detached
* Village Location
* Downstairs Cloakroom
* Two Double Bedrooms
* Single Garage
* No Upper Chain
* Tel:01234 713333

Turvey £189,950

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* Lounge/Diner * Fitted Kitchen
* Gardens * Integral garage
* Call Now On 01234 713333

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* 2 Bedrooms * First floor apartment
* Lounge/Diner * Kitchen
* En-suite & Shower Room
* Garage * Communal Gardens
* No upper chain ! * 01234 713333

Irchester £199,995

* Four Bedrooms * Lounge
* Dining Room * Fitted Kitchen/Breakfast Room
* En-suite * Front & Rear Gardens
* Garage & Driveway
* Call Now On 01234 713333

Great Linford £174,995

* Three bedrooms * Chalet style home
* Detached property
* Very well presented * Double glazing
* Gas to radiator heating
* Downstairs Cloakroom * Rear Garden
* 01908 611966

Blakelands £249,995

* Four bedrooms * Detached family home
* Double glazing * Gas to radiator heating
* Ensuite to bedroom one * Garage
* Off road parking * Private rear garden
* 01908 611966

Turvey OIEO £299,950

* Four Bedrooms
* Lounge & Dining Room * Kitchen with Utility
* Conservatory * Ensuite to master
* Front & Rear Gardens * Garage and off road parking
* Call Now on 01234 713333

Olney £144,995

* 2 Bedrooms
* Lounge
* Kitchen
* Bathroom
* Front & Rear Gardens
* In need of some modernisation
* No Upper Chain
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TAYLORS New Homes

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TRADITIONAL 4 BED HOME £220,000

Situated on a newly released development on the edge of Milton Keynes with quick access to the M1. This amazing 4 bedroom home with drive through to parking boasts a separate dining room and large lounge with doors to the back garden.

MOVE NOW WITH PART EXCHANGE! £299,995

Rarely can we offer a traditional two storey family home like this. Spacious 21ft plus lounge with dining room and a family room from the kitchen. With the 4 bedrooms the master has a large dressing room. Outside there is a garage, or for a little more a double can be offered. Situated in a popular area on the edge of west Milton Keynes. The development is away from main roads and backs onto the north bucks bridal way with countryside beyond.

AMAZING VALUE!! £99,995

Not shared ownership, not shared equity, full ownership of a brand new 2 bed apartment for this ridiculous price!! Situated in West Milton Keynes, with easy access to M1. Great for first time buyers. Call Taylors New Homes now for more information!

HUGE 5 BED NEAR TRAIN STATION £339,000

Ideally located brand new five bedroom detached property, with the accommodation set over 3 storeys. Boasting a kitchen/diner, 2 separate reception rooms including a 19'2" lounge. Upstairs there are 5 bedrooms and 4 en-suites. Outside there is a single garage. For more information on this amazing property please call the New Homes specialists now!

STUNNING 4 BEDROOM DETACHED £350,000

This stunning detached home is offered with double garage, Boasting a spacious downstairs and large bedrooms with an abundance of bath/en suites. The first floor accommodation also has two Juliet balconies. Situated on the fringe of east Milton Keynes with excellent access to M1 (Junction 14) and offering popular school catchments. (Internal photos from Showhome).

HUGE APARTMENT!! £138,995

This spacious 2 double bedroom, 2 bathroom apartment is bigger than some 3 bedroom houses at 888sqft. Ideally located with a short walk of the train station. The development offers private residents garden and allocated parking. This is one of the best value new apartments in Milton Keynes. Hurry before it sells!!!

BALCONY OVER THE LAKE! £275,000

Amazing setting to relax on your large balcony. This 4 bedroom home with study has versatile accommodation with carport and garage. Situated in a new area just on the south tip of Milton Keynes. Offering excellent access to Leighton Buzzard, Aylesbury or A5 destinations. Access to central Milton Keynes is via the fast A5 dual carriageway.

IMPOSING EXECUTIVE HOME £430,000

This L shaped home has all the traditional trappings of a 2 storey home. A 21ft lounge with 2 further reception rooms, spacious kitchen/family with utility, four double bedrooms with en-suites to 2. Dressing area to the master, separate shower in the bathroom and a double garage with generous driveway outside. Set in a popular West Milton Keynes area with sought after schooling, and a local centre a short walk away.

VILLAGE LOCATION £235,000

Just 2 miles from Milton Keynes within easy reach of Junction 13 of the M1. A new development centered by an established lake. Rarely available 3 bedroom home with ensuite to the master bedroom. Boasting a south facing garden. Special incentives for this plot are; professionally landscaped and decked rear garden, high glass ceramic floor to kitchen and contemporary kitchen appliances.

FANTASTIC TRADITIONAL HOME £289,950

Seldom do we see normal 2 storey, 2 separate reception, kitchen/breakfast, utility with driveway and garage. So rare as well that the area is in popular West Milton Keynes with good schooling and local centre a short walk. Arrange to see our fully furnished Showhome, key in office. Part exchange available!!

TRADITIONAL 4 BEDROOM DETACHED £290,000

Boasting 4 double bedrooms and a bathroom with shower cubicle as well as the en suite. This family size home is ideally situated on the fringe of Leighton Buzzard with easy access to Aylesbury, A5 Dunstable or Hemel Hempstead. *INCLUDES 5% DEPOSIT PAID, 3% STAMP DUTY AND MOVING COSTS!!

The New Homes Specialists

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TAYLORS
Residential Lettings

TAYLORS LETTINGS OFFICE
436 Midsummer Boulevard

Tel: 01908 393924
email: cmklettings@taylorsestateagents.co.uk

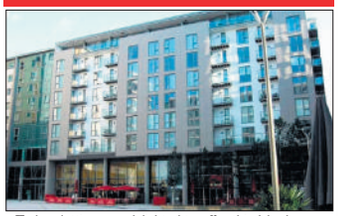
CASTLETHORPE £625pcm

Taylors Lettings are delighted to offer this 2 bedroom property situated in the popular village location of Castlethorpe. The property is offered unfurnished and available immediately.

DEANSHANGER £995pcm

Taylors Lettings are delighted to offer this four bedroom semi detached property situated in the much sought after area of Deanshanger. The property is offered unfurnished and is available immediately. Must be viewed!

CENTRAL MILTON KEYNES £800pcm

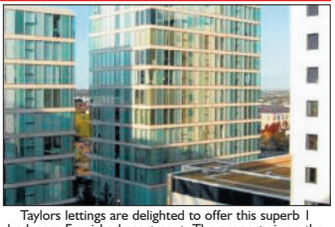


Taylors lettings are delighted to offer this 1 bedroom Fifth floor furnished apartment, situated in the popular Hub development of Central Milton Keynes. The property is available immediately...please call the lettings team to arrange a viewing appointment..01908 393924

CENTRAL MILTON KEYNES £800pcm

Taylors lettings are delighted to offer this stunning 1 bedroom Penthouse apartment situated in the popular Hub development of Milton Keynes. The property is furnished and available now! Please call the lettings team to arrange a viewing appointment..01908 393924

CENTRAL MILTON KEYNES £800pcm



Taylors lettings are delighted to offer this superb 1 bedroom Furnished apartment, The property is on the 6th Floor of Manhattan House, at The Hub MK. The property is furnished and available immediately. Must be viewed!

IS YOUR PROPERTY STILL SITTING EMPTY?
IF SO, CALL TAYLORS AND ADVERTISE TO THE WIDEST POSSIBLE AUDIENCE!

01908 393924

cmk.residentiallettings@taylorsestateagents.co.uk

GRANBY £450pcm

Taylors lettings are pleased to offer this 1 bedroom property situated in the Granby Court area of Bletchley. The property is unfurnished and available immediately, please call the lettings team to arrange a viewing appointment..01908 393924

BLETCHLEY £800pcm

Taylors Residential Lettings are delighted to offer this well presented three bedroom Semi-detached property situated in the highly sought after "South Lawne" area of Bletchley. The property is unfurnished and available from 15th November 08. Must be seen!

A small selection of this weeks HOT PROPERTIES:

Bletchley	2 bed semi-detached	£695 per month
Fenny Stratford	2 bed 1st flr apartment	£725 per month
Haversham	3 bed semi-det	£775 per month
Bletchley	4 bed detached	£900 per month
Furzton	4 bed detached	£995 per month
Lathbury	5 bed property	£1275 per month
Wavendon Gate	6 bed detached	£1900 per month
Grange Farm	6 bed detached	£2500 per month

BLETCHLEY £750pcm

Taylors lettings are delighted to offer this 3 bedroom semi detached property, situated in the popular Poets area of Bletchley. The property is unfurnished and available from 21st October. Must be viewed

BROUGHTON £725pcm

Taylors Lettings are delighted to offer this well presented two bedroom 1st floor apartment, situated in the popular 'Broughton' area of Milton Keynes. The property is available immediately and is unfurnished.

BROUGHTON £725pcm

Taylors Residential Lettings are delighted to offer this stunning two bedroom apartment located in the popular "Broughton" area of Milton Keynes. The property is unfurnished and available immediately. Must be viewed!

CENTRAL MILTON KEYNES £750pcm

Taylors Residential Lettings are delighted to offer this well presented and newly refurbished one bedroom apartment, situated in the much sought after Eaton Mews complex. The property comprises of lounge, diner, kitchen/breakfast, bathroom, double bedroom, communal garden and parking.

GIFFARD PARK £795pcm

Taylors Lettings are delighted to offer this three bedroom semi-detached property situated in the much sought after area of 'Giffard Park'. The property is offered with furnishing optional and is available at the end of October.

Call for a FREE Rental Valuation

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WALNUT TREE — £249,995

FOUR/FIVE BEDROOM DETACHED PROPERTY
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SEPARATE RECEPTION ROOMS
CONSERVATORY
ENCLOSED REAR GARDEN
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MONKSTON PARK — £135,995

TWO BEDROOM GROUND FLOOR MAISONETTE
LOUNGE/DINER
MASTER BEDROOM WITH EN-SUITE
GARAGE & OFF ROAD PARKING
PHOTO SHOWS BLOCK

BLETCHLEY — £114,995

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PUBLIC NOTICE

40 FARMBOROUGH, NETHERFIELD, MILTON KEYNES, BUCKS, MK6 4HG.
We are acting for the mortgagees and have received an offer of £59,950 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contract takes place.

Call Today for a free Market Appraisal

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BOZEAT — OIEO £127,000

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HORTON — £340,000

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A superb spacious 1 bedroom top floor apartment offered for sale as a 50% shared ownership scheme. There is an entrance hall, excellent fitted kitchen/diner, lounge and the bathroom. Double glazed, gas radiator heating and an allocated parking space. Furniture package available.

£58,995

DEANSHANGER

A 2 double bedroom house offered as a 50% shared ownership with no premium. The property comprises: entrance hall, lounge/diner, kitchen with space for breakfast table and the bathroom. There is gas to radiator heating, Upvc double glazing and two block paved off road parking spaces

£72,500

WEST BLETCHLEY

An extended 3 bedroom semi detached house that has been much improved by the present owners. Accommodation includes: ent hall, lounge, re-fitted kitchen / diner, study / utility, cloakroom and whirlpool bathroom. Gas heating to radiators, garage & lovely gardens. No upper chain.

£174,995

BLETCHLEY

Newly refurbished 3 bedroom detached bungalow with a new fully fitted kitchen and bathroom. There is Upvc double glazed windows, gas heating to radiators via a brand new boiler and a garage with extra off road parking and front & rear gardens. Close to the town centre.

£189,995

TWO MILE ASH

A superb 4 bedroom detached house that has been greatly improved by the present owners. The property comprises: entrance hall, lounge, dining room, kitchen, conservatory, master bed with en-suite and a family bathroom. Double glazed, gas to rad heating and a garage. Opposite local park.

£234,995

CHURCH GREEN ROAD

Rarely available 4-5 bedroom detached chalet style bungalow on large plot. The property comprises: ent hall, lounge / diner, kitchen / breakfast, utility, separate dining room / bed 5 / study, bathroom, bed with en-suite, 2 bedrooms on the 1st floor, garage, lots of parking and good size rear garden. No upper chain.

£299,995

EMERSON VALLEY

A superb 4 bed detached house that is in immaculate condition throughout. The property has been constantly improved by the present owners and has the addition of a Upvc double glazed conservatory. Comprising e/hall, lounge, separate dining room, fitted 'Shaker' kitchen, utility room, study/office, Master bed with en-suite and a family bathroom. replacement Upvc double glazing, gas rad heating and a double garage.

£329,995

STOKE HAMMOND

An excellent 5 bedroom detached house located in the corner of a cul-de-sac within this popular village between Leighton Buzzard & Bletchley. The property sits on an extremely good size plot backing onto open paddock land and has a long driveway for several vehicles leading up to the house and the double garage. The house is presented in superb condition in pleasant village surroundings.

£599,995

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Windmill Hill — Backing Onto Golf Course £349,995

NEW O.I.R.O £300,000

A Five bedroom detached family home with a conservatory and a double garage located on the ever popular Windmill Hill Estate. En-suite to master, downstairs cloakroom, utility room, study, gas to radiator central heating system, double glazing, view now to fully appreciate

Central Bletchley — £164,995

NEW O.I.E.O £155,000

An excellent example of a three bedroom family home in walking distance of the town centre. The property offers gas to radiator central heating, double glazing, open plan lounge/diner, kitchen, three double bedrooms, integral garage, front and rear gardens. MUST BE VIEWED.

Bletchley Park — £229,995

OFFERS OVER £200,000

Built in 2007/2008 this spacious Four bedroom family home offers many benefits including downstairs cloakroom, kitchen/diner and ensuite to master bedroom.

Rivers — £174,995

NEW OFFERS OVER £150,000

A Three bedroom detached family home on the Rivers estate. Offering entrance porch, lounge, dining room, kitchen, conservatory, bathroom, gas central heating, double glazed, garage, front & rear gardens.

Simpson Village — £139,995

OFFERS OVER £120,000

A Two bedroom maisonette in the popular residential location of Simpson. Offering entrance hall, lounge/diner, kitchen, bathroom, parking, front & rear gardens.

Eaton Mill — £139,995

ALL OFFERS CONSIDERED

A Two bedroom maisonette in the popular residential location of Simpson. Offering entrance hall, lounge/diner, kitchen, bathroom, parking, front & rear gardens.

Caldecotte — £179,995

OFFERS OVER £150,000

A three bedroom link detached family home comprising downstairs cloakroom, separate lounge, separate dining room, part refitted kitchen, built in oven and hob, ensuite to master bedroom, front and rear gardens, single garage to rear. Vacant possession keys in office.

Bletchley — £50,400

40% SHARED OWNERSHIP

A two bedroom property available on the shared ownership scheme offering entrance hall, lounge/diner, kitchen, two bedrooms, bathroom, allocated parking and gardens to front and rear.

Tattenhoe — £33,600

NEW 30% SHARED OWNERSHIP

A one bedroom property in the very desirable location of Tattenhoe offered under the Shared Ownership Scheme. The property benefits from double glazing, gas central heating to radiators, allocated parking, open plan living/dining area, bedroom, bathroom.

Fife Court — £45,000

30% SHARED OWNERSHIP

A one bedroom property in the very desirable location of Tattenhoe offered under the Shared Ownership scheme. The accommodation briefly comprises entrance hall, cloakroom, kitchen, lounge, bedroom and bathroom, off road parking and rear garden. Viewing highly recommended

Porthcawl Green — £59,950

50% SHARED OWNERSHIP

A one bedroom second floor apartment located in the ever popular Tattenhoe area on the shared ownership scheme. The accommodation briefly comprises entrance hall, lounge, kitchen, bedroom and bathroom.

PoetsOffers in the region £180,000

ALL OFFERS INVITED

A three bedroom semi detached property situated on the popular Poets Development. The accommodation briefly comprises entrance hall, lounge, refitted kitchen, three double bedrooms, refitted bathroom, garage, gas central heating to radiators, double glazing. No upper chain.

Barleyhurst — £209,995

OFFERS OVER £190,00

A Five bedroom semi detached home on the ever popular Barleyhurst Estate. The accommodation briefly comprises entrance hall, downstairs shower room, lounge, dining room, kitchen, study area, five bedrooms, bathroom, front and rear gardens, off road parking.

Emerson Valley — £199,995

OFFERS OVER £190,00

A delightful three bedroom detached family home set in a private cul-de-sac, this property offers downstairs cloakroom, lounge, open plan kitchen/diner, en-suite to master bedroom, study/family room, front and rear gardens. Must be viewed, call Ian now.

Central Bletchley — £174,995

OFFERS OVER £140,000

A three bedroom semi detached home on the Trees. The accommodation briefly comprising entrance porch, entrance hall, lounge, dining room, kitchen, three bedrooms, bathroom, front and rear gardens, garage and driveway.

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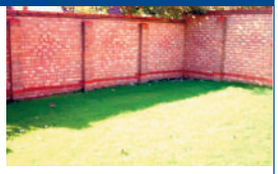
Wavendon Gate — £189,995



A Three bedroom detached property in a popular residential area. Boasting downstairs cloakroom, two reception rooms, kitchen, en-suite to master bedroom, family bathroom, corner plot, front & rear gardens, garage & driveway.

Wavendon Gate — £219,995

A Three bedroom detached family home in a popular residential location. Boasting entrance hall, downstairs cloakroom, lounge, kitchen/diner, conservatory, family bathroom, double glazed, gas central heating, detached single garage and driveway, front & rear gardens.

Westcroft — £329,995

An impressive Five bedroom link detached property in an ever popular location. Within close proximity to local amenities, offering good school catchment area. VIEWINGS HIGHLY RECOMMENDED

Medbourne — £55,000

A One bedroom top floor apartment on the popular shared ownership scheme, for a 50% share. Offering security entrance, lounge/diner/kitchenette, bathroom, communal rear garden.

Monkston — £159,995

A great investment or first time buyer opportunity to purchase a Two bedroom semi-detached in this popular location. The property benefits from entrance hall, lounge, kitchen/diner, bathroom, gas central heating and front & rear gardens.

Bradwell — £164,995

A Three bedroom property in an ever popular location of Bradwell, being offered with NO UPPER CHAIN. VIEWINGS HIGHLY RECOMMENDED, IDEALLY LOCATED FOR RAILWAY STATION ACCESS.

Westcroft — £209,995

A Three bedroom detached family home, which offers good living accommodation. The property benefits from entrance hall, downstairs cloakroom, lounge, dining room, kitchen, en-suite to master bedroom, family bathroom, garage & driveway, front & rear gardens.

Oldbrook — £199,995

A Three bedroom detached property in a popular residential location. Boasting downstairs cloakroom, two reception rooms, kitchen, en-suite to master bedroom, family bathroom, double glazing, gas central heating, garage & driveway.

Middleton — £307,995

A superb example of a Four bedroom detached family home, located in a sought after area. Boasting lounge, kitchen/breakfast area, family room, utility room, dining room, en-suite to master bedroom, double garage with dual parking, double glazed and gas central heating.

Westcroft — £209,995

A Four bedroom semi-detached property in a very popular location with NO UPPER CHAIN, MUST BE VIEWED. Offering downstairs cloakroom, double glazed, two reception rooms, landscaped rear garden, garage (being used as bedroom), en-suite to master bedroom, four double bedrooms.

Wolverton — £48,000

Choice of Brand New Two bedroom flats on ground, first and second floor, on a popular shared ownership scheme for a 30% share. Offering lounge, fitted kitchenette, gas central heating, en-suite to master bedroom, family bathroom, security intercom, allocated parking.

Broughton Manor — £37,500

A One bedroom cluster home for a 30% share, on the popular Shared Ownership scheme. Offering lounge/kitchenette, gas central heating, cloakroom/utility room, en-suite to master bedroom, double glazed, allocated parking.

Woburn Sands — £49,500

Choice of Brand new Two bedroom apartments in a highly sought after location. Offering 30% shared ownership, security intercom, lounge, fitted kitchen with white goods, two double bedrooms, bathroom, parking.

Grange Farm — £214,995

A Four bedroom townhouse situated in this popular residential location. The property benefits from downstairs cloakroom, re-fitted kitchen, lounge, four bedrooms, en-suite to master bedroom, further family bathroom, front & rear gardens, garage, gas central heating and double glazing.

Great Holm — £169,995

A Three bedroom semi-detached home within close proximity to Milton Keynes centre. The property benefits from lounge, dining area, re-fitted kitchen, family bathroom, UPVC double glazed, front & rear gardens, garage and driveway, NO UPPER CHAIN.

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PAs are up town top ranking

PERSONAL assistants working in Milton Keynes are among the top earners within their profession across the UK, according to research released today by OfficeTeam, a leading provider of specialised administrative personnel.

There are clear salary differences amongst PAs working across the UK with those in Milton Keynes who have over five years experience earning on average £8,000 more than their counterparts in Edinburgh who earn on average £22,000.

The OfficeTeam Salary Guide 2009 provides a forecast of annual salaries for administrative personnel across the UK for the coming year.

The much talked about north/south divide remains evident amongst the administrative profession with PAs in the south typically earning higher annual salaries than those based in the North.

Four out of five of the top salaries are earned by PAs working in the south, with Leeds as the only city representing the North in fifth place.

Yet even within just the southern regions, the differences in salary levels of PAs across the region are more prevalent than those in the north. There is a £2,000 difference between PAs working in London and those in Milton Keynes who are next on the top earners' list.

In the north, the salary level of a PA remains fairly consistent with little difference across the various cities.

Rebecca Parnell, regional manager, OfficeTeam said: "The role of the PA has seen significant changes over the past few years with bosses becoming more reliant on their keen organisation skills and ability to handle multiple priorities, more so than ever in today's current economic climate.

"The strong demand for skilled PAs means employers are offering competitive salaries to attract talented workers."

Regional Ranking: Average Annual Salary (5-plus years experience)

Top Five Salaries by Location
1. Central London - £32,000
2. Hammersmith and West London - £32,000
3. Milton Keynes - £30,000
4. Portsmouth - £27,000
5. Leeds - £26,000

Lowest Five Salaries by Location
1. Edinburgh - £22,000
2. Liverpool - £22,000
3. Leicester - £22,000
4. Nottingham - £23,000
5. Birmingham - £23,000

Infamous five CV blunders

The worst blunder you can make when putting a new CV together is to tell an outright lie about your achievements.

That's the opinion of a number of UK bosses quizzed by jobs search engine AllTheTopBananas.com.

It asked more than 50 managers with recruitment responsibilities for their tips to help users of its new service, the UK's cheapest automated online CV writer.

And the compiled tips are a revealing insight into common mistakes job applicants make on CVs.

Dave Martin is MD of AllTheTopBananas.com. He said: "You only have one chance to get an interview for a job, and that's by sending a powerful CV. So you can see why people are inclined to tell lies. But experienced recruiters tell us they can often spot a lie a mile off. If a CV looks too good to be true it probably is. They also throw away CVs with spelling mistakes or packed with irrelevant information."

The top five CV blunders identified by the recruiters are:
1 Lying
2 Spelling or grammar errors
3 Filling the CV with 'me, me, me' or 'I, I, I'
4 Waffling on about things irrelevant to the position you are applying for
5 Forgetting to paint a brief picture of what you do away from work

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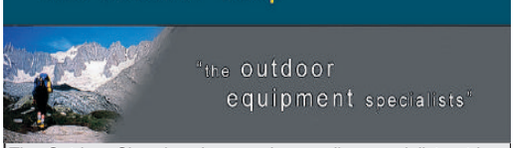
the outdoor shop



The Outdoor Shop is a busy and expanding specialist outdoor retailer with an emphasis on adventure world travel and mountaineering. We have a multi channel sales approach from 'bricks and mortar' retail to online web sales. Please refer to our site at www.theoutdoorshop.com. We now invite applications for the following full time position. The successful candidate for this position should have an active outdoor interest and a reasonable knowledge of current clothing and equipment.

Sales Assistant

Retail experience would be an advantage. Your responsibilities would include all aspects of day-to-day shop life.

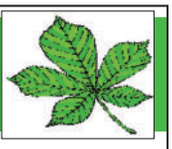
In return we offer a competitive salary plus bonuses and benefits, and the opportunity to work in a friendly and relaxed environment.

Interested individuals should in the first instance contact below for an application form.

Philip Butler, The Outdoor Shop Ltd, 27-31 High Street, Stony Stratford, Milton Keynes MK11 1AA.
Email: phil@theoutdoorshop.com

Closing date for applications: November 7th 2008.

Simpson School



TEACHING ASSISTANT

MK3/4 (L1/2) (depending on experience and qualifications)
29 hours (8.30am – 3.15pm approx)

Help needed!!!!

Some of our KS2 children are looking for a Teaching Assistant to help them in class, to share their work and to have fun!

If you feel you meet their criteria then contact Nicola Hulland at Simpson School, Old Groveway, Simpson, Milton Keynes, MK6 3AZ or telephone 01908 670074

CLOSING DATE: Friday 31ST October 2008
INTERVIEWS: Week beginning 3rd November 2008

mouchel

Mouchel Group is a fast growing company that employs around 11,000 people and delivers a range of services to various clients throughout the country, both in the public and private sector. Mouchel Business Services, a division of Mouchel Group, has recently formed an exciting new partnership with Milton Keynes Council where we believe we can deliver real outcomes for the client and their community.

Surveyor (2 posts)

£24,000 - £28,000

Post 1: Six-Month fixed-term contract Potential Permanent Opportunity **Ref: HE0419/MKN**

Post 2: Permanent **Ref: HE0420/MKN**

We require surveyors with experience of inspecting properties and specifying defects together with or working towards an HNC, higher building qualification, or equivalent to join us. You will have the ability to produce condition surveys, monitor expenditure, and ensure work is carried out in accordance with our policies and procedures.

Safer Communities Unit Administrator

£17,600 - £21,100 pro rata - 22 hours, 3 days per week **Ref: HR0418/MKN**

Professional, confident, and proactive, you will act as the first point of contact for abandoned vehicle enquiries and deal with related administration. Your work will include using systems and spreadsheets, preparing invoices, and writing reports. Skilled in problem solving and decision making, you will have customer care and office experience. For informal enquiries please contact Fiona Kisch on 01908 252905.

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). Please quote appropriate reference.

Closing date: 7 November 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

Transforming Services Together with
Milton Keynes Council

theplacetobe

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Control Centre Operator/Mobile Warden - Community Alarm Service

£17,564 - £21,244 **Ref: 50011156/MKN**

+ Shift Allowances

12 hour shifts (rotating days and nights)

The Community Alarm Service promotes independent living through the use of social alarms and emerging technology (Telecare/Telehealth) in partnership with key stakeholders.

The operator elements of this role will involve taking calls from residents linked to the Community Alarm Service, as well as handling out-of-hours council emergencies. Mobile warden responsibilities will include responding to emergency calls from our disabled and elderly residents and maintaining alarm equipment.

Alongside experience of working with vulnerable people, you will ideally have one year's experience in a control room. Confident dealing with emergency situations, you will have an understanding of community alarm equipment, first aid experience, and a full unendorsed driving licence.

This post is subject to safer recruitment practices.

For informal enquiries please contact Paul Barton on 01918 252772 or Michael Duffy on 01908 252775.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov. uk

Call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference.

Salaries will normally start at the first point of the grade.

Closing date: 7 November 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

It's ability, not disability that counts

MILTON KEYNES COUNCIL

theplacetobe

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Head of Corporate Communications

£47,086 - £44,457 **Ref: 50017015/MKN**

We're creating a truly world-class city here in Milton Keynes. A city that offers outstanding services and facilities to a vibrant, growing population. A city that is a great place to live and work. And one whose future you'll help to define in this challenging post. An inspirational leader with a deep knowledge of the local government arena, you'll add proven expertise in PR and marketing to a sharp strategic focus.

Youth Support Workers

JNC 3 - 6 (£14,766 - £16,478 pro rata) - Various posts ranging from 3hours to 18.5 hours per week **Ref: 50011927/MKN**

You'll need no formal qualifications for this role, as you provide young people aged 13 to 19 with somewhere to go, something to do, and someone to talk to. Creative and enthusiastic in your approach, you will bring experience of working with young people in a variety of settings

This post is subject to safer recruitment practices.

Assistant Nursery Leader - Kingston Day Nursery - 37 hours

£17,574 - £21,244 **Ref: 50012250/MKN**

Alongside assisting in the development and operation of the day nursery and taking charge in the absence of the Nursery Leader, you will provide hands-on care and education with a non discriminatory approach. An NVQ Level 3 qualification or equivalent and experience of working with the under fives is required. This post is a one year fixed term contract.

This post is subject to Safer Recruitment practices.

For informal enquiries please contact Tracey Heayns on 01908 258052.

Nursery Nurse

£13,382 - £15,849 (pro rata for part time)

Fledglings - 18.5 hours (2 posts) **Ref: 50016191/MKN**

Kingston - 37 hours **Ref: 50012255/MKN**

Westcroft Maternity Cover - 37 hours **Ref: 50012313/MKN**

By joining our experienced and creative team, you will provide high quality care and education whilst supporting the operation of the nursery. Enthusiastic, caring, and committed with a non-discriminatory approach, you will be qualified to NVQ Level 3 or equivalent and have experience of working with the under fives. These posts are one year fixed term contracts.

These posts are subject to Safer Recruitment practices.

For informal enquiries please contact Tracey Heayns on 01908 258052.

Library Assistant (Saturdays)

£11,961 - £13,663 pro rata - 5 hours per week (10.00am - 3.00pm) **Ref: 50011553/MKN**

Based in the busy lending department of the Central Library, you will assist customers, issue and return books, DVDs and CDs, and undertake other library duties. Able to work with a wide range of people, you will have grade A-C GCSEs or equivalent in English and maths and an interest in libraries.

Interview date: 28 November 2008.

Landscape Architect

£24,331 - £33,231 **Ref: 50010201/MKN**

Join our expanding Landscape Architecture Team, and you will work on the planning, design, and development of the landscape architectural element of the School Build Programme. A degree or equivalent plus considerable post-qualification experience in a landscape architectural practice, including preparing drawings, estimates, and feasibility studies, will be essential.

For informal enquiries please contact Richard Ferrington on 01908 252270.

Teacher of the Hearing Impaired

MPS + 1 SEN (2 SEN for Qualified TOD) **Ref: 50012589/MKN**

You will develop continuing professional development activities for teachers and other adults and work with schools on the policies and practice relating to students with hearing impairment. A qualified teacher, you will bring recent experience of raising the attainment of pupils with special educational needs and promoting educational inclusion.

Experience and/or an interest in Early Years would be an advantage.

This post is subject to safer recruitment practices.

Families Information Service Manager

£28,270 - £33,231 **Ref: 50012232/MKN**

You will lead the Families Information Service, ensuring the provision of robust, timely, and accurate information on a range of childcare activity and parenting support available for children, young people, and their families. Your wide-ranging service management experience will include project planning IT systems and delivering marketing campaigns.

For informal enquiries please contact Jacqui McGrath on 01908 254513.

Drugs & Alcohol Reduction Co-ordinator

£28,270 - £33,231 **Ref: 50017120/MKN**

Accountable to the Drug and Alcohol Strategy Group, part of the Community Safety Partnership, you will co-ordinate the local delivery of national anti-drug and alcohol strategies. Confident working at a strategic level and conversant with drug and alcohol misuse policies, you will have experience of developing multi-agency initiatives. You will also have proven ability to consult with service users.

For informal enquiries please contact Richard Solly on 01908 254429.

Design Trainee

£11,961 - £18,217 **Ref: 50016004/MKN**

You will support the Landscape Architecture team with the production of computer-aided drawings and graphic design presentations in support of the Education Capital Programme and the SK8MK project. Conversant with street skating, you will bring knowledge of AutoCAD, PageMaker, Photo paint, Word, Excel, PowerPoint, NBS and similar products.

For informal enquiries please contact Richard Ferrington on 01908 252270.

Contract Monitoring Officer

£28,270 - £33,231 **Ref: 50017121/MKN**

Responsible for the contract monitoring process within Adult Social Care, you will oversee a portfolio of contracts and agreements, evaluate service providers, develop consultation arrangements, and enhance processes. Skilled in analysis and reporting, you will have experience of building constructive commercial relationships together with a working knowledge of relevant legislation.

For informal enquiries please contact Mick Hancock on 01908 257967.

Interview date: Week Commencing 24 November 2008.

Auditor

£11,961 - £28,862 (dependent on qualifications and experience) **Ref: 50010113/MKN**

This is an exciting opportunity to help our forward-thinking Internal Audit team review and improve the efficiency and effectiveness of our services. Bring a flexible approach, good team working skills, and the ability to communicate effectively, and we can offer excellent training opportunities and flexible working hours.

For informal enquiries please contact Geoff Barlow on 01908 252268.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov. uk Call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference.

Salaries will normally start at the first point of the grade.

Closing date: 7 November 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

It's ability, not disability that counts

MILTON KEYNES COUNCIL

MK RECRUITMENT

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Home Care Workers

£7 per hour minimum

Plan Care is new to the County and is recruiting Home Care Workers to work with elderly and vulnerable people in their own homes in these areas of Bedfordshire: Bedford, Sandy, Shefford, Biggleswade, Stotfold, Arlesey, Henlow.

You will be able to work full time and/or flexible hours including evenings and week-ends and you will be providing a valuable service to your community.

We pay excellent rates with enhancements for evenings, week-ends, bank holidays and part hour bookings plus a premium for NVQ2 and NVQ3 in Care.

You must have some previous care experience, a caring attitude and be able to work on your own in often stressful situations. We will provide you with full training but you will have to apply for a CRB (police check). Own transport (car, motorbike, bicycle) is useful but not essential.

Please call 01234 270242 or you can email recruitment@planpersonnel.co.uk

Plan Personnel Domiciliary Care Unit 15b, Bedford Heights, Manton Lane, Bedford MK41 7PH.

We are an equal opportunities company

PLAN PERSONNEL

Shenley Brook End School
Headteacher: Mr Glen Martin
Walbank Grove, Shenley Brook End, Milton Keynes MK5 7ZT
Tel: 01908 520264 Fax: 01908 520265
Group 7 11-18+ Mixed Comprehensive Foundation

Looking for a part-time temporary post?

We require a

Minibus Driver

This is a fixed term contract until 17 July 2009.
Rate of pay is £6.91 per hour.
Hours are 4 per week 11.30am-1.30pm Monday and Wednesday, term time only.
The school is seeking to recruit a minibus driver to drive a 16+2 seat minibus operating a shuttle service to and from the school to four locations. You must hold a full, clean, driving licence including category D1 and be able to provide some evidence of your driving ability in previous experience and references. Applications are welcome from candidates who have already passed the Council Driving Test. If you do not have this, we will arrange a test, success at which is a condition of appointment.
Details are available from our website sbeschool.org.uk, via email to personnel@shenleybrookend.milton-keynes.sch.uk or by telephoning 01908 520265. *Pay rise pending
Closing date: 1.00pm on Friday 7 November 2008
The school is committed to safeguarding and promoting the welfare of children and you will be required to undertake an enhanced CRB check

Maths & Computing

SPORT ENGLAND

Healthy Schools

YE THREE FYSHES Turvey, Full time position for Bar / Restaurant person at village pub. NVQ training available. Telephone Hayley or Cliff on 01234 881463

Full time Sales and Marketing Assistant

We are a small, busy office based in Ampthill who are the UK subsidiary of a German Manufacturing company. We have a requirement for a full time Sales and Marketing Assistant working 37.5 hours, Monday to Friday.

The Role entails –
- Making Sales Calls to new and existing customers
- Assisting in sales order entry
- Online Marketing
- Creation of e-newsletters and flyers
- General Administration
- Providing support to Business Manager

The Ideal Candidate will have
- Previous experience in telesales
- The ability to work under own initiative
- A proactive approach to sales
- Working knowledge of Sage

Send CVs to Natalie.Brown@puls.co.uk or PULS UK, Unit 10, Ampthill Business Park, Ampthill, MK45 2QW

NO AGENCIES

MK JOBS 2008 RECRUITMENT & TRAINING EXHIBITION

Wednesday 29th October 9.30AM - 7.30PM

FREE ADMISSION FREE PARKING **Hilton Hotel** Kents Hill Park Milton Keynes MK7 6HL

Career & Job Opportunities For All

CVMATCH

MKNEWS Sponsored by

RESIDENTIAL CHILD CARE OFFICERS

SALARY: MK 4-5 (£15,153 - £20,736) pay award pending.

Residential Child-Care Officers are required for this expanding residential special school for pupils with Autistic Spectrum Disorders. Suitable applicants will join a dedicated, established, residential staff team. Experience and enthusiasm is a requirement for this post, as is a genuine empathy with children and young people. The ability to be flexible, innovative and reliable is highly desirable. Applicants should be qualified to NVQ level 3 in child care or be working towards this. Willingness to undertake further work related training is essential. Salary will be dependent upon qualifications and experience.

- Positions are available for 52 weeks per year and will involve weekend working on a rolling shift pattern.
- Positions are available for 39 weeks per year (pro rata) and will involve a split shift pattern working Monday through to Friday.

If you wish to discuss this post further or to arrange a visit please speak to Steve Bowyer, Head of Care.

For an application pack please contact the school on 01908 563885.

Closing date for Applications: Friday 7th November 2008
Interviews to be held in Week commencing: 17th November 2008.

INVESTOR IN PEOPLE

Healthy Schools

The Walnuts School

The Walnuts School, Admiral Drive, Hazeley, Milton Keynes MK8 0PU
Headteacher: Nick Jackman
Telephone: 01908 563885
Fax: 01908 555617
E-mail: admin@walnuts.milton-keynes.sch.uk

Recruitment Agency Listing

KEY INDUSTRIAL STAFF
Specialist supplier of permanent & temporary staff for the engineering & technical industry.
01908 698345
Key Industrial Staff, 302 Witan Court, Witan Gate West, Milton Keynes MK9 1EJ email pete.riches@key-industrial.co.uk

Expert CVs
Cover Letters
Career Coaching
Call now for a FREE CV REVIEW
01908 522685
marie@mkcvwriting.com

Page Personnel
Permanent and Temporary Accounts and finance staff
Tell: 01908 240545
Fax:01908 355999
4th Floor, Acorn House, 393 Midsummer Boulevard, Milton Keynes MK9 3HP
miltonkeynes@pagepersonnel.co.uk

Working Solutions
THE RECRUITMENT SPECIALIST FOR TEMPORARY & PERMANENT OFFICE AND INDUSTRIAL STAFF
Tel: 01908 540640
Fax: 01908 540646
info@wsrs.co.uk
www.wsrs.co.uk
Working Solutions, 500 Avebury Boulevard, Central Milton Keynes MK9 2BE
Tel: 01908 540640 Fax: 01908 540646

Drivers
HGV 1
HGV 11
7½ Tonne Mates
Tel: 01908 633521
email
janet@dandp.uk.com

Solicitors and Support Staff
Specialist Recruiters
Tel: 01908 608090
email
kim@dandp.uk.com

HR Recruitment Specialists
Tel: 01908 608090
email
michelle@dandp.uk.com

If you are a **Recuitment Agency** and wish to advertise in this listing call **Claire** or **Sarah** on **01908 242490**
www.mk-news.co.uk

WOOTTON UPPER SCHOOL & Arts College
Mixed Comprehensive Upper School 13-18

WORK EXPERIENCE ADMINISTRATOR AND APPLIED LEARNING ADMINISTRATOR

2 posts, each 25 hours per week, term-time plus 4 weeks

Required as soon as possible for the school's administration of this key aspect of our improvement agenda.

Please contact the school for an application pack.

Closing date: Wed. 5th November 2008

Wootton Upper School, Hall End Road, Wootton, Bedford. MK43 9HT.
Tel: 01234 767123 Fax: 01234 765203
Email: wootton@wootton.beds.sch.uk
Website: www.wootton.beds.sch.uk

All posts in schools are subject to Disclosure

NVQ Trainer/ Assessors

Beauty therapy 2 days pw and hairdressing 2 days pw

To train and assess at Oakhill Secure Unit

You will have A1 assessor award or equivalent, be qualified in both subjects, have experience of delivering these qualifications, the ability to meet targets and deadlines

We offer a salary of £23k - £24.7k, 8.30 - 4.30 working hours and on-going development opportunities for the right person

Apply in writing with CV to
Lisa Shepherd & Rachel Timms
Heart of England Training
Eleven Arches House
Leicester Road
Rugby
CV21 1FD or email
lisa@hoet.co.uk
rachel@hoet.co.uk

HOET
Heart of England Training Ltd
www.hoet.co.uk

Heart of England Training is an equal opportunities employer

Project Worker

csv make a difference

Bedfordshire • Ref: VP0815/R2
Starting salary £11,346 pa for 21 hours per week (Equivalent to full-time salary £18,909 pa)

CSV is the largest volunteering and training organisation in the UK, and is excited to be working in partnership with Bedfordshire Youth Offending Service and Bedfordshire Children's Services. CSV Bedfordshire MAP project is a well established, successful mentoring project for young people aged 8 - 18 who may be at risk of offending, at risk of exclusion from school or social exclusion.

You will recruit, train and match volunteer mentors to young people, deliver a monthly volunteer support group, manage volunteer accommodation and ensure risk assessment procedures are implemented. With a proven track record of project management and an ability to deliver targets, you will possess effective negotiation skills, as well as good IT, organisational and administration skills. You will have experience of delivering training to volunteers and staff, have experience of working with socially excluded young people and be familiar with child protection issues.

Closing date: 3rd November 2008, 12pm.
Interview date: 7th November 2008.

If you have what it takes to manage volunteers and work with professional referrers, then apply now via downloading an application pack at www.csv.org.uk/jobs Alternatively, contact Kate Sargeant at ksargeant@csv.org.uk or call 01223 728460.

CSV creates opportunities for people to take an active part in the life of their community.

POSITIVE ABOUT DISABLED PEOPLE | INVESTOR IN PEOPLE | pension scheme | equal opps | free life assurance

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KIND HEARTS DESERVE GENEROUS REWARDS

Care Workers Earn up to £7.61ph*
HCA's Earn up to £7.20ph*
Bedford and surrounding areas

Allied Healthcare is looking for Care Workers to assist elderly people in their own homes and residential homes. You can make a difference working flexible shifts including weekday nights and weekend days. Live-in placements also available. We also need Qualified Nurses and HCA's for weekday night and weekend shifts in local Hospitals. Experience preferable, own transport essential. Whether you're looking for a few hours a week or full time work we'll give you up to 24 days' holiday, free training and 50% paid towards your CRB.

Call us now on: 01234 212 722
www.alliedhealthcare.com
An equal opportunities employer, regulated by CSCI (AGY)
*based on weekend rate

Allied Healthcare Group
We'll look after you

WOOTTON UPPER SCHOOL
& Arts College
Mixed Comprehensive Upper School 13-18

TEACHER OF ENGLISH
Full and/or Part-Time
Required for January 2009

To teach across the full age and ability range of this 13-18 high performing Foundation School.

Apply by letter or e-mail to Mr. A.R. Withell, Headteacher, together with a C.V. and the names of two referees.

Closing date for applications: Friday 24th October 2008

All posts in schools are subject to Disclosure

Hall End Road, Wootton, Bedford. MK43 9HT.
Tel: 01234 767123 Fax: 01234 765203
Email: wootton@wootton.beds.sch.uk
Web Site: http://www.wootton.beds.sch.uk

Riverside restaurant Career Opportunities Mill house hotel

Exceptional Food in Beautiful Surroundings

If you are an energetic and committed team player, we want to hear from you.

CHEFS - Senior sous chef ready to take more responsibility
DUTY MANAGERS - Some front of house/hotel/restaurant experience desirable
WAITING STAFF - Happy to please
HANDY MAN - To assist in general duties and gardening

For more information, please call Hazel.

Tel: 01234 781678

Milton Keynes COLLEGE

"The support you get from colleagues, the variety of individuals you get to meet, and the good routes of progression make this the ideal place to work" - Yvonne, Woughton Skills Ladder Manager

Want to work for a College that's going places? Then stop clock watching and join a team that's very excited about the future.

Customer Service Advisor (Student Recruitment) x 2 posts
Location: Chaffron Way
Hours: Full Time
Salary: Circa £14,500 per annum

Customer Service Advisor (Student Recruitment)
Location: Chaffron Way
Hours: Part Time - 18.5 hours per week, 52 weeks per year, 6.5 hours per day, Monday, Wednesday & Friday (to include some evening and weekends)
Salary: Circa £14,500 pro rata per annum

Lunch Time Cover Assistant / Assistant Nursery Nurse
Location: Chaffron Way
Hours: Part Time - 20 hours per week, 38 weeks per year, Monday - Friday 10.30am - 2.30pm
Salary: £12,335 pro rata per annum

Security and Premises Officer
Hours: Full Time - 37 hours per week, 52 hours per year
Monday - Thursday 2.00pm - 10.00pm & Saturday 8.30am - 4.30pm
Salary: Circa £15,582 per annum

Closing Date for the above positions: Wednesday 5th November 2008

Education Manager
Location: HMYOI Aylesbury
Hours: Full Time
Salary: Negotiable

Curriculum Team Manager
Location: HMYOI Aylesbury
Hours: Full Time
Salary: £31,319 - £33,374 per annum

Curriculum Team Manager
Location: HMP The Mount (near Berkhampstead)
Hours: Full Time
Salary: £31,319 - £33,374 per annum

Lecturer: Painting & Decorating
Location: HMP Grendon & Springhill (near Bicester)
Hours: Full Time
Salary: £16,976 - £30,700 per annum

Assessor/Trainer: Floor Laying and Carpet Fitting
Location: HMP Bullingdon (near Bicester)
Hours: Full Time
Salary: £16,976 - £24,224 per annum

Closing Date for the above positions: Friday 7th November 2008

Visit: www.mkcollege.ac.uk
Call: 01908 684327 (answer phone)
Email: recruitment@mkcollege.ac.uk

Jobs at Milton Keynes College, Whatever your Direction

Just some of our benefits
- Generous holidays
- Childcare vouchers
- Excellent pension
- Training & development
- Free car parking

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults, therefore all positions require a Criminal Records Bureau check (CRB).

Milton Keynes College is student focused, positive about change, and values diversity. Our success is due to our staff, our culture and our beliefe in working in partnership with others.

Working Towards
Investors in Diversity
www.iiduk.org

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www.go-red.co.uk

3½ year UK/EU driving licence required. Course fees apply. 6+ points may prohibit application. Ref 115

Position:
Service Engineer

Location: Bedford

AXO SHREDDERS

Description:
Duties will be to work alongside an experienced service engineer and assist in the maintenance and repair of industrial recycling plant on sites located throughout the UK. An excellent prospect of becoming a solo service engineer within 12 months exists for the successful applicant.

Natural aptitude in general engineering is advantageous as is some previous engineering training. Further training will be provided in this role from day one. A sound work ethic and ability to work with others is imperative. Wage to be discussed on merit of applicant.

Send CV's FAO Dave Gilberd on uk@axo.cc or call 01234 742 400

The Radcliffe School

Aylesbury Street West, Wolverton, Milton Keynes MK12 5BT
Telephone: 01908 682 222
Fax: 01908 682 200
Headteacher: John O'Donnell

THE RADCLIFFE SCHOOL

LEARNING MENTOR
£14,976.76
(37 hours per week, 40 weeks per annum)

Would you like to make a difference to the lives, experiences and learning of our students? We require a Learning Mentor to join our well established team to plan, organise and deliver personal, social and learning support to specific students.

You will link with staff, parents and a range of other support agencies to identify ways in which students can overcome barriers to learning and achieve their potential.

Experience of helping young people to develop their emotional self-esteem and social skills is desirable.

To apply, please send in your CV with a covering letter to Jo Moloney by Friday 31 October 2008. Jo can be contacted on 01908 682 289 or email, jo.moloney@radcliffeschool.org.uk.

The Radcliffe School is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment.

This post requires an enhanced Criminal Records Bureau disclosure.

We are an equal opportunities employer.

theplacetobe

Residential Worker Level 2 (3 posts)
£20,591 - £25,146 pro rata
20 hours evenings & Saturdays **Ref: 50013002**
20 hours evenings & Sundays **Ref: 50013003**
37 hours evenings & alternate weekends **Ref: 50011338**

Night Residential Worker Level 1 (2 Posts)
£17,574 - £21,244 pro rata + night-time allowance **Ref: 50011342**

Residential Worker Level 2 (4 Posts)
£17,574 - £21,244 pro rata **Ref: 50011344**

We'll come clean. Working with kids can be difficult. The kind of fun activities that children with learning disabilities look forward to at Furze House might involve pots of paint or pizza deliveries. They'll certainly involve loads of patience on your part.

If you're wincing already, this isn't the job for you. If you're looking for a job that will give you new experiences everyday, stretch your skills and reward you like no other, you'll be in your element here. For those without experience in Social Care it's a wonderful first step towards attainting a recognised qualification. If you're already qualified, we'll help you step up to a supervisory role.

For all roles you'll need to be full of energy and flexible enough to work 'sleep-ins' and weekends.

Relief Workers **Ref: 50016700**
Relief Workers are needed at level 1 and 2 when cover is required. Salary will be dependent on the role being covered.

To apply online visit: www.theplacetobe.info
For an application form, call us on 01908 253344 or 253462 (24 hour answerphone) or email: jobs@milton-keynes.gov.uk
If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only).
Please quote appropriate reference.
Closing date: 7 November 2008
See all our jobs on www.mkweb.co.uk
We are unable to accept CVs

It's ability, not disability that counts

MILTON KEYNES COUNCIL

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Acuigen are an innovative market research company and IT company providing systematic real time customer feedback information to the desktops of business decision makers.

Analyst/Mathematician £22k - £26+ bonus/benefits. We require Analysts to assist in the set up of projects and the analysis and interpretation of research data. Good maths, statistical, Excel and Access skills essential, SPSS desirable.

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Executive Interviewers £18k - £22k + bonus/benefits. To undertake B2B feedback interviews with senior managers by phone and occasionally at their premises. You will need excellent organisational, interviewing, documenting, interpersonal skills and be smartly presented. Previous management or commercial experience an advantage, training available.

Telephone Interviewers £6.50ph - £8.10ph + bonus/benefits. Customer feedback telephone interviewing work full and part time. You must be fluent in English with good listening, written and interpersonal skills. Requires patience and accurate approach.

For all jobs: Send your CV & covering letter/email stating why your skills are suitable for a role, with your current salary to jobs@acuigen.com. Acuigen is an Equal Opportunities Employer and an Investor in People. MRS Company Partner. ISO 9011:2000, 20252:2006 Offices in Cranfield with onsite cafe. Please check www.acuigen.com/careers for further information. 01234 759800.

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editor@mk-news.co.uk
01908 242490

Samuel Whitbread Community College

Shefford Rd, Clifton, SHEFFORD Bedfordshire SG17 5QS
(A specialist Engineering College and Training School)
NoR; 1714 (inc. 463 in the 6th form) Tel: 01462 629900

Engineering

TEACHER OF SCIENCE & MATHEMATICS

Required As Soon As Possible TLR2C (£5,920) + Recruitment Incentive

SWCC is a Specialist Engineering college, which is underpinned by Science. The College is looking to appoint an experienced, highly qualified teacher of science and mathematics who would be responsible for the coordination of KS4 science. A recruitment incentive will be available for the right candidate.

Both departments are well equipped with new laboratories and recently refurbished classrooms through PFI. Fixed data projectors and sound systems are available in the laboratories and interactive white boards in the mathematics department.

You will have excellent classroom skills and a passion for your subject.

You will be joining innovative, experienced and friendly departments that are forward thinking and well equipped. All teachers are equipped with laptops and are expected to use ICT as an integral part of their teaching to enhance the learning experience of our students. Assessment and reporting are centralised and form a major strand of the College focus and standards.

The successful candidate will be expected to teach KS4 and KS5

Within the Science department we currently teach Triple Science, AQA Science A (modular), Additional Science, Applied Science and OCR National at KS4

At KS5 we offer Biology, Chemistry, Physics and Applied Science AS/A2 courses.

Within the Mathematics department we currently teach GCSE - Edexcel 1308 (linear), AS/A2 – Edexcel, Further Maths – Edexcel, additionally GCSE AQA Statistics is offered.

Samuel Whitbread is a successful, caring, over-subscribed 13 - 18 mixed upper school, situated in pleasant surroundings with a genuinely supportive staff. We are at an exciting stage in the development of our work with our feeder middle and lower schools. We have always worked closely with our learning community and are now working towards trust status. All staff within our community have opportunities to work together.

Samuel Whitbread has:

- A specialism as an Engineering College and a second one as a Training School.
- Recognition from the Minister for Education as being one of the most improved schools in England and Wales.
- Outstanding new facilities throughout the College which has recently gone through a new building programme.
- A large sixth form described by OfSTED as having many outstanding features.
- Good and rapidly improving results at all levels.
- A huge range of extra curricular activities.

Samuel Whitbread is committed to the safeguarding and promotion of children's welfare and all job offers are subject to satisfactory Criminal Records Bureau Clearance.

Applications by letter and up to date CV along with two named referees to Sue Green, Personnel/PFI Administrator at the College or by e-mail sgreen@swcc.beds.sch.uk

CLOSING DATE: Tuesday 21st October 2008
INTERVIEWS: Thursday 23rd October 2008

WAREHOUSE OPERATIVES
Immediate work available.
Excellent opportunity to work from now to Christmas.
Tel: 01908 3096237 or 01908 631515

Cleaning Operatives required for cover work in various areas of Milton Keynes. Must have own transport. Please call 01908 5666000

£80 a day. Good talkers required. Call 01908 642103 for an immediate interview.

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One salon is looking for a confident, dynamic, professional and experienced Hair Designer/ Senior Stylist and a Trainee/Assistant to take on an important key role within the salon

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WORKS SUPERVISOR – INDUSTRIAL GRADE 1 PLUMBER
£22,041 - £24,113 PER ANNUM (PLUS LOCAL PAY ALLOWANCE £2600)

As a works supervisor at HMP Bedford you will be managing a multi-skilled team of craftspeople. You will need to be able to deal fairly and impartially with prisoners. Good communication skills are also required to enable you to deal with staff at all levels. There is a requirement for works supervisors to work rostered weekends with the possibility of carrying a pager when required to do so. To succeed it is essential that you have supervisory experience, having completed a recognised apprenticeship in your trade, or achieved a Level 4 NVQ or equivalent in a relevant subject.

For an application form please contact Teresa Watson, Field Based Team, HMP Highpoint, Stradishall, Newmarket, Suffolk CB8 9YN.

Telephone 01440 743256, Fax 01440 743091, e-mail teresa.watson@hmps.gsi.gov.uk

Closing date for completed application forms: 10 November 2008.

This post is open to part-time and job share applicants. You will be required to declare whether you are a member of a group or organisation, which the Prison Service considers to be racist. The Prison Service is an equal opportunities employer. We welcome applications from candidates regardless of ethnic origin, religious belief, gender, age (subject to being within the normal retirement age for the grade), sexual orientation, disability or any other irrelevant factor.

We are committed to promoting the benefits of a diverse workforce.

Ministry of JUSTICE

regulated by Civil Service Commissioners

HM PRISON SERVICE
Public Sector Prisons

Health Visitor – Team Leader

Newport Pagnell Medical Centre, Buckinghamshire
Salary range £30-34,000
www.npmc.nhs.uk

An opportunity has arisen for an innovative, talented and experienced health visitor to join our team. You will lead and support a skilled, dynamic team of health visitors including a nursery nurse and an HCA. You will continue to work on our corporate caseload and deliver a full range of health visiting interventions. We work together to deliver family-centred health visiting as well as developing public health initiatives.

We are seeking a Health Visitor with a minimum of five years' experience to lead and support an established and dynamic health visiting team. The post is to work 4 or 5 days a week. You will be employed by Newport Pagnell Medical Centre within an effective integrated nursing team (health visitors, practice nurses, district nurses, community matrons) and supported by a lead nurse.

If you feel you can demonstrate leadership potential and positive health visiting interventions then we are particularly keen to hear from you.

For further information please ring our Lead Nurse, Caroline Rollings, on 01908 611767 or email: caroline.rollings@mkpct.nhs.uk
Closing date: 3rd November 2008.

SALES & PROJECT CO-ORDINATOR

To assist with planning and organising from initial sales enquiry, pricing, to production of manufacturing drawings and telephone liaison with Customers and Suppliers.

The successful applicant will preferably have an aptitude for sales, an understanding of construction drawings, be proficient with CAD and will be comfortable dealing with customer enquiries over the telephone. Product training will be provided.

This is a varied and interesting position within a busy office environment in a growing business.

Salary depending on experience, ability and results.

Hours are 08:30 - 17:30hrs (Mon - Fri) based in Ampthill.

Simflex Limited
9 Woburn Street, Ampthill, Bedfordshire MK45 2HP
Email: sales@simflex.co.uk
No Agencies
Previous applicants need not apply.

the stables
The Laine Dankworth Centre
WAVENDON, MILTON KEYNES

Apprentice/Commis Chef

We are one of the country's busiest and most successful music venues, promoting around 300 concerts of pop, rock, jazz, folk and world music each year. Last year we opened Café in2 and due to the on-going success we now have an opportunity for a Commis Chef to join our small friendly team.

Salary will be dependant on age and experience. No Experience is required - just enthusiasm! The post carries 20 days annual leave entitlement plus bank holidays (or day in lieu if required to work).

Hours of work will typically be from 1.00 pm to 9.30 pm, 5 days out of 7, including weekends on a rota basis.

For a full job description and application form, download details from our website: **www.stables.org** or contact Jane Harris on **01908 280832**.
Application Deadline: **Monday 3 November**

The Stables is committed to equality of opportunity in recruitment.We value a diverse team and welcome applications from all sectors of the community. Charity No 261645.

ARTS COUNCIL ENGLAND

Where music comes alive

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North Hertfordshire HOMES

HOUSING MATTERS! AND SO DO YOU.

How would you like to work for one of the largest housing associations in Hertfordshire? If you would like to make a real difference to the quality of peoples lives, then join us here at North Hertfordshire Homes. We provide a dedicated and high quality service to all our tenants and are responsible for over 8,700 homes.

Housing Support Officers

1 x Full Time, 1 x Part Time (19 hours per week)
Up to £24,311 pa (pro rata for part time) plus car allowance

An exciting opportunity has arisen for two Housing Support Officers in our rapidly developing Tenancy Support and Resettlement Service. You will be responsible for supporting residents in temporary accommodation through the process of rehousing and resettlement and managing temporary accommodation within a designated area. A strong negotiator and communicator, you will be confident in the use of IT and be familiar with The Supporting People Framework. You will also need to be customer focused and able to deal with people in a sensitive and knowledgeable manner in a range of situations for this demanding role.

Closing date: 31st October 2008 Interview date: 11th November 2008

In return for your hard work, we offer a competitive benefits package, 27 days annual leave, pension, health care cash plan, supportive working environment and flexible working hours.

For further information and an application form please apply online at www.nhh.org.uk/working-at-nhh/current-vacancies/

Alternatively please contact the Human Resources team on 01462 704187 or email: recruitment@nhh.org.uk

North Hertfordshire Homes is committed to equality of opportunity.
We welcome applications from all sectors of the community.

business for neighbourhoods

www.nhh.org.uk

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LITREMETER
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Are you a talented Design or Project Engineer?

If so we'd like to hear from you! For over 30 years Litre Meter have specialised in the design, manufacture and supply of high end products for the measurement and control of fluids and gases. Due to expansion we have immediate vacancies for **a Design Engineer** and a **Project Engineer** based at our production facility located between Aylesbury & Milton Keynes.

You will need a minimum of an HNC qualification in mechanical or electrical engineering. You should have experience of using Solidworks and AutoCAD to produce detailed design and production drawings but also be confident in a hands-on environment. Strong people skills, particularly for the project role along with tenacious problem solving capabilities and the ability to communicate at all levels are a must.

Both roles are full time (Monday-Friday) and a competitive salary and appropriate benefits will be offered.

Interested applicants should send their CV addressed to David Tyler, HR Director either by email to: **david@litremeter.com or by post to: Litre Meter Ltd, Hart Hill Barn, Granborough Road, North Marston, MK18 3RZ Web address: www.litremeter.com**

Bedford Modern School

Independent Day School for boys and girls aged 7 – 18

TEACHER OF FRENCH & GERMAN

Required for January 2009, a fixed term vacancy has arisen for a well qualified graduate to teach Modern Foreign Languages.

This placement is fixed from January - May 2009.

The successful candidate should be able to offer French to A2 level and some Junior German - Year 7.

Further details and an application form can be requested from:
The Recruitment Line on 01234 332571
or email personnel@bedmod.co.uk

Closing date for applications is
Thursday 6th November 2008

Bedford Modern School
Manton Lane
Bedford MK41 7NT

The Bedford Charity includes in its aims provision for high quality education for boys and girls.
Reg. Charity 204817.

Car Park Technician

£17,781 - £19,463 p.a.

Working in all weather conditions, you will undertake repairs and maintenance of ticket machines and barriers in Council's car parks.

Duties will include collecting cash from "Pay & Display" machines, carrying out regular maintenance and repairing faults as they occur, and routinely service machines with tickets.

Experience of loading, emptying and repairing vending machines is essential, along with demonstrable experience of using computer applications. You will be required to walk or stand for long periods, and must be able to lift meter tins with a potential maximum weight of 15kg.

Closing date: 5 November 2008. ***Ref: 08/1424.***

Civil Enforcement Officers (Parking)

£15,842 – £19,463 p.a. (progression scheme) + weekend enhancements

Do you enjoy working outside with minimal supervision but as part of a team? We wish to strengthen our dynamic team of Civil Enforcement Officers serving the local community. You will be required to enforce all relevant waiting, loading and parking restrictions on and off-street and ensure adherence to parking regulations.

You should have excellent customer care experience, be confident and willing to assist and advise the public on parking matters. You should also be able to demonstrate an ability to deal with difficult situations. Working outside in all weathers, on your feet or in a mobile patrol, you will have legible handwriting and a full manual driving licence would also be helpful. You will be provided with a uniform.

Closing date: 5 November 2008. ***Ref: 08/1425.***

To apply online visit www.luton.gov.uk/jobs

As one of the area's leading employers, we offer excellent benefits and consider our employees to be our greatest assets. To find out more please visit www.luton.gov.uk/jobs, email us at jobs@luton.gov.uk or phone (01582) 546621.

MINICOM users only (01582) 546296.

The Council is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff to share this commitment.

We value equality because quality services need the best people - from the whole community.

Stonewall DIVERSITY CHAMPION · INVESTOR IN PEOPLE · LUTON BOROUGH COUNCIL

Bedfordshire and Luton NHS
Mental Health and Social Care Partnership NHS Trust

Senior Administrator

Ref: 336-4393
Band 3: £14,834 rising to £17,732 per annum
Hours: 20 per week
Location: Dunstable

We are looking to appoint a self-motivated, conscientious team player in the role of Senior Administration Assistant, working for the Bedfordshire & Luton Eating Disorders Service based at the Disability Resource Centre in Dunstable.

You will need excellent organisational and communication skills and infinite patience and have the ability to work in a busy environment, being able to prioritise workload. You will be involved in arranging outpatient clinic appointments, audio typing, minute taking and support tasks for a busy multi-disciplinary team. You will require well developed word processing skills to RSA II or equivalent, the ability to use other Microsoft Office applications and to be able to confidently deal with telephone calls and callers' needs. You will be required to maintain effective filing systems and record information on the computerised client information system.

For an informal discussion, please contact Faith Russell on 01582 709066.

Closing date: Friday 31st October 2008.

(However we reserve the right to close adverts earlier)

Please apply for this post at www.blpt.nhs.uk/jobs

Alternatively please contact Denise Twining on 01582 709066 for an application pack.

Interview date: 12th November 2008.

All full-time posts are open to job-share.

The Trust will apply for a disclosure in accordance with the Criminal Records Bureau (CRB) Code of Practice and confirmation of this will be required before the post may be taken up.

For information on disclosure please visit the CRB website at www.crb.gov.uk

We are an equal opportunities employer

in four

NHS Bedfordshire

Systems Administrator (Primary Healthcare Systems)

Band 6 £24,103 to £32,653 p.a. 37.5 hours per week
Based initially at Doolittle Mill, Ampthill

Are you a highly motivated and enthusiastic team player who likes working in a rewarding environment, using your own initiative?

We are proud to offer this exceptional opportunity to join our highly successful team with an excellent reputation for its work, situated within an outstanding organisation.

This role will be at the forefront of change and change management within Primary Health Care systems. You will have or be able to demonstrate that you can quickly gain specialist and indepth knowledge of clinical systems such as: Choose and Book.

You will be confident at:

- First line systems support
- Managing projects
- Documenting, designing and delivering training in the field
- High level of Excel experience is desirable

This is a broad and very interesting role. You will be in a position to make a real difference to the way people work and be able to improve the user experience of Primary Care Systems. If you have what it takes to deliver world class support, then this could be the role for you.

You will also be part of a committed and friendly team where personal development is encouraged and facilitated.

The post requires you to travel, therefore it is essential that you are able to travel to all of our practices.

For further information contact: Mark Meekins, Systems Manager, Primary Care IT on 01525 636860.

Vacancy Number: CO147A

Closing Date: 27th October 2008.

To apply on-line please visit our website at www.bedfordshirepct.nhs.uk or for an application pack contact our Employment Services Team on 01525 636889 quoting the vacancy number.

Further benefits include: NHS Pension and Life Assurance, training and development, childcare concessions and flexible working practices.

NHS Bedfordshire is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults, and expects all staff to undertake this commitment. Applicants will be subject to robust safer recruitment processes.

NHS Bedfordshire will apply for a Criminal Records Disclosure from the CRB before the post may be taken up.

We actively promote equal opportunities and positively encourage applications from suitably qualified and eligible people regardless of sex, race, religion, sexual orientation or disability. All full-time posts are open to job-share.

Visit our website at www.bedfordshirepct.nhs.uk

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Skilled Amada CNC Programmer
Must be fully conversant with RADAN or STUDIO programming system.
Please call 01234 334400 for this vacancy

Skilled CNC Brake-press Operator
Must be fully conversant with all aspects of folding fine limit sheet metal and the setting of folding machines
Please call 01234 334405 for this vacancy

Or e-mail colin.robertson30@ntlworld.com with current CV for either vacancy.

THE MEADOWS CARE HOME
PART TIME HOUSEKEEPER
ACTIVITIES ORGANISER
FULL TIME CARE ASSISTANTS
REGISTERED NURSE / BANK
Good rates of pay, training and uniform provided.
For more details call 01908 543251

Part-Time Practice Nurse

16-20hrs (Negotiable)Weds-Thurs
We are looking for an **experienced** Practice Nurse to work as part of our friendly team. Previous Practice Nursing experience (essentials required). Knowledge of EMIS. General Nursing duties with an ability to do Childhood Immunisations essential.
Please send your CV along with a covering letter by post to:
Mrs L Pearson, Practice Manager, Rothsay Surgery,
14 Rothsay Place, Bedford MK40 3PX.
Tel: 01234 271800
Email: e81611.hood@nhs.net
Closing date: 27th October 2008

Dental Nurses

Required to join expanding state of the art dental practices in Houghton Regis and Hitchin

- 11 surgery practice in Hitchin
- 6 surgery practice in Houghton Regis, to be expanding to 12 surgeries

Air Conditioned, Fully computerised (inc digital xrays), Oral surgeon, IV Sedation, Implants.

Applicant must be qualified with a minimum of 3 years experience, reliable, self motivated and enthusiastic to help build an A1 team.

- Funding and study time provided for further training (e.g. Implant coordinator, radiography, foundation degree, etc)
- Salary £22k-£24k

(subject to interview/trial)

Reply, with c.v. to:
Houghton Regis Dental Centre, 105-111 High Street, Houghton Regis, Dunstable, LU5 5BJ

(shshoughton@btconnect.com) or Hitchin Dental, The rear of 84/85 Bancroft, Hitchin, Herts, SG5 1NQ

(crghitchindental@btconnect.com)

NHS Bedfordshire

Receptionist

Band 3 £14,834 to £17,732 p.a. pro rata

Part time 18.75 hours over 3 days

We require a Receptionist at our Queen's Park Neighbourhood Centre which provides integrated education, care, family support and healthcare to the local community.

- Are you good at building rapport and relationships with people you meet?
- Can you provide a confident, friendly and warm welcome to those visiting and calling our Centre?
- Do you have excellent communication skills and can you put people at ease?
- Are you non-judgemental and respectful of others who are different from you?

If you can answer a confident yes to all of the above, we want you to join our team and help our Neighbourhood Centre to provide the best welcome possible to local families and children.

This is a part-time post, working 3 days a week from 9:15am - 3:30pm (days to be negotiated).

For further information please contact Jo Burnett, QPNC Manager on 01234 276744.

Vacancy Number: PS294

Closing Date: 31st October 2008.

To apply on-line please visit our website at www.bedfordshirepct.nhs.uk or for an application pack please contact our Employment Services Team on 01525 636889 quoting the vacancy number.

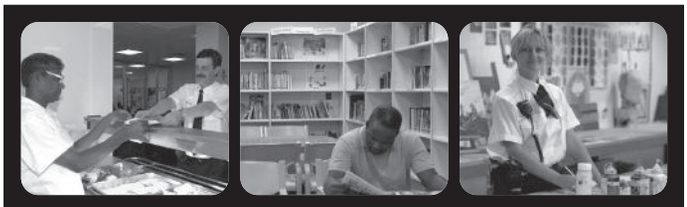
Further benefits include: NHS Pension and Life Assurance, training and development, childcare concessions and flexible working practices.

NHS Bedfordshire is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults, and expects all staff to undertake this commitment. Applicants will be subject to robust safer recruitment processes.

NHS Bedfordshire will apply for a Criminal Records Disclosure from the CRB before the post may be taken up.

We actively promote equal opportunities and positively encourage applications from suitably qualified and eligible people regardless of sex, race, religion, sexual orientation or disability. All full-time posts are open to job-share.

Visit our website at www.bedfordshirepct.nhs.uk



Make your mark everyday, in every way!

Yarl's Wood Immigration Removal Centre near Bedford, part of Serco Civil Government, cares for an ever changing population of up to 405 detainees made up of single females and families on behalf of the UK Border Agency. Some spend a few days with us, some many months but they all help make working for us a unique and rewarding experience. We provide secure accommodation for a cosmopolitan population who have been detained by the Immigration Service, many of whom are scared, isolated and thousands of miles away from home.

Detention Custody Officers

£17,712 per annum

Alongside maintaining general security, you'll work with individuals from a diverse range of nationalities who may never have been held in a specialist centre before. Taking responsibility for their safety and security onsite you will also be responsible for escorting them to other locations, such as courts or hospitals.

Your common sense, pride in your work and responsible attitude will enable you to deal professionally at all times with our residents, other members of staff and the management team. Excellent communication skills are vital in this role, as you will be working in a challenging environment that offers all the career prospects you can handle.

Chef Manager

£20,000 per annum (40 hours per week) rising to £20,500 after a probationary period

Working in collaboration with Managers within the Centre, you'll assist in providing a varied and healthy menu which takes into consideration the religious, dietary, cultural and medical needs of all our residents and children.

You'll also be responsible for supervising the catering staff and managing the entire food service provision including ordering, stock control, maintenance of accurate records, and providing the highest standards of safety and hygiene.

Along with your substantial experience and a City & Guilds 706/2 qualification, you should have a positive, respectful and sensitive approach to your work and environment.

For the above positions, as well as a competitive salary you'll receive benefits including pension and life assurance schemes, comprehensive training, ongoing development opportunities, employee assistance programme and the option to join a Health Cash Plan, plus more.

If you feel you have experience and skills which could be transferred to this unique environment and would like to apply please contact the Human Resources Department for an application pack by calling 01234 821168. Email: angela.gerrard@serco.com

Closing date: Wednesday 29th October 2008.

To view these jobs on serco.com/careers please search using reference Detention Custody Officers – 11187 and Chef Manager – 10731.

Serco is an Equal Opportunities Employer. Due to the sensitive nature of our work all staff must have the right to live and work in the UK, five years' checkable address history and UK residency for at least three years. You will also have to pass Criminal Record and Counter Terrorist Checks and must have indefinite leave to remain in the UK.

Please be aware that these roles are exempt from the Rehabilitation of Offenders Act 1974, consequently all offers of employment are subject to satisfactory security clearance and approval by the Authority.

www.serco.com/careers

Bringing service to life

serco

BECOME A MULTI-SKILLED ENERGY ASSESSOR

New 'green' laws from 1st October require an estimated 2.5 million Energy Assessments in the next 12 months alone on all homes and commercial properties being rented, sold or built regardless of the credit crunch and housing market downturn.

Applicants are required **now** to train as Domestic and Commercial Energy Assessors at our nationwide Centres approved by the Government-appointed Awarding Body for the Built Environment. **No previous experience is necessary**, training is subsidised and taken in separate one - week modules around current job and other commitments.

Our Energy Assessment fees are **£60 to £80 for homes** and **£300 to £1200 for commercial properties** - up to 15 Domestic Assessments or 4 Commercial Assessments are estimated to be carried out in a week, subject to size of properties and supply. On qualifying you can opt to be available for potential work through our own Energy Assessor Panel, work for other Assessment Providers or start your own Energy Assessment business.

Other qualifications are included to become even more multi-skilled to gain further potential income streams. **For an interview to join this new, fast expanding and environmentally important industry ring**

0208 335 1700
Ref: HLU43F

ABBE Quality Accredited eap HOME INSPECTOR ENERGY ASSESSOR TRAINING

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editor@mk-news.co.uk

Grow with us

Shuttleworth College
A partner of Writtle College

Academic Standards Administrator

£16,215 - £18,181 per annum, pro rata **Part-time, 18.5 hours per week**

In this role, you will be responsible for the preparation and input of timetable information to CMIS and you will provide administration support to the Heads of Teams and Curriculum Co-ordinators. You will also assist the Registry team with administration and collection of fees and take an active part in maximising the recruitment of students.

You will ideally have a background in a similar role and good organisational, communication and IT skills.

Please visit our website: www.shuttleworth.ac.uk for full details on this role and other exciting opportunities at Shuttleworth College. For an application pack, please email: human.resources@writtle.ac.uk or call the Human Resources Department on 01245 424208. Closing date for applications: 3 November 2008.

University of Essex

Writtle College strives to be an Equal Opportunities Employer. All applicants who are offered employment will be subject to a criminal records check from the Criminal Records Bureau.

A partner of Writtle College

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TELESALES PERSON REQUIRED.
MUST HAVE EXPERIENCE.
GOOD RATES OF PAY TO THE RIGHT APPLICANT
HOURS, MON - THURS 9.30AM - 1230PM
TELEPHONE 01908 637520

Class 1 Bulk Tipper Driver Required.
Regular Nights out.
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Based in Bedford

Bedford Housing Link has been awarded a grant from 'The Big Lottery' to fund our Stepping Stones project; this project will deliver education, training and employment to vulnerable adults within our supported accommodations and in the community.

We are looking for dynamic and enthusiastic Outreach Workers who have excellent communication skills, both written and verbally. You will need to produce written progress reports when requested and be proficient in the delivery of presentations and able to deliver training in basic skills.

The Outreach Administrator will need to have experience in an office environment and have good communication and ICT skills preferably Microsoft Word and Excel.

Closing Date: Wednesday 29th October 2008 at 12 noon.

If you wish to be part of this new and exciting project, please contact: Debbie Pillar in Human Resources at Bedford Housing Link, 34A High Street Bedford MK40 1SP. Tel: 01234 358478 or email recruitment@bhlnet.org

We are committed to Equality and Diversity and welcome application from all sections of the community.

Supported by The National Lottery through the Big Lottery Fund

Bedford Housing Link

Sharnbrook Upper School and Community College

Catering Manager

Bedfordshire/Northamptonshire border

Salary scale Pt 28-31 £22,845 - £25,320 Pay award pending

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In order to safeguard the welfare of children this post will be subject to CRB and child protection screening.

If you are interested in this position please go to http://www.sharnbrook.beds.sch.uk/homepage.html to download an application form and details of the school.

The closing date will be Monday 10th November 2008.

All applications are to be addressed to
Mr K Sharp, Deputy Headteacher
Odell Road, Sharnbrook, Bedford MK44 1JL,
Tel: 01234 782211 Fax: 01234 782431,
Email: information@sharnbrook.beds.sch.uk

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Interviews Friday 24th October 2008
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4. Printed conditions on advertisement orders will not be recognised as binding unless expressly accepted in writing by the publishers.
5. Advertising rates involving a series, volume or prepayment discount are expressly for the use of the advertiser concerned and are not to divulged to a third party.
6. All artwork designed by the LSN Studio remains the property of LSN Media. Where artwork services are provided, it is on the understanding that it is for the sole use in any of the LSN Media publications unless prior agreement is sought, any unauthorised reproduction will result in a charge being levied on the publisher concerned.
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8. Although every effort will be made to meet advertisers requirements, specified positions cannot be guaranteed within the newspaper.
9. All advertisements which carry a premium telephone number must comply with the Code of Practice of The Independent Committee for the supervision of Standards of Telephone Information Services (CSTIS).
10. The advertiser (or his advertising agency) shall indemnify the publisher in respect of all costs, damages or any other charges as the result of legal action or the threat of legal action arising from the publisher of a single advertisement for a series of advertisements, published in accordance with copy instructions supplied to the publisher in pursuance of the advertiser or his advertising agency's order.
11. If an advertisement does not appear due to copy or artwork being supplied after the agreed deadline, the space will be payable in full at the published rates.
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2. The publisher shall not be liable for total or partial non delivery of any publication in which an advertisement is scheduled to appear and no reinsertion, refund or adjustment will be made to the advertiser.

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1. Cancellation of advertisements must be advised 24 hours prior to the booking deadline. If the publisher is unable to resell the space he reserves the right to charge for any loss of revenue incurred.
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1. Credit facilities are at the discretion of the publisher, but such facilities are limited to strict terms of 30 days. Late payment of account may lead to suspension of account facilities. Any discount which the publisher may have agreed with the advertiser may be forfeit should the advertiser fail to meet the agreed credit terms.
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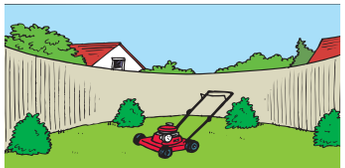

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P Public Notices

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ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)(a)
THE A5 TRUNK ROAD (MILTON KEYNES BYPASS) (TEMPORARY RESTRICTION AND PROHIBITION OF TRAFFIC) ORDER 2008

NOTICE IS HEREBY GIVEN that the Secretary of State for Transport has made an Order on the A5 Trunk Road in the Borough of Milton Keynes to allow for the replacement of filter drain material within the verge to be carried out in safety.

It is expected that the works will take place overnight (8pm - 6am) starting on, or after, Monday 3 November 2008 and last for approximately 3 weeks. The Order will come into force on 27 October 2008 and have a maximum duration of eighteen months.

The effect of the Order will be to -

(a) impose a 50 miles an hour speed limit on the A5 from the centre point of Chaffron Way overbridge to its junction with the A5/A421 Redmoor Roundabout, and

(b) close the A5 eastbound exit slip road leading to the A5/A421 Redmoor Roundabout, for 5 nights only from Monday 17 November, diverting vehicles via the A5 eastbound to the A5/A4146 Interchange, back on the westbound carriageway to exit the A5 at Redmoor Roundabout

The speed restriction (which will not apply to emergency service vehicles), slip road closure (which will not apply to works, winter maintenance or emergency service vehicles) and diversion route will be clearly signed throughout the works.

MRS J C GLASSON
An official of the Highways Agency

General enquiries relating to this notice may be made in writing to Nick Cook at the Highways Agency, Woodlands, Manton Lane, Bedford MK41 7LW or by telephoning him on 01234 796040.

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BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0906 199 8100 Box No: 226953**

REFINED cultured lady, slim, smart, well groomed, N/S, OHAC, seeks semi retired gent, 60-70for outings, holidays and weekends together. **Tel No: 0906 199 8100 Box No: 344414**

DIVORCED mum, seeks loyal male, 50 plus, likes films, talks, nights in for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 344660**

GORGEOUS tall, slim, footie mad blonde, 22, seeks hunky male for laughs, cuddles and who knows. **Tel No: 0906 199 8100 Box No: 340720**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0906 199 8100 Box No: 233352**

ATTRACTIVE lady, divorced, slim, GSOH, kind, caring, seeks gent, 60's to be that special person. **Tel No: 0906 199 8100 Box No: 339554**

ELEGANT divorcee, 53, seeking intelligent male who would enjoy intimate, adult conversation, maybe more. **Tel No: 0906 199 8100 Box No: 340722**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0906 199 8100 Box No: 305342**

LOOKING for excitement? A cuddly, bubbly blue eyed blonde would love to meet you. Call me. **Tel No: 0906 199 8100 Box No: 340728**

ATTRACTIVE female, black origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0906 199 8100 Box No: 322144**

FIT widow, still got what it takes, seeks experienced male to travel and enjoy life with. **Tel No: 0906 199 8100 Box No: 340730**

BUBBLY attractive 52yr old female, dark hair, blue eyes, likes meals out, walks, swimming, theatre, seeks genuine male with GSOH for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 341562** 📷

ATTRACTIVE 40yr old blonde, caring, kind, N/S, GSOH, likes clubs, pubs, cinema, seeks male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 343984**

DIVORCED mum, late 40's, easygoing, likes nights in, seeks male for a loving relationship. **Tel No: 0906 199 8100 Box No: 344188**

WIDOW 40, caring, attractive, like meals out, seeks gent for kisses and cuddles, maybe more. **Tel No: 0906 199 8100 Box No: 341900**

WIDOWER 59, 5ft, N/S, cuddly, seeks N/S male, 59-75 for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 341932**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0906 199 8100 Box No: 311450** 📷

LYN 59, widow, strawberry blonde hair, green eyes, 5ft 8ins, GSOH, likes car boots, music, films, nights out, seeks smart male with GSOH. **Tel No: 0906 199 8100 Box No: 342286**

38YR old lady, kind, genuine, medium build, seeks male, 45-55 for relationship. **Tel No: 0906 199 8100 Box No: 338352**

Advertorial

It used to be that 'family car' meant a large saloon like a Ford Mondeo or Vauxhall Vectra, with four doors and a big boot stuck out at the back.

But in recent years automotive designers have got a lot smarter at what they call 'packaging'. Put simply, it means they can get a really spacious interior – and certainly enough room for Mum, Dad and two children – into a very compact exterior, and still leave room for a generous cargo area behind.

There's no better example of this than the Honda Jazz. Despite being just 3.83 metres long – and smart-looking too – the cabin is on a par with many larger models. And it's all because Honda's engineers came up with a clever way to free up more space when the Jazz was on the drawing board – they shifted the fuel tank from under the back seats to under the front ones. It gives unprecedented flexibility to the interior, and means owners can fold the rear bench in two different ways. Pull one lever and there's a huge and totally flat load floor, pull another to create a sectioned-off compartment in the middle of the car.

Practicality is great, but nobody is going to buy it without performance – and thankfully the Jazz delivers here, too. Under the short bonnet there's the choice of a 1.2-litre 78bhp or a 1.4-litre 83bhp petrol engine. The latter delivers an impressive 49.6mpg and low CO2 emissions of 134g/km. However, if you want really frugal and cheap motoring, the 1.2-litre is the model to go for. Fuel economy is a mighty 51.4mpg, with emissions of just 129g/km.

Both are linked to a five-speed manual gearbox, or if you buy the 1.4 you can opt for Honda's innovative CVT-7 automatic transmission. The steering wheel features easy-to-use rocker switches on the horizontal spokes, allowing instant upward and down shifts. It means you can drive the Jazz just like an F1 car – keeping your hands safely where they should be – or leave the system in auto mode and let the engine do the work for you. That's a great feature for stop-start urban driving.

There are three trim levels on the Jazz, which are S, SE and SE Sport. Standard equipment on all models includes speed-sensitive power steering, electric front windows, power/heated door mirrors, anti-lock brakes, central locking and a CD player. SE grade adds a host of extras including air-conditioning and an electric tilt/slide glass sunroof. The top spec SE Sport gets 15-inch alloy wheels, side airbags and front fog lamps.
Safety is always an important issue when family motoring is concerned, and the Jazz has been awarded four stars for occupant safety by crash-test organisation Euro NCAP. And that makes this vehicle – which even Honda calls 'the little big car' – ideal for anyone needing a safe, practical, reliable, fun-to-drive machine.

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Fuel consumption figures for Jazz 1.4 i-VTEC EX manual in mpg (l/100km): Urban 42.8 (6.6), Extra Urban 58.9 (4.8), Combined 51.4 (5.5), CO2 130g/km.

The Jazz 24 hour test drive offer is open to UK residents aged 18 years or over with a valid UK driving licence. All test drive bookings are subject to arrangement with participating Honda dealers and subject to availability of demonstrator vehicles and dealership hours of business. The Promoter and their dealers reserve the right to decline to permit any person to drive demonstrator vehicles without being required to give reasons. Each permitted driver is to complete a Disclaimer and sign acceptance of the Terms and Conditions of Use. Test drive vehicles can only be driven by the permitted drivers who are liable for any parking, congestion charge or speeding fines. Promoter: Honda (UK) – Cars, 470 London Road, Slough, Berkshire SL3 8QY. Honda (UK) is a division of Honda Motor Europe, Registered in England and Wales No 857969. Please do not write to this address.

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07778 241870
01908 311841

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07835 413447

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2002, 3 dr Manual Hatchback Petrol MOT /06/09 61K Met Black, ABS Alloys, e/m, e/w, Foglights, Leather, PAS, r/l,a/b, Immobl
£ 1950
07846 906586

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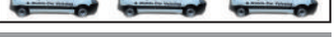

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07813 916061

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1.2 Merit, 97 R Reg, 3dr, tax and MoT, VGC

£ 1,200

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£ 1,150

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2002, 5 door hatchback, Blue, 40,000 miles, MoT July 09, Tax Jan 09, FSH, 2 owners

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£2,495 ono

078107 17032

VECTRA ESTATE

1.8 LS met. green. s/h, a/c etc.

£1,600

07961 381776
01234 742662

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2001 (Y), Blue, 91k, MoT July '09, Taxed, f/s/h, good condition

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07850 229095

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Volvo V70SE

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FIXTURES 2008-09

DONS' SCORE FIRST

August

9	Leicester	A	0-2
12	Norwich (CC)	H	1-0
16	Northampton	H	1-0
23	Huddersfield	A	3-1
26	Cardiff (CC)	A	1-2
30	Swindon	H	1-2

September

6	Yeovil	H	3-0
13	Oldham	A	0-2
20	Colchester	A	3-0
27	Peterborough	H	1-2

October

4	Millwall	A	0-4
7	Bournemouth JPT	H	0-1
11	Carlisle	H	3-1
18	Crewe	A	1-1
21	Stockport	H	1-2
25	Cheltenham	H	
28	Leyton Orient	A	

November

1	Tranmere	H
15	Hartlepool	A
22	Walsall	A
25	Hereford	H

December

6	Scunthorpe	H
12	Brighton	A
20	Leeds	H
26	Bristol Rovers	A
28	Southend	H

January

3	Peterborough	A
10	Colchester	H
17	Carlisle	A
24	Millwall	H
27	Leyton Orient	H
31	Cheltenham	A

February

3	Stockport	A
7	Crewe	H
14	Hartlepool	H
21	Tranmere	A
28	Leicester	H

March

3	Northampton	A
7	Swindon	A
10	Huddersfield	H
14	Oldham	H
21	Yeovil	A
28	Leeds	A

April

4	Brighton	H
10	Southend	A
13	Bristol Rovers	H
18	Scunthorpe	A
25	Walsall	H

May

2	Hereford	A

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Making a point: Luke Chadwick fires in the equaliser

Up, up and away: Julian Baudet beats Peter Leven

Point won or lost?

CREWE ALEXANDRA 2

O'Hanlon (0.G 32), Miller (42)

MK DONS 2

Baldock (15), Chadwick (78)

BY JAMES CUNLIFFE

editor@mk-news.co.uk

THE jinx has been broken – but the curse has not been lifted.

Ten league games into the season before this, fabulous wins had been followed by limp defeats. No draws, no grey areas, just black and white – because it seems that when the Dons are good they are very very good, but when they are bad they are horrid.

These are the games that every football fan detests. Unless your boys are as relentless a winning machine as Chelsea then sod's law says that your team will be the ones that fold to the second from bottom Railwaymen of this world, despite their inability to beg, borrow or steal a win against anyone else for the six previous games.

Yes the Dons went ahead on 15 minutes through Sam Baldock but for the best part of an hour at Gresty Road it was bad, bad, bad.

The Dons were lucky that only a Sean O'Hanlon own goal on 32 minutes and a Shaun Miller goal ten minutes later was the extent of the collateral damage brought by their no-show. Luckily Luke Chadwick rescued them the rarest of solitary points on 78 minutes with the sort of smash and grab that should lift the spirits.

Not so for Di Matteo, who as a first time manager, can count the limbo of a draw as a new feeling.

The Italian seemed caught in two minds after the game about their first stalemate of the season.

"It feels a bit like a loss to be honest but we're glad we got a point," he said.

The truth is that after Chadwick cashed in his get out of jail free card the Italian and his team shouldn't have been glad _ they should have been happier than a hedge fund boss who'd just found a couple of billion down the back of the sofa.

His team were outplayed, out-battled and ever so nearly out-scored. Yet his disappointment shows the expectation that his team take with them everywhere after last season's heroics. An expectation that says even a draw from the jaws of defeat is not enough.

Captain Dean Lewington echoed similar views. He had just featured in his 250th game for the club but felt there was little to celebrate.

"It's a strange feeling to nick a point and be disappointed about it," he said. "Normally on a late draw you feel quite euphoric and that it is definitely a point won, but the changing room afterwards was absolutely dead. The boys are gutted to have only got a point.

"But we broke the sequence and it's important that we build on it."

Indeed, a football team that can win when they play bad or good, and draw when defeat is on the cards is a football team moving in the right direction.

But make no mistake the Dons played a team low on confidence. Had they faced strikers who less resembled Bambi on ice (Calvin Zola) meets a pre-Fabio Emile Heskey (Clayton Donaldson) – with only three goals between them – then they'd have been dead and buried by half-time, and on the wrong end of a cricket score after 90 minutes.

So when you take into consideration that the Dons didn't look like scoring a second but did. That they were second to every ball. That Sean O'Hanlon and Miguel Angel Llera had a nightmare, and that Ali Gerba, Alan Navarro and Mark Wright went AWOL all game then Di Matteo has reasons to be cheerful.

And a point?

It's not so bad!

LEAGUE ONE TABLE

		HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	Scunthorpe	11	4	0	1	9	3	4	1	1	14	7	13	25
2	Leicester	10	3	0	1	6	2	4	2	0	12	4	12	23
3	Millwall	11	4	1	1	10	7	3	1	1	9	6	6	23
4	Oldham	11	4	2	0	16	5	2	2	1	9	8	12	22
5	Leeds	11	3	1	1	11	7	3	1	2	9	8	5	20
6	Southend	11	4	1	1	8	4	2	1	2	10	12	2	20
7	**MK Dons**	**11**	**3**	**0**	**2**	**9**	**5**	**3**	**1**	**2**	**12**	**7**	**9**	**19**
8	Peterborough	11	3	1	1	13	8	2	2	2	8	8	5	18
9	Walsall	11	3	0	3	12	11	2	2	1	6	4	3	17
10	Northampton	11	3	3	0	11	5	1	1	3	7	10	3	16
11	Tranmere	11	2	0	3	9	9	3	1	2	9	10	-1	16
12	Stockport	11	1	3	2	6	8	2	3	0	8	4	2	15
13	Bristol Rovers	12	2	1	2	11	8	1	4	2	12	13	2	14
14	Hartlepool	11	2	2	1	14	10	2	0	4	5	8	1	14
15	Carlisle	11	3	1	2	14	11	1	1	3	6	9	0	14
16	Huddersfield	11	1	2	3	9	12	2	2	1	7	5	-1	13
17	Brighton	11	0	4	2	5	9	2	2	1	8	7	-3	12
18	Colchester	11	0	2	3	2	7	3	0	3	14	15	-6	11
19	Cheltenham	12	3	1	3	12	14	0	1	4	6	17	-13	11
20	Swindon	11	1	0	4	7	12	1	3	2	8	10	-7	9
21	Leyton Orient	11	1	2	3	5	10	1	1	3	3	8	-10	9
22	Crewe	11	2	1	3	11	12	0	1	4	4	14	-11	8
23	Yeovil	10	0	4	1	6	7	1	0	4	3	13	-11	7
24	Hereford	11	1	2	2	5	5	0	1	5	2	14	-12	6

Table does not include last night's games

PREVIEWS

CHELTENHAM TOWN

League One

Saturday, October 25

stadiummk KO 3pm

BILLED by fans as the return of Martin Allen.

Former Dons boss Allen will make his first appearance at stadiummk with his battling Cheltenham side this weekend.

When he took over mid September the Robins were rooted to the bottom of the table but he has since lifted them out of the bottom four

Before their match with Tranmere last night the Robins had picked off eight points in six games.

Dons defender Drissa Diallo extended his loan at Whaddon Road by a further two months but will not be allowed to play against his parent club.

Flavien Belson will be available for selection after serving his three match ban.

LEYTON ORIENT

League One

Tuesday, October 28

The Matchroom Stadium

KO 7.45pm

DONS head back to London for a midweek meeting with Leyton Orient.

Last time they visited the City the Dons came away with three points from a stunning 4-0 win at Millwall.

But Millwall were high flying, Orient are in the deep dark early relegation fight.

And it appears to be the out-of-form teams that the Dons slip up against.

Already this season the Dons have lost maximum points to Swindon, and were held to their first draw of the season against Crewe - both living at the wrong end of the table.

VIEW FROM THE MOOCAMP

ROBERTO Di Matteo has told MK NEWS he thinks the season should be extended.

The Dons boss watched his side play their second of five games in 15 days last night.

He believes something needs to be done about the fixture congestion and his idea would be to play further into May.

He said: "When the nice season of weather comes in the league is finished and you play so many games in December, January when the weather's terrible, it's cold and the pitch is not nice.

"But in May you could play another two, three weeks up to the end of the month.

"Get rid of a few midweek games or have a little break at Christmas because you play so, so many games. "

CHARLIE Collins scored twice but was stretchered off in MK Dons under-18s 2-2 draw with Coventry City.

It was later revealed that Collins, who was called up for the Republic of Ireland under-18 squad last week, only received a minor knock.

The point for Mike Dove's side extends their unbeaten run to three games.

DRISSA Diallo's loan period with Cheltenham Town has been extended by two months.

The Dons defender has been at Whaddon Road since September and will now remain with the Robins until December, 28.

MK Dons have backed a new campaign to ensure equality, diversity and inclusion.

On Saturday the Dons will hold their own day of action to support the Kick It Out's One Game, One Community project.

It is part of a 12-day nationwide celebration of diversity, just one of 1000 events taking place across the country.

Lord Herman Ouseley, Chairman of Kick It Out, said "The game flourishes when people from all communities, and from all walks of life, are able to participate in it. Club activity like this reinforces the One Game, One Community ethos and is a vital part of the drive for equality at all levels of the game."

More information can be found at www.kickitout.org

MKSPORT

Engine change costs Webber

MOTOR RACING

BY SIMONE CORGAN
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EVERYTHING is to play for in the final Grand Prix meeting of the season unfortunately Red Bull Racing will be there just to make up the numbers.

Lewis Hamilton was standing on the podium in China with a seven point lead in the Drivers' Championship while Red Bull were left to mull over a poor weekend.

Mark Webber could have been challenging for a spot on the podium alongside the Brit had he not suffered a 10 place penalty for switching his engine between qualifying and the race.

The Aussie, who had hit out at Hamilton's 'dangerous driving' before the race, started in 16th instead of sixth leaving him with little chance of a points finish on a non-eventful track.

Team mate David Coulthard managed tenth place in his penultimate race which could be happy with having made up five positions on the grid.

Coulthard felt that he had done his best and could have asked for little more on the day, he said: "I had a reasonable start and thereafter was trying to manage tyre degeneration on the option and the prime. I tried to keep out of racing too much with the two stoppers so I wouldn't lose time, but ultimately I don't think there was much more I could have done from our grid position than 10th."

But the MK racing team were left disappointed at the engine failure Webber suffered on Saturday which denied them important points.

Speaking after the race team principal Christian Horner said: "Unfortunately yesterday's grid penalty was always going to be a massive handicap in the race.

"Mark drove a good first stint, passing several cars, he made progress in the second stint until he got stuck behind Nakajima, which killed his chance of progress. With one further stop before the end of the race, 14th was as much as he could achieve today.

"David drove a good race on a one-stop strategy, but unfortunately we just weren't quick enough. He got close to Vettel at his last stop, but tenth was all that was possible."

Webber added: "It's so difficult to follow cars through the quick sections here. I tried my best, the strategy was always going to be difficult with a ten place penalty, but the guys from Red Bull did a good job."

ICE HOCKEY

Lightning's seesaw season continues

MK LIGHTNING 7
ROMFORD RAIDERS 4

TELFORD TIGERS 4
MK LIGHTNING 3

ICE hockey fans in Milton Keynes have been warned to expect a hairy month ahead – literally.

MK Lightning are to raise money for charity in November by growing moustaches.

The team will be taking part in 'MO'vember in order to increase the awareness for The Prostate Cancer Charity.

Last season the side and it's supporters raised money for The Breast Cancer Care charity by wearing pink shirts during the play-offs.

But if the moustache's happen to resemble Lightning's current form then they will be patchy to say the least.

Lightning have won and lost four but victory at the weekend did lift them into seventh place in the English Premier League.

For the second week running Romford Raiders were the unfortunate opponents to face an on-song Lightning side.

Chris McEwan looks accross as lightning players prepare to celebrate a goal
Picture Jez Tibbetts

Raiders are rooted at the bottom of the league with only one win from ten games so anything other than two points for Lightning would have been deemed as a failure.

And the writing was on the wall within one minute when James Archer opened the scoring on 36 seconds.

Matters got worse for the Raiders when Adam Carr and Nick Poole extended Lightning's advantage to 3-0.

Mark Stewart threw Romford a life in the final minute of the first period when he latched on to Scott McKenzie's assist to pull the score to 3-1.

Six minutes later Andre Smulter restored Lightning's three goal lead but it lasted just two minutes as Darren Cotton was also on target for the Raiders.

Romford had plenty of fight to recover from further goals from Poole and Grant McPherson by posting two of their own in the final period.

Yet Lightning were just too strong and Chris McEwen's strike nine minutes from the end gave them a comfortable win.

The same could not be said the following day when Lightning narrowly missed out at Telford in a penalty shoot-out.

Lightning came from a goal down to lead 3-1, with goals coming from Michael Wales, Matt Towalski, and Smulter though it was fight between James Knight and James Archer that was the talking point of the second period.

However, Telford got themselves back on level terms with Marek Hornak netting twice to take the game into overtime.

Neither side broke the deadlock and it was Lightning who were left shattered by a loss on penalties.

FANS have also been invited to take part in 'MO'vember and can find out more details on the clubs website www.mk-lightning.com

■ LIGHTNING host Peterborough Phantoms on Saturday, face-off at 7pm, then travel to Bracknell Bees on Sunday, 6pm.

RUGBY

Harman kicks Bletchley to cup win over old rivals

BLETCHLEY earned the spoils in the local derby Intermediate Cup meeting with Olney.

A kicking masterclass from Phil Harman handed Bletchley a 8-20 reverse victory.

The old rivalry match lived up to it's fierce reputation with SIX yellow cards handed out for fighting, a spear tackle and killing the game.

Bletchley flyhalf Harman kicked four penalties and one drop goal giving him an individual total of 15 points. Early on Olney were made to pay for ill discipline as Harman struck his first penalty straight through the posts.

Then when Olney's defence held off good work to deny a try the ball found it's way back to Harman who claimed three more points from a drop goal.

A further penalty extended the lead to 9-0 then Dagan Probert's quick thinking to collect an Olney knock on allowed Rob Drury to collect on the wing before playing in scrum half Kevin Turnball who accelerated away to score an unconverted try.

Olney finally got on the score sheet with a Richard James penalty to make the score 17-3 at half-time.

Harman and Bletchley's final points of the game came shortly after the break when Olney penalised for an offside offence.

The yellow cards were dished out when a Bletchley player was upended then both sides lost players for infringements.

Olney had the last say when Rhys Peakman ran straight through the Bletchley defence for an unconverted try.

But it was Bletchley that walk through to the next round of the cup while Olney limp out on a whimper.

This Saturday Olney have chance for revenge when the two sides meet again this time in the South West East Two Division at the Recreation Ground.

Windless is back to blast 25 points past 'poor' Lions

BASKETBALL

MK LIONS 79
(Eddie 24, Williams 19, New 17)

LEICESTER RIDERS 108
(Martin 27, Windless 25, Janiska 18)

Ex-Lion Tony Windless

LEICESTER Riders ended a three-and-a-half year wait to win a game in Milton Keynes in emphatic style as they comprehensively beat MK Lions on Sunday.

To add to the Lions' woes their ex-forward Tony Windless hit 25 points against them on a poor day at the office for Vince Macaulay's men.

It had looked promising for the Lions as they matched their visitors in the early exchanges to lead 7-6 after four minutes.

A 6-0 burst gave Riders a good advantage before Yorick Williams hit two from the free-throw line but it made little difference as the Lions trailed 15-22 at the end of the quarter.

The home crowd were left stunned when Riders came out in the second quarter to post 17 unanswered points to open a 24 point lead.

When the Lions eventually responded it was through Tommie Eddie and he went on to add 13 more points as he dragged the score back to 32-54.

With the rhythm found Lions went on to post the final 11 points of the half with Terrell Brown's triple narrowing the deficit to 43-57.

In the third quarter the Lions managed to get within single digits distance of the Riders following a 5-0 burst.

Yet a missed lay up from Carl McNally coupled with a pair of three-pointers and one from Windless, helped the guests stay well ahead at 64-86.

The gap proved too big in the final quarter which saw only Yorick Williams and Dru Spinks score the Lions' 15 points.

The 29 point victory was Leicester's largest over the Lions in the British Basketball League.

■ LIONS have a break this weekend but are back in action on Wednesday, October 29 away to Plymouth Raiders, tip-off 8pm.

SPORTSSHORTS

Local football

A FIFTH win of the season has pushed New Bradwell St Peter up to ninth place in the Molten Spartan South Midlands division one.

They beat Arlesey Athletic 5-2, meanwhile Stony Stratford lost 4-1 to Royston Town, and Buckingham Athletic were beaten 2-1 by Hoddesdon Town.

A Winslow United own goal denied them three points when they drew 1-1 with London Colney.

In division two Old Bradwell United and Mursley United shared the honour in a 1-1 draw.

Newport Pagnell Town are now eighth in the United Counties Premier League following a 4-2 victory at Stotfold.

Street footy

YOUNG volunteers from across Milton Keynes are coming together to provide a Street Football competition.

The football competition is open to 8-19 year olds and has an emphasis on encouraging all young people to get involved, regardless of ability.

The event will be held at Tattenhoe Pavilion from 9am to 4pm on Friday, October 31.

For more information visit www.mad-uk.org or contact Stuart White on 01908 258030.

All power to Paul

A POWER lifter from Bletchley claimed fourth place at the World Championships in America.

Paul Lockett broke to personal best records to finish in fourth place in the over 50's category.

He collected a gold in the bench press for a lift of 105kg, his dead lift was 180kg, a PB and his bench press was 105kg with the overall total a PB of 435kg.

Paul is already back in training for a divisional competition in the South Midlands in hope of qualifying for the British Masters.

Ambition fulfilled

LOCAL horse rider Nikki Reeder recently fulfilled a lifetime ambition by competing at the Horse of the Year Show.

She took part in Search for a Star, a competition specifically set up for amateur riders to try and find equine showing stars of the future.

Qualifiers were held throughout the country and the top two from each venue qualifed to compete at the prestigious show.

Nikki qualified riding Collier, a young cob, at Addington in July.

■ TOWCESTER Races returns this weekend. The first meeting of the season is this Sunday with the first race at 1.25pm-4.15pm. Entry free.

MK SPORT

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Engine change costly for Red Bull's Webber

PAGE 99

First blood: Ali Gerba slides the ball past Fraser Forster to put the Dons ahead with almost the last kick of the first half

Dons suffer late heartbreak

MK DONS 1
Gerba 45+1

STOCKPORT 2
Taylor 57, Lewington 90+1

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

League One
stadiummk

AN unfortunate Dean Lewington own goal in the ninetieth minute handed Stockport County a 2-1 victory at stadiummk last night.

The Dons looked to be claiming a deserved point when Tommy Rowe whipped in a cross from the left and skipper Lewington inadvertently hit the back of his own net in an attempt to block out Paul Turnball.

Dons, who went ahead through Ali Gerba, were left feeling robbed after Fraser Forster's strong display in goal denied Sam Baldock, Luke Chadwick and Kevin Gallen in the late stages.

Stockport had an attacking mindset which saw Tony Kane drag wide and a Leon McSweeney shot blocked inside ten minutes.

Hatters' quick-out-of-the-box start fired the Dons into action after a sluggish beginning. And it was not long until Dons fans were on their feet when it looked certain a terrific shot from Chadwick was destined to ripple the net.

The Norwich loanee crafted a beautiful curling effort which caused Stockport a fright as it rattled the corner of the upright.

Prior Forster, on loan from Newcastle, had blocked a fierce drive from Alan Navarro with his legs, then Mark Wright blasted over twice.

Dons pushed Lewington and Shaun Cummings high up the flanks while Chadwick was making a nuisance of himself by cutting inside to provide support to the front two.

As the Dons continued to pressurise the Hatters regained their defensive-minded style but still managed to threaten at the opposite end.

Anthony Pilkington had Willy Gueret beaten with a right footed swirling shot although his measurements were wrong as the ball skimmed beyond the far post.

A minute before the break Gueret was alerted to the danger of the wide man and blocked his run into the box before he could capitalise on the opportunity.

Stockport's players would have been in for a ticking off at the break when their minds were already in the changing room as the Dons went a goal ahead.

Hatters failed to close down early as Navarro back-heeled to Leven and with Gerba to his right inside the box the Scottish midfielder had one plan.

Gerba was one step ahead as he collected then expertly slotted past Forster for his second goal of the season. Their lead lasted 12 minutes when they were punished for failing to deal with Pilkington's corner.

The inswinger came in from the left at first it was cleared off the line but Peter Thompson was second to the ball to scramble in the equaliser.

Another darting run from Chadwick almost had the Dons in front again when he slipped the ball through to Wright, Gerba was approaching yet in a flash his moment in front of goal had gone when a last ditch tackle prevented Forster being called into action.

The Cowshed were urging Roberto Di Matteo's men to push forward and skipper Lewington almost answered their calls with a decent strike stinging the Hatters' keeper's palms.

Dons players were left staring at each other in disbelief as three failed to follow up on Miguel Llera's headed effort which was parried by Forster.

The keeper's two stunning saves denied sub Gallen and Chadwick as it looked like the points would be shared.

Yet a heartbreaking twist left Dons shattered and the Hatters returning home with an unbeaten away record.

MK DONS: Gueret, Lewington (c), Llera, O'Hanlon, Wright (Johnson 74), Baldock, Cummings, Gerba (Gallen 62), Navarro, Leven, Chadwick.

Booked: Cummings, Llera, Navarro, Gallen

Goal: Gerba 45

STOCKPORT COUNTY: Forster (c), McNulty, Pilkington (Blizzard 85), Thompson, Baker (Turnball 82), Taylor, Tunnicliffe, Gleeson, McSweeney (Rowe 49), Fojut, Kane.

Booked: Turnball, Rowe
Goal: Thompson 57, 90

Referee: Mr Roger East (Wiltshire)

Attendance: 6,931

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